



Salford Thrive Directory

Supporting children and young people's social, emotional and mental wellbeing (0-25)

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Salford City Council

Version 35: September 2026

Worried about a child

If you are worried about the welfare or safety of a child it is very important that you contact us. Salford City Council and partners have a multi-agency hub called the [Bridge Partnership](#) that screens all contacts concerning the welfare or safety of a child to children's services.

The Bridge can be contacted by telephone on **0161 603 4500 from 8.30am to 4.30pm. If you need to speak to somebody about your concern out of hours, please call the Emergency Duty Team on 0161 794 8888** alternatively you can complete an [online referral form](#)

If you are worried about a young person in emotional distress and think they need urgent help but are not sure which service is best placed to help, you can also get advice from: **Salford CAMHS – 0161 518 5400 (Mon – Fri, 9.00am – 5.00pm)**

What to do in an emergency: **In emergency situations the young person must attend the nearest 24 hour A&E unit or call 999**

Following admittance into A&E:

- A mental health professional will assess the young person following a medical assessment by A&E staff
- Depending on which A&E they attend and on their age, the young person will be initially assessed by either a professional from the All Age Mental Health Liaison team (which supports young people and adults) or CAMHS (Child & Adolescent Mental Health Service) or Adult Mental Health Team
- If the young person needs ongoing mental health input, a referral to the appropriate team will be made by the assessing professional



NHS 111 - if you're worried about an urgent medical concern, you can call 111 to speak to a fully trained adviser

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Information & advice	Getting help	Getting more help	Getting risk support
Local Offer: provides children and young people with SEN / disabilities and their families' information about Salford support services. www.salford.gov.uk	CAMHS Single Point of Contact: provides information, advice and consultation prior to making a referral to CAMHS. Contact: 0161 518 5400	CAMHS: provides support for children and young people aged 0 – 18 years (including those with disabilities), where there are concerns related to their mental/emotional health and wellbeing. Referral: Professional referral only Contact: 0161 518 5400 / cmm-tr.Salford-CAMHS@nhs.net	
Young Minds: supports the emotional wellbeing and mental health of children and young people. www.youngminds.org.uk	Educational Psychology Service: supports schools, early years and colleges to identify, support and monitor children with additional needs, to promote learning and inclusion. Referral: Professional referral only - via the setting SENCo / Inclusion Lead. Contact: EPS@Salford.gov.uk		
SIASS: offers information, advice and support to children, young people (up to age 25) and parents about special educational needs and disability, including matters relating to health and social care. Referral: Self-referral Contact: 0161 778 0349 / 0343 / siass@salford.gov.uk			
GP's & Practice Nurses: provide a whole range of services to support health problems including ADHD. Referral: To access your local GP practice you will need to register with the practice. Contact: www.gmintegratedcare.org.uk	Caritas School Service : Schools commission directly a bespoke package of support to support pupils EHWP that may create barriers to learning and development. Contact: 0161 817 2250 schoolsadmin@caritassalford.org.uk		
Primary Inclusion Team: primary school support with SEMH needs. Referral: Salford primary school only Contact: 0161 921 2653	School Nurses: the school nursing service can support your child's health needs up to the age of 19, the team can support physical, mental, emotional & social health needs. Referral: self / professional referral - Contact: via the school		
ADHD Foundation: works in partnership with individuals, families & professionals to improve understanding and self-management of ADHD, ASD and related learning difficulties. Referral: self / professional referral Contact: 0151 237 2661			

Information & advice	Getting help	Getting more help	Getting risk support
Childline: a free 24-hour confidential helpline for children and young people Helpline: 0800 1111 www.childline.org.uk	42nd Street: provides support for young people aged 11-25 experiencing difficulties with their mental health and wellbeing. Referral: Self-referral and Social Care referrals – NB: Referrals by professionals and parent/carers have been ‘paused’ as of 14th Nov 2023 for approx. 6 months – please check the 42nd St website for further information. Contact: 0161 228 1888 / theteam@42ndstreet.org.uk www.onlinesupport.42ndstreet.org.uk		
The Mix: online emotional health and wellbeing support for under 25s. Helpline: 0808 808 4994 www.themix.org.uk	Primary Inclusion Team: primary school support with SEMH needs. Referral: Salford primary school only Contact: 0161 921 2653	Community Paediatric Team: specialist children's doctors with training and expertise in developmental paediatrics and disability, social & educational paediatrics Referral: Health, education and social care professionals Contact: 0161 206 0276 / Paeds.referrals@srft.nhs.uk	
Salford Youth Service: The service is delivered across Salford in youth centres, schools and community spaces for 11-25 year olds Referral: Self / professional referral Contact: 0161 778 0700	CAMHS Single Point of Contact: provides information, advice and consultation prior to making a referral to CAMHS. Contact: 0161 518 5400	CAMHS: support for children and young people aged 0 – 18 years, where there are concerns related to their mental / emotional health and wellbeing. Referral: Professional referral only Contact: 0161 518 5400 / cmm-tr.Salford-CAMHS@nhs.net	
Integrated Community Response (ICR): The service provides targeted early help support for young people (11-18 years) presenting in mental health distress and at risk of crisis presentation via A&E or social care services. Referral and contact details	Educational Psychology Service: supports schools, early years and colleges to identify and support children with additional needs, to promote learning & inclusion. Referral: Professional referral only - via the setting SENCo / Inclusion Lead. Contact: EPS@Salford.gov.uk		Emerge: a stand-alone CAMHS service which focuses on the specific needs of 16 - 17 year olds with moderate to severe mental health problems Referral: Self / professional referral Contact: 0161 226 7457

Information & advice

Getting help

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Getting risk support

Emerge: a stand-alone CAMHS service which focuses on the specific needs of 16 - 17 year olds with moderate to severe mental health problems

Referral: Self / professional referral

Contact: 0161 226 7457

Caritas School Service: Schools commission directly a bespoke package of support to support pupils EHWB that may create barriers to learning and development. **Contact**: 0161 817 2250 schoolsadmin@caritassalford.org.uk

Soluna (previously Kooth): Soluna by Kooth - an evolution of the established Kooth service - is a free, self-referral mental health platform for children and young people, offering BACP-accredited one-to-one text chats with qualified practitioners, self-help tools, and pre-moderated peer communities.

