

Salford I-THRIVE Mapping and Recommendations

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What is i-THRIVE?





i-THRIVE



Thinking about the i-THRIVE model:

Q: Had you heard of the i-THRIVE model before today?

- Yes
- No

What is i-THRIVE?



"...a radical shift in the way that services are conceptualised and potentially delivered".



What is i-THRIVE?



The groups are **not** distinct in terms of young people's type of need (the groupings do not relate to diagnostic conditions).

The groups *are* distinct in terms of the skill mix required, the resources required and the kind of intervention offered to young people.

The i-THRIVE groups



Getting advice: one to three contacts and ending by mutual agreement. This level of support is sufficient to normalise behaviour and provide reassurance

Getting help: CYP who benefit from goal-focused, evidence-based interventions with clear aims

Getting more help: CYP who would benefit from extensive longterm treatment which may include in-patient care or extensive out-patient care

Getting risk support: CYP unable to benefit from evidence-based treatment but remain a significant concern or risk, including those who routinely go into crisis or don't make use of help

And **Thriving**: all those CYP who do not need individualised mental health advice or support. This population is supported by prevention and promotion initiatives

What it looks like





i-THRIVE



Thinking about the i-THRIVE approach:

Q: What needs to be done to communicate the new i-THRIVE approach to the wider workforce who come into contact with children and young people?



Demand mapping

Demand mapping



Based on a children and young people's population for Salford of 58,965 (0 - 19).

Applying the THRIVE algorithm:

- 80% 90% of young people are THRIVING
 Of the remaining 10% 20%
- Getting advice 30% of young people
- Getting help 60% of young people
- Getting more help 5% of young people
- Getting risk support 5% of young people

Demand mapping

| | Predicted % in groupings: 90% of young people thriving | Number | Predicted % in groupings: 80% of young people thriving | Number |
|----------------------|--|--------|---|-----------------|
| Thriving | 90 | 53,069 | 80 | 47, 1 72 |
| Getting Advice | 3 | 1,769 | 6 | 3,538 |
| Getting Help | 6 | 3,538 | 12 | 7,076 |
| Getting more help | 0.5 | 295 | 1 | 590 |
| Getting Risk Support | 0.5 | 295 | 1 | 590 |
| Total | 100 | 58,965 | 100 | 58,965 |

Demand - at 80% THRIVING



Demand - at 90% THRIVING





Priorities

Priorities



A number of key priority areas were identified:

- 1. Family and parent support services as part of the work with children and young people
- 2. Being able to address multiple issues simultaneously via multiple agencies/organisation
- 3. Earlier intervention for children and young people and their families particularly where issues are manifesting as behavioural problems
- 4. Managing and recognising the links between neurodevelopmental conditions and mental health and recognising possible co-morbidities
- 5. Providing wrap-around support to children and young people with a key trusted relationship at the core of provision
- 6. Providing services locally in the community



Recommendations

Recommendations



A number of recommendations were made based on the demand mapping and identified priorities:

- 1. Co-production
- 2. Communication and consultation
- 3. Commissioning
- 4. Performance management
- 5. Workforce development
- 6. Programme structure
- 7. Equalities Impact Assessment

Recommendations



Thinking about the recommendation on co-production:

Q: How should this be done in practice?



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