Referral: Self referral

Contact: <http://solunabykooth.com/> or [Soluna](#)

Information & advice

Getting help

Getting more help

Family Nurse Partnership: a free and voluntary program for first time mums (and dads). A specially trained Family Nurse visits the young person regularly; from early pregnancy until the child is two.

Referral: Self-referral

Contact: 0161 206 0412 / salford.fnp@nhs.net

GP's & Practice Nurses: deal with a whole range of health problems. They provide health education and can offer advice on sensitive health issues that young people may not feel comfortable talking through with parents, peers or other professionals. This could include advice or referrals around smoking, drugs, alcohol use or sexual health. **Referral:** To access your local GP practice you will need to register with the practice

Contact: www.gmintegratedcare.org.uk

Maternity Services: can support stress in pregnancy; low birth weight; parental mental illness (including post-natal depression); supporting the emotional and social wellbeing of the infant; teenage pregnancy

Referral: Professional referral only – via GP / Community Midwife

Contact: 0161 276 6429

Salford Foyer : Supported housing accommodation with a mother and baby provision for homeless families or families requiring more a more supportive housing environment

Referral: Self or professional

Contact: 0161 737 7778 salfordfoyer@placesforpeople.co.uk

Strengthening Families : Strengthening Families supports which provides intensive early help for parents who have had at least one child taken into care

Referral: Strengtheningfamilies@salford.gov.uk

Salford Family Hubs/Partnership/Early Help : Salford Family Partnership Hubs are places in your local community offering services and support for families from different agencies in one building

Referral: [Family Hubs•Salford City Council](#)

Antisocial Behaviour



Information & advice

Victim Support: UK charity providing support and practical help to meet the individual needs of victims and their community, which helps tackle ASB at the source and reduce its impact. We support whole families where required – whether they are direct or indirect victims

www.victimsupport.org.uk

ASB Help: charity set up to provide advice and support to victims of anti-social behaviour.

www.asbhelp.co.uk

Getting help

Salford Foundation - STEER: supports young people at risk of being involved in serious youth violence. By providing a 1-1 mentoring service to help young people gain the skills and attitudes to find legitimate alternatives to criminal activity.

Referral: self / professional referral

Contact: 0161 787 8500 / youthservices@salfordfoundation.org.uk

Getting more help

Salford Youth Justice Service: with children and young people aged 10-17 years who are at risk of / become involved in the youth justice system, to prevent offending and reoffending.

Referral: Professional referral only

Contact: 0161 607 1900 / GrpSalford-YOT@salford.gov.uk

Getting risk support

Turnaround Project (formally Choose 2 Change): the project aims to prevent first time entries into the criminal justice system by targeting young people (aged 10-18) who are at risk of being involved in criminality and already showing signs of this.

Referral: Professional referral only

Contact: soc.yot@salford.gov.uk

Project GULF: Salford GMP organised crime gang team who can work with children and young people to steer them away from crime and into a better future by providing positive alternatives to gangs and a life of crime, from sports, fun activities and mentoring to training and apprenticeships. Project GULF also includes the School Engagement Project and Operation Sycamore - tackling Knife crime in 10-24 year olds.

Referral: self / professional referral

Contact: [GMP - Contact us](#)

Anxiety



Information & advice

No Panic: advice and information for people suffering from panic attacks, phobias, OCD, related anxiety disorders.
Youth Helpline: 0330 606 1174
www.nopanic.org.uk

Anxiety UK: user-led organisation, with resources, text service and info line.
Info line: 03444 775 774
www.anxietyuk.org.uk

42nd Street – Online Counselling: a free and friendly service for young people in Salford aged 16-25.
Referral: **42nd Street:** provides support for young people aged 11-25 experiencing difficulties with their mental health and wellbeing.
Referral: Self-referral **Contact:** 0161 228 1888 / theteam@42ndstreet.org.uk
Contact: www.onlinesupport.42ndstreet.org.uk

Headmeds: provides young people with accessible information about mental health medication
www.youngminds.org.uk

GP's & Practice Nurses: provide a whole range of services to support health problems including anxiety and related disorders.
Contact: www.gmintegratedcare.org.uk

Getting help

CAMHS Single Point of Contact: provides information, advice and consultation prior to making a referral to CAMHS.
Contact: 0161 518 5400

42nd Street: provides support for young people aged 11-25 experiencing difficulties with their mental health and wellbeing.
Referral: Self-referral and Social Care referrals – NB: Referrals by professionals and parent/carers have been 'paused' as of 14th Nov 2023 for approx. 6 months – please check the 42nd St website for further information.
Contact: 0161 228 1888 / theteam@42ndstreet.org.uk

Six Degrees: 1:1 talking therapy for people (aged 16+) who are struggling with common mental health problems such as depression or anxiety.
Referral: Professional referral for children and young people; self-referral for 18+
Contact: 0161 983 0900 / sixdegrees@nhs.net

Getting more help

CAMHS: provides support for children and young people aged 0 – 18 years (including those with disabilities), where there are concerns related to their mental / emotional health / wellbeing.
Referral: Professional referral only
Contact: 0161 518 5400 / cmm-tr.Salford-CAMHS@nhs.net

Caritas School Service : Schools commission directly a bespoke package of support to support pupils EHWPB that may create barriers to learning and development. **Contact:** 0161 817 2250
schoolsadmin@caritassalford.org.uk

Getting risk support

Educational Psychology Service: supports schools, early years and colleges to identify, support children with additional needs, to promote learning & inclusion.
Referral: Professional referral only - via the setting SENCo / Inclusion Lead.
Contact: EPS@Salford.gov.uk

Information & advice	Getting help	Getting more help	Getting risk support
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Primary Inclusion Team: primary school support with SEMH needs.
Referral: Salford primary school only
Contact: 0161 921 2653

Soluna (previously Kooth): Soluna by Kooth - an evolution of the established Kooth service - is a free, self-referral mental health platform for children and young people, offering BACP-accredited one-to-one text chats with qualified practitioners, self-help tools, and pre-moderated peer communities.
Referral: Self referral
Contact: <http://solunabykooth.com/>

Autism Spectrum Condition (ASC)



Information & advice	Getting help	Getting more help	Getting risk support
Local Offer: gives children and young people with special educational needs or disabilities information about what support services are available in Salford. www.salford.gov.uk	CAMHS Single Point of Contact: can provide information, advice and consultation prior to making a referral to CAMHS. Contact: 0161 518 5400	CAMHS: provides support for children and young people aged 0 – 18 years (including those with disabilities), where there are concerns related to their mental/emotional health and wellbeing. Referral: Professional referral only Contact: 0161 518 5400 / cmm-tr.Salford-CAMHS@nhs.net	
GP's & Practice Nurses: deal with a whole range of health problems. They provide health education and can offer advice on sensitive health issues such as ASD. Referral: To access your local GP practice you will need to register with the practice Contact: www.gmintegratedcare.org.uk		Emerge: a stand-alone CAMHS service which focuses on the specific needs of 16 - 17 year olds with moderate to severe mental health problems Referral: Self / professional referral Contact: 0161 226 7457	
SIASS: offers information, advice and support to children, young people (up to age 25) and parents about special educational needs and disability, including matters relating to health and social care. Referral: Self-referral Contact: siass@salford.gov.uk			
Autism and social communication team: team of specialist teachers who work to provide specialist advice for children and young people in mainstream primary and secondary settings, who have difficulties in the areas of social interaction, communication, flexibility of thinking and sensory differences. Referral: Professional referral Contact: 0161 686 7229			
Portage Service: Home Visitors support children and families at home, working in partnership with parents/carers to develop play based activities that support all areas of development. Referral: Self / professional referral via Childrens Portal Contact: 0161 778 0384		Community Paediatric Team: specialist children's doctors with training and expertise in developmental paediatrics and disability, social & educational paediatrics (including child protection). Referral: Health, education and social care professionals Contact: 0161 206 0276 / Paeds.referrals@srft.nhs.uk	
Educational Psychology Service: supports schools, early years and colleges to identify, support children with additional needs, to promote learning & inclusion. Referral: Professional referral only - via the setting SENCo / Inclusion Lead. Contact: EPS@Salford.gov.uk		Caritas School Service: Schools commission directly a bespoke package of support to support pupils EHWPB that may create barriers to learning and development. Contact: 0161 817 2250 schoolsadmin@caritassalford.org.uk	

Information & advice

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Getting more help

Cruse Bereavement Care: face-to-face and group support groups.

Helpline: 0808 808 1677

www.cruse.org.uk

Bereavement Support Group: The Bereavement Support Group meets fortnightly on Tuesdays from 10.00am – 12.00pm for anyone aged 16+.

Referral: Self-referral - **Contact:** 0161 707 7402 / admin@salfordheartcare.co.uk

Winston's Wish: a childhood bereavement charity, we offer practical support and guidance to bereaved children, their families and professionals.

Helpline: 08088 020 021 www.winstonswish.org

Hope Again: support for children and young people affected by the death of someone close.

Helpline: 0808 808 1677

www.hopeagain.org.uk

GM & Salford Bereavement Service: the service can help find the right support for anyone in GM who has been bereaved or affected by a death. The service also provides support for professionals seeking advice.

Referral: Self referral

Contact: 0161 983 0902 / gmicb-sal.gm.bs@nhs.net

Child Bereavement UK: supports families when a baby or child of any age dies or is dying, or when a child is facing bereavement.

Free helpline: 0800 02 888 40 www.childbereavementuk.org

The Compassionate Friend: provides information and support for bereaved parents and their families.

Helpline 0345 123 2104 www.tcf.org.uk

Child Bereavement Service: bereavement counselling service works with children, adolescents (up to age 18 years, up to 25 with SEND) and their parents.

Referral: Self-referral - **Contact:** 0161 834 6069 / childbereavement@gaddum.org.uk

Critical Incident Team: The Educational Psychology Service work in schools, early years settings and colleges to offer support in the event of a Critical Incident.

Referral: Professional referral only - Service can be accessed via the school SENCo.

Contact: 0161 7780476 / EPS@Salford.gov.uk

Educational Psychology Service: supports schools, early years and colleges to identify, support children with additional needs, to promote learning & inclusion.

Referral: Professional referral only - via the setting SENCo / Inclusion Lead.

Contact: EPS@Salford.gov.uk

Suicide Bereavement UK Postvention care of those bereaved by suicide **Referral:** Self

Email: admin@suicidebereavementuk.com

Caritas School Service: Schools commission directly a bespoke package of support to support pupils EHWP that may create barriers to learning and development. **Contact:** 0161 817 2250 schoolsadmin@caritassalford.org.uk

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Primary Inclusion Team: primary school support with SEMH needs.
Referral: Salford primary school only
Contact: 0161 921 2653

Soluna (previously Kooth): Soluna by Kooth - an evolution of the established Kooth service - is a free, self-referral mental health platform for children and young people, offering BACP-accredited one-to-one text chats with qualified practitioners, self-help tools, and pre-moderated peer communities.
Referral: Self referral
Contact: <http://solunabykooth.com/>

Information & advice

National Bullying Helpline: specialises in bullying and harassment.

Helpline: 0845 22 55 787

www.nationalbullyinghelpline.co.uk

eCrime: website containing advice and practical information on cyber bullying, trolling, mobbing and all forms of online crime for adults and children alike.

www.ecrime-action.co.uk

Bullying UK: online support and information for young people, parents / carers and professionals.

www.bullying.co.uk

Kidscape: young people, parents and professionals with practical strategies to prevent bullying.

www.kidscape.org.uk

Soluna (previously Kooth): Soluna by Kooth - an evolution of the established Kooth service - is a free, self-referral mental health platform for children and young people, offering BACP-accredited one-to-one text chats with qualified practitioners, self-help tools, and pre-moderated peer communities.

Referral: Self referral

Contact: <http://solunabykooth.com/>

Getting help

42nd Street: provides support for young people aged 11-25 experiencing difficulties with their mental health and wellbeing.

Referral: Self-referral and Social Care referrals – NB: Referrals by professionals and parent/carers have been ‘paused’ as of 14th Nov 2023 for approx. 6 months – please check the 42nd St website for further information.

Contact: 0161 228 1888 / theteam@42ndstreet.org.uk

42nd Street – Online Counselling: a free and friendly service for young people in Salford aged 16-25.

Referral: Self-referral

Contact: www.onlinesupport.42ndstreet.org.uk

Hate Crime: Information on how to report a hate crime

Contact: Crimestoppers 0800 555 111

Caritas School Service : Schools commission directly a bespoke package of support to support pupils EHWPB that may create barriers to learning and development. **Contact:** 0161 817 2250 schoolsadmin@caritassalford.org.uk

Child Sexual Exploitation



Information & advice	Getting help	Getting more help	Getting risk support
ThinkUKnow: education programme from NCA-CEOP, to protect children both online and offline. Information for children, parents / carers and professionals www.thinkuknow.co.uk		Salford Connect: offer long term, intensive support to children, young people and their parents/carers at risk of, or are experiencing Child Sexual Exploitation, Child Criminal Exploitation or involved county lines. Referral: Professional referral only Contact: ComplexSafeguardingTeam@salfordcitycouncil.onmicrosoft.com	
Project GULF: Salford GMP organised crime gang team who can work with children and young people to steer them away from crime and into a better future by providing positive alternatives to gangs and a life of crime, from sports, fun activities and mentoring to training and apprenticeships. Project GULF also includes the School Engagement Project and Operation Sycamore - tackling Knife crime in 10-24 year olds. Referral: self / professional referral Contact: GMP - Contact us			
Stop It Now: child protection charity that campaigns and raises awareness to help stop child sexual abuse by addressing personal, family and community concerns. www.stopitnow.org.uk		Specialist Safeguarding Nurses: supports the health needs of young people identified as being at risk / potentially at risk of harm from complex safeguarding issues and/or who are on the edge of care. Referral: Professional referral only Contact: 0161 212 4413 / safeguarding.nhssalford@nhs.net	
Early Help - Relationship Matters: Direct work with parents and young people around sex and relationships (the service only addresses low risk behaviours). This work will also cover low risk issues around online safety and low risk CSE if appropriate. Referral: self / professional referral Contact: www.salford.gov.uk/early-help-for-families			



Information & advice	Getting help	Getting more help	Getting risk support
Childline: a free, 24-hour confidential helpline for children and young people who need to talk. Helpline: 0800 1111 www.childline.org.uk	CAMHS Single Point of Contact: information, advice and consultation prior to making a referral to CAMHS. Contact: 0161 518 5400	CAMHS: provides support for children and young people aged 0-18 yrs where there are concerns related to their mental/emotional health and wellbeing. Referral: Professional referral only Contact: 0161 518 5400 / cmm-tr.Salford-CAMHS@nhs.net	
Young Minds: supports the emotional wellbeing and mental health of children and young people. www.youngminds.org.uk	42nd Street: provides support for young people aged 11-25 experiencing difficulties with their mental health and wellbeing. Referral: Self-referral and Social Care referrals – NB: Referrals by professionals and parent/carers have been ‘paused’ as of 14th Nov 2023 for approx. 6 months – please check the 42nd St website for further information. Contact: 0161 228 1888 / theteam@42ndstreet.org.uk		
Connexions: supports young people aged 16 -18 who are not in education, employment or training Referral: Self-referral - Contact: 0161 393 4500 salford@careerconnect.org.uk	42nd Street – Online Counselling: a free and friendly service for young people in Salford aged 16-25. Referral: Self- referral Contact: www.onlinesupport.42ndstreet.org.uk		
	Primary Inclusion Team: support for primary schools with SEMH needs within the classroom. Referral: Salford primary schools only Contact: 0161 921 2653 / pitreferrals@salford.gov.uk		
Princes Trust: provides support to 13-30 year-olds through personal and social development activities to build confidence, aspirations and resilience to enable progression into positive outcomes around education / training / employment. Referral: Self-referral Contact: 0800 842 842	Rio Ferdinand Foundation: provides mentoring, youth-led social action, training & pathways into volunteering and employment Referrals: Self / professional referral Contact: victoria@rioferdinandfoundation.com	Caritas School Service : Schools commission directly a bespoke package of support to support pupils EHWPB that may create barriers to learning and development. Contact: 0161 817 2250 schoolsadmin@caritassalford.org.uk	
Soluna (previously Kooth): Soluna by Kooth - an evolution of the established Kooth service - is a free, self-referral mental health platform for children and young people, offering BACP-accredited one-to-one text chats with qualified practitioners, self-help tools, and pre-moderated peer communities. Referral: Self referral Contact: http://solunabykooth.com/			

Depression



Information & advice

Childline: a free, 24-hour confidential helpline for children and young people
Helpline: 0800 1111
www.childline.org.uk

Samaritans: available 24 hours a day for anyone struggling to cope and provide a safe place to talk.
Helpline: 116 123
www.samaritans.org

Young Minds: online support for children and young people emotional wellbeing & mental health.
www.youngminds.org.uk

Students Against Depression: advice, information and guidance to those affected by low mood and depression.
www.studentsagainstdepression.org

GP's & Practice Nurses: deal with a whole range of health problems including depression.
Contact: www.gmintegratedcare.org.uk

Getting help

CAMHS Single Point of Contact: information, advice and consultation prior to making a referral to CAMHS.
Contact: 0161 518 5400

Educational Psychology Service: supports schools, early years and colleges to support children with additional needs, to promote learning & inclusion.
Referral: Professional referral only - via the setting SENCo / Inclusion Lead.
Contact: EPS@Salford.gov.uk

42nd Street: provides support for young people aged 11-25 experiencing difficulties with their mental health and wellbeing.
Referral: Self-referral and Social Care referrals – NB: Referrals by professionals and parent/carers have been 'paused' as of 14th Nov 2023 for approx. 6 months – please check the 42nd St website for further information.
Contact: 0161 228 1888 / theteam@42ndstreet.org.uk

Six Degrees: provides 1:1 talking therapy for people (aged 16+) with common mental health problems such as depression or anxiety.
Referral: Referral via GP / **Contact:** 0161 212 4981 / sixdegrees@nhs.net

Getting more help

Emerge: a stand-alone CAMHS service which focuses on the specific needs of 16 - 17 year olds with moderate to severe mental health problems
Referral: Self / professional referral - **Contact:** 0161 226 7457

CAMHS: provides support for children and young people aged 0 – 18 years (including those with disabilities), where there are concerns related to their mental/emotional health and wellbeing.
Referral: Professional referral only
Contact: 0161 518 5400 / cmm-tr.Salford-CAMHS@nhs.net

Caritas School Service: Schools commission directly a bespoke package of support to support pupils EHWP that may create barriers to learning and development.
Contact: 0161 817 2250
schoolsadmin@caritassalford.org.uk

Getting risk support



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Primary Inclusion Team: primary school support with SEMH needs.

Referral: Salford primary school only

Contact: 0161 921 2653

Soluna (previously Kooth): Soluna by Kooth - an evolution of the established Kooth service - is a free, self-referral mental health platform for children and young people, offering BACP-accredited one-to-one text chats with qualified practitioners, self-help tools, and pre-moderated peer communities.

Referral: Self referral

Contact: <http://solunabykooth.com/>

Information & advice	Getting help	Getting more help	Getting risk support
<u>Early Help (Locality Teams)</u>: the service works with families in partnership to identify strengths and needs and support with access to a range of support to meet families' needs, the service also offer a range of intervention around early childhood development; parenting and family relationships. Referral: self-referral / Contact: www.salford.gov.uk	<u>Primary Inclusion Team</u>: support for primary schools with SEMH needs within the classroom. Referral: Salford primary schools only Contact: 0161 921 2653 / pitreferrals@salford.gov.uk	<u>Community Paediatric Team</u>: specialist children's doctors with training and expertise in developmental paediatrics and disability, social & educational paediatrics. Referral: Health, education and social care professionals Contact: 0161 206 0276 / Email: Paeds.referrals@srft.nhs.uk	
	<u>CAMHS Single Point of Contact</u>: can provide information & advice prior to making a referral to CAMHS. Contact: 0161 518 5400	<u>CAMHS</u>: provides support for children and young people aged 0 – 18 years where there are concerns related to their mental/emotional health and wellbeing. Referral: Professional referral only Contact: 0161 518 5400 / cmm-tr.Salford-CAMHS@nhs.net	
<u>Emerge</u>: a stand-alone CAMHS service which focuses on the specific needs of 16 - 17 year olds with moderate to severe mental health problems Referral: Self / professional referral Contact: 0161 226 7457	<u>42nd Street</u>: provides support for young people aged 11-25 experiencing difficulties with their mental health and wellbeing. Referral: Self-referral and Social Care referrals – NB: Referrals by professionals and parent/carers have been 'paused' as of 14th Nov 2023 for approx. 6 months – please check the 42nd St website for further information. Contact: 0161 228 1888 / theteam@42ndstreet.org.uk		<u>Family Practitioners Team</u>: support services for Children in Need / Children on Child Protection plans & families. Referral: Professional referral - via child's social worker
<u>Caritas School Service</u> : Schools commission directly a bespoke package of support to support pupils EHWPB that may create barriers to learning and development. Contact: 0161 817 2250 schoolsadmin@caritassalford.org.uk	<u>Integrated Community Response (ICR)</u>: The service provides targeted early help support for young people (11-18 years) presenting in mental health distress and at risk of crisis presentation via A&E or social care services. Referral and contact details		
<u>Primary Inclusion Team</u>: primary school support with SEMH needs. Referral: Salford primary school only Contact: 0161 921 2653	<u>Educational Psychology Service</u>: supports schools, early years and colleges to identify, support children with additional needs, to promote learning & inclusion. Referral: Professional referral only - via the setting SENCo / Inclusion Lead. Contact: EPS@Salford.gov.uk		

Information & advice	Getting help	Getting more help	Getting risk support
Women's Aid: a national charity working to end domestic abuse against women and children. www.womensaid.org.uk	Salford Independent Domestic Abuse Support Service (SIDASS): provides independent advocacy and specialised support to victims living in Salford, providing advice and support on safety planning, crisis work, housing advice, finances, health issues and work with families to improve issues around child protection where domestic abuse is a prevalent factor. Referral: Self / professional referral Contact: 0161 793 3232		
The Hideout: Women's Aid have created the Hideout to help children and young people to understand domestic abuse, and how to take positive action. www.thehideout.org.uk	TLC - Children and Young People Who Use Harm Project: provides support for children and young people aged 14-19 years old who have experienced / experiencing domestic abuse and is also using harm to others and/or self. Referral: via Early help, Social Care, YJS, Operation Encompass, STRIVE Contact: 0161 872 1100 / bridgingtochange@talklistenchange.org.uk		Family Practitioners Team: provides integrated family support services for Children in Need and Children on Child Protection plans and their families. Referral: Professional referral - via child's social worker
	Harbour: a domestic abuse service for children and young people aged 5 - 18 years who live or go to school in Salford, who have experienced domestic abuse either in their home or in their own relationships. Referral: Professional referral Contact: salfordcypteam@tdas.org.uk		

Information & advice

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Early Help (Locality Teams): the service works with families in partnership to identify strengths and needs and support with access to a range of support to meet families' needs. The service also offer a range of intervention around early childhood development; parenting and family relationships.

Referral: self-referral - **Contact:** www.salford.gov.uk/children-and-families/early-help-for-families

Family Nurse Partnership: a free and voluntary program for first time mums (and dads), from early pregnancy until the child is two.

Referral: Self-referral - **Contact:** 0161 206 0412 / salford.fnp@nhs.net

Community Paediatric Team: specialist children's doctors with training and expertise in developmental paediatrics and disability, social & educational paediatrics

Referral: Professional referral - **Contact:** 0161 206 0276 / Paeds.referrals@srft.nhs.uk

GP's & Practice Nurses: deal with a whole range of health problems, providing health education and advice.

Contact: www.gmintegratedcare.org.uk

Panda Unit (SRFT): emergency and short stay care for children aged 16 & under.

Referral: Accessed via A & E

Health Visiting: Support includes reviewing the children's health, development and progress

Referral: Self-referral **Contact:** full list of contacts available in service information

Speech & Language Therapy (SALT): Therapists will work with families / carers and education staff to provide direct therapy as well as support, advice, training and onward referrals as required. www.speakupsalford.nhs.uk

Referral: Self / professional referral - **Contact:** 0161 206 2509/ saltadmin@nca.nhs.uk

SIASS: offers information, advice and support to children, young people (up to age 25) and parents about special educational needs and disability, including matters relating to health and social care.

Referral: Self-referral - **Contact:** siass@salford.gov.uk

HomeStart: advice & support for families living who have at least one child under 2

Referral: Professional referral

Educational Psychology Service: supports early years to identify, support children with additional needs, to promote learning & inclusion.

Referral: Professional referral only **Contact:** EPS@Salford.gov.uk

Portage Service: Home Visitors support children and families at home, working in partnership with parents/carers to develop play based activities that support all areas of development.

Referral: Self / professional referral via [Childrens Portal](#) - **Contact:** 0161 778 0384

Early Years services cont.



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Salford Foyer : Supported housing accommodation with a mother and baby provision for homeless families or families requiring more a more supportive housing environment

Referral: Self or professional

Contact: 0161 737 7778 salfordfoyer@placesforpeople.co.uk

Strengthening Families : Strengthening Families supports which provides intensive early help for parents who have had at least one child taken into care

Referral: Strengtheningfamilies@salford.gov.uk

Salford Family Hubs/Partnership/Early Help : Salford Family Partnership Hubs are places in your local community offering services and support for families from different agencies in one building

Referral: [Family Hubs•Salford City Council](#)

Primary Inclusion Team: primary school support with SEMH needs.

Referral: Salford primary school only

Contact: 0161 921 2653

Information & advice	Getting help	Getting more help	Getting risk support
<u>Anorexia & Bulimia Care:</u> on-going care, emotional support and guidance for anyone affected by eating disorders. Helpline: 03000 11 12 13 www.anorexiabulimiare.org.uk	<u>MFT Community Eating Disorder Service (CEDS):</u> provides community support to children and young people up to the age of 18 with a suspected or diagnosed eating disorder including early intervention. Referral: Self / professional referral Contact: 0161 701 0447 / MSEDS@mft.nhs.uk	<u>Galaxy House:</u> specialist mental health in-patient unit for children up to 13 yrs, and young people up to 18 with eating disorders (ED) and pervasive avoidance withdrawal syndrome (PAWS) Referral: Professional referral only Contact: 0161 701 5197	
<u>Beat:</u> information on anorexia, bulimia and other kinds of eating disorders. Youthline: 0808 801 0711 (under 18s) Helpline: 0808 801 0677 www.beateatingdisorders.org.uk	<u>CAMHS Single Point of Contact:</u> can provide information, advice and consultation prior to making a referral to CAMHS. Contact: 0161 518 5400		<u>Junction 17:</u> specialist mental health service for young people aged 13-17 who require assessment/treatment for a range of complex mental health difficulties Referral: Professional referral only Contact: 0161 773 9121
<u>Eating Disorders:</u> provides advice and information on compulsive eating, anorexia, bulimia and weight problems. www.eating-disorders.org.uk	<u>Caritas School Service</u> : Schools commission directly a bespoke package of support to support pupils EHWP that may create barriers to learning and development. Contact: 0161 817 2250 schoolsadmin@caritassalford.org.uk	<u>CAMHS:</u> provides support for children and young people aged 0 – 18 years (including those with disabilities), where there are concerns related to their mental/emotional health/wellbeing. Referral: Professional referral only Contact: 0161 518 5400 / cm-tr.Salford-CAMHS@nhs.net	
		<u>Emerge:</u> a stand-alone CAMHS service which focuses on the specific needs of 16 - 17 year olds with moderate to severe mental health problems Referral: Self / professional referral Contact: 0161 226 7457	
<u>Soluna (previously Kooth):</u> Soluna by Kooth - an evolution of the established Kooth service - is a free, self-referral mental health platform for children and young people, offering BACP-accredited one-to-one text chats with qualified practitioners, self-help tools, and pre-moderated peer communities. Contact: http://solunabykooth.com/			



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The Lowry: works with vulnerable young people within Salford using the creative arts to build confidence, transferable life skills, promote wellbeing and improve employability prospects.

Referral: Professionals / Parents / Carers

Contact: 0161 876 2042 / getcreative@thelowry.com

Route 29: supports adolescents aged 12 to 18 who have complex needs and are in or on the edge of care, particularly those at risk of placement breakdown.

Referral: Social worker ONLY

Contact: Route29General@salford.gov.uk

Specialist Safeguarding Nurses: supports the health needs of young people identified as being at risk / potentially at risk of harm from complex safeguarding issues and/or who are on the edge of care.

Referral: Professional referral only

Contact: 0161 212 4413 / safeguarding.nhssalford@nhs.net

Salford Connect: offer long term, intensive support to children, young people and their parents/carers at risk of, or are experiencing Child Sexual Exploitation, Child Criminal Exploitation or involved county lines.

Referral: Professional referral only

Contact: ComplexSafeguardingTeam@salfordcitycouncil.onmicrosoft.com

Family Practitioners Team: support services for Children in Need / Children on Child Protection plans & families.

Referral: Professional referral - via child's social worker

Exclusions & Alternative Provision



Information & advice

Education Inclusion: provide help, advice, training, guidance and support to those children, young people and their families who are experiencing education related difficulties especially around regular attendance at school.

Referral & Contact: please service information for details

The Lowry: works with vulnerable young people within Salford using the creative arts to build confidence, transferable life skills, promote wellbeing and improve employability prospects.

Referral: Professionals / Parents / Carers

Contact: 0161 876 2042 / getcreative@thelowry.com

Getting help

Getting more help

Getting risk support

Family Practitioners Team: provides integrated family support services for Children in Need and Children on Child Protection plans and their families.

Referral: Professional referral - via child's social worker

Fostering / Adoption / Cared For



Information & advice	Getting help	Getting more help	Getting risk support
<u>Adoption UK:</u> support for those parenting or supporting children who cannot live with their birth parents. www.adoptionuk.org		<u>Community Paediatric Team:</u> specialist children's doctors with training and expertise in developmental paediatrics and disability, social and educational paediatrics. Referral: Health, education and social care professionals Contact: 0161 206 0276 / Paeds.referrals@srft.nhs.uk	
<u>Adoption Counts:</u> a collaborative adoption agency, bringing the professional expertise from across GM. www.adoptioncounts.org.uk			
<u>The Fostering Network:</u> information to prospective / approved foster carers and those who support them. www.thefosteringnetwork.org.uk	<u>Salford CAMHS for Cared for Children (Starlac):</u> an accessible and responsive CAMH service to Looked After Children and young people, their families and carers. Referral: Professional referral only – via SCC Social Workers Contact: 0161 779 7832		<u>Route 29:</u> supports adolescents aged 12 to 18 who have complex needs and are in or on the edge of care, particularly those at risk of placement breakdown. Referral: Social worker ONLY Contact: Route29General@salford.gov.uk
<u>Caritas School Service:</u> Schools commission directly a bespoke package of support to support pupils EHWP that may create barriers to learning and development. Contact: 0161 817 2250 schoolsadmin@caritassalford.org.uk	<u>I-Start (Stronger and resilient together):</u> emotional health & well-being screening service for children and young people aged 5-18 years and who are newly care for. Referral: Professional referral only – via SDQ analysis Contact: Amanda.mcleod@salford.gov.uk		
<u>Virtual School:</u> statutory service providing advice, training, guidance, support and challenge to schools, social care teams and other professionals relating to the education of Looked After Children. Referral: No referral process – all Looked After Children are automatically included in our service Contact: virtualschoolteam@salford.gov.uk			<i>Fostering/Adoption/ Cared For services cont.</i> 
<u>Salford Children's Right Service:</u> provides information, advice and advocacy support to cared for children on child protection / child in need plans. Referral: Self / professional; referral Contact: 0161 707 0222 / scrs@barnardos.org.uk		<u>Vulnerable Young Person Nursing Service:</u> provides a dedicated health service to Looked after children and young people in Salford Referral: Professional referral via Children's Services or Panda Unit	



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Strengthening Families : Strengthening Families supports which provides intensive early help for parents who have had at least one child taken into care

Referral: Strengtheningfamilies@salford.gov.uk

Specialist Safeguarding Nurses: supports the health needs of young people identified as being at risk / potentially at risk of harm from complex safeguarding issues and/or who are on the edge of care.

Referral: Professional referral

Contact: 0161 212 4413 safeguarding.nhssalford@nhs.net

Gangs (Incl. Organised Gang Crime)



Information & Advice	Getting help	Getting more help	Getting risk support
NSPCC: advice about how to spot the signs of criminal exploitation and involvement in gangs and what support is available for children and young people. www.nspcc.org.uk		Salford Youth Justice Service: with children and young people aged 10-17 years who are at risk of / become involved in the youth justice system, to prevent offending and reoffending. Referral: Professional referral only Contact: 0161 607 1900 / GrpSalford-YOT@salford.gov.uk	
	Salford Foundation - STEER: supports young people at risk of being involved in serious youth violence. By providing a 1-1 mentoring service to help young people gain the skills and attitudes to find legitimate alternatives to criminal activity. Referral: self / professional referral Contact: 0161 787 8500 / youthservices@salfordfoundation.org.uk		
		Turnaround (formerly Choose 2 Change): the project aims to prevent first time entries into the criminal justice system by targeting young people (aged 10-17) who are at risk of being involved in criminality and already showing signs of this. Referral: Professional referral only Contact: soc.yot@salford.gov.uk	
Project GULF: Salford GMP organised crime gang team who can work with children and young people to steer them away from crime and into a better future by providing positive alternatives to gangs and a life of crime, from sports, fun activities and mentoring to training and apprenticeships. Project GULF also includes the School Engagement Project and Operation Sycamore - tackling Knife crime in 10-24 year olds. Referral: self / professional referral Contact: GMP - Contact us			

General Wellbeing



Information & advice

Local Offer: gives children and young people with SEN / disabilities and their family's information about what support services are available in Salford.

www.salford.gov.uk

Young Minds: online resources and information supporting the emotional wellbeing and mental health of children and young people.

Young Person Crisis messenger: text YM to 85258

Parents Helpline: 0808 802 5544

www.youngminds.org.uk

Shout: Texts will only be seen between 7am and 7pm and may be responded to the next day. This is a standard network rate message.

Text 07480635134

Soluna (previously Kooth): Soluna by Kooth - an evolution of the established Kooth service - is a free, self-referral mental health platform for children and young people, offering BACP-accredited one-to-one text chats with qualified practitioners, self-help tools, and pre-moderated peer communities. **Contact:** <http://solunabykooth.com/>

Salford Youth Service: information and advice for Salford young people aged 11 to 19.

www.salford.gov.uk

Getting help

42nd Street – Online Counselling: a free and friendly service for young people in Salford aged 16-25.

Referral: Self-referral. **Contact:**

www.onlinesupport.42ndstreet.org.uk

Start in Salford: the creative activities provided by Start can help people overcome emotional difficulties and learn new skills.

Referral: Professional referral - **Contact:** 0161 351 6000

MIND: charity providing quality services to make a positive difference to the Mental Health of the people of Salford.

Referral: self-referral - **Contact:** 0161 212 4880

School Nurses: When your child starts school, the school nursing service can support your child's health needs up to the age of 19. We'll help to make sure that children and young people with disabilities, long-term illnesses or other needs can receive extra support when they need it.

Referral: Self / professional referral - **Contact:** via school

Rio Ferdinand Foundation: provides mentoring, youth-led social action, training & pathways into volunteering and employment

Referrals: Self / professional referral **Contact:** 07375 701950

Getting more help

General Wellbeing services cont.



General Wellbeing - *continued*



Information & advice

The Mix: online emotional health and wellbeing support for under 25s. **Helpline: 0808 808 4994**
www.themix.org.uk

Salford Family Hubs/Partnership/Early Help : Salford Family Partnership Hubs are places in your local community offering services and support for families from different agencies in one building
Referral: [Family Hubs](#)•[Salford City Council](#)

Getting help

42nd Street: provides support for young people aged 11-25 experiencing difficulties with their mental health and wellbeing. **Referral:** Self / professional referral - **Contact:** 0161 228 1888 / theteam@42ndstreet.org.uk

Connexions: supports young people aged 13-24 who are not in education, employment or training to help them move into new opportunities

Referral: Self-referral - **Contact:** 0800 0126 606 / adviser@careerconnect.org.uk

Caritas School Service : Schools commission directly a bespoke package of support to support pupils EHWP that may create barriers to learning and development. **Contact:** 0161 817 2250 schoolsadmin@caritassalford.org.uk

Getting more help

Qwell: free online counselling and emotional wellbeing support for young people and adults over the age of 25

Referral: self referral - **Contact:** <https://www.qwell.io/>

Primary Inclusion Team: primary school support with SEMH needs.

Referral: Salford primary school only

Contact: 0161 921 2653

Lifecentre Salford: free activities and community connection. Support with transition for Year 6-8.

Referral: Contact us by email/phone

Contact: 0161 7367644/07467 895588 administrator@lifecentre.org.uk

Homelessness



Information & advice	Getting help	Getting more help	Getting risk support
<u>Salford Housing Options</u>: provides advice and information on housing needs and homelessness, also advice on how to access social housing through registration with Salford Home Search and private rented accommodation through a Rental Bond Scheme. Referral: self-referral - Contact: Housing.advicecentre@salford.gov.uk		<u>Family Practitioners Team</u>: provides integrated family support services for Children in Need and Children on Child Protection plans and their families. Referral: Professional referral - via child's social worker	
<u>Albert Kennedy Trust</u>: supports young LGBT 16-25 year olds who are made homeless or living in a hostile environment. www.akt.org.uk	<u>Salford Foyer</u>: a supported housing scheme for 16-25 year olds, providing support with money management, job searching and accessing education / training. Referral: Call the Foyer on 0161 737 7778 or email salfordfoyer@placesforpeople.co.uk		
<u>Shelter</u>: advice and support services across the UK providing people with one-to-one, personalised help with all of their housing issues www.shelter.org.uk	<u>Liberty House</u>: 16 bed accommodation with support for homeless young people aged between 16 and 24, priority is given to 16/17 year olds and applicants must have a Salford connection Referral: Self / professional referral Contact: 0161 492 0191 / liberty@adullam.org.uk		

Information & advice

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Getting more help

Salford Youth Service: information and advice for Salford young people aged 11 to 19.

www.salford.gov.uk

Caritas School Service : Schools commission directly a bespoke package of support to support pupils EHWP that may create barriers to learning and development.

Contact: 0161 817 2250

schoolsadmin@caritassalford.org.uk

Imaan: supports LGBT Muslim people, families & friends, to address issues of sexual orientation within Islam.

www.imaanlondon.wordpress.com

LGBT Youth Group: for young people aged 11-19 years who identify as LGBT or who are questioning their sexuality and/or gender; provides support from staff and peers looking at LGBT related issues.

Referral: Self / professional referral - **Contact:** 0161 799 6674 chris.rice@salford.gov.uk

T & Toast: A group for trans identifying young people that meets in Salford once a month, alongside the youth group there is a group for parents/carers of young trans identifying young people.

Referral: Self-referral

Contact: 0161 790 6950 / chris.rice@salford.gov.uk

Proud Connections: online chat service for LGBTQ+ young people aged 13-25, their families and professionals supporting them, and a mentor programme for LGBTQ+ young people aged 13-25.

Contact: www.theproudtrust.org/proud-connections

Mermaids UK: supports children and young people up to 19 years with gender identity issues, along with support for families, and professionals involved in their care.

www.mermaidsuk.org.uk

Q42: 42nd Street's LGBTQ+ website offers information, advice and support for young people 13-18

www.42ndstreet.org.uk

The Proud Trust: organisation that helps LGBT young people empower themselves to make a positive change for themselves and their communities, provides youth groups, peer support, training and events.

www.theproudtrust.org

Information & advice

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Getting more help

[Soluna \(previously Kooth\)](#): Soluna by Kooth - an evolution of the established Kooth service - is a free, self-referral mental health platform for children and young people, offering BACP-accredited one-to-one text chats with qualified practitioners, self-help tools, and pre-moderated peer communities.

Referral: Self referral

Contact: <http://solunabykooth.com/>

Information & advice

Sane: young SANE is a virtual community that focuses on mental health for people aged under 25.

www.sane.org.uk

Getting help

Rio Ferdinand Foundation: provides mentoring, youth-led social action, training & pathways into volunteering and employment

Referrals: Self / professional referral

Contact: victoria@rioferdinandfoundation.com

Getting more help

Emerge: CAMHS service for 16 - 17 year olds with moderate to severe mental health problems

Referral: Self / professional referral

Contact: 0161 226 7457

Getting risk support

GP's & Practice Nurses: deal with a whole range of health problems. They provide health education and can offer advice on sensitive health issues that young people may not feel comfortable talking through with parents, peers or other professionals.

Referral: To access your local GP practice you will need to register with the practice

Contact: www.gmintegratedcare.org.uk

Community Mental Health Teams (CMHT): the service is an integrated specialist team offering a range of therapeutic interventions and treatments for adults over the age of 16.

Referral: Self-referral

Contact: www.gmw.nhs.uk/salford

Young Minds: supports the emotional wellbeing and mental health of children and young people, provides online resources, training and development and publications.

www.youngminds.org.uk

Early Detection and Intervention Team (EDIT): a specialist psychological therapy service that works with 14 – 35 year olds to reduce distress, confusion, and the development of more serious mental health difficulties.

Referral: service can also be accessed by GP's, Mental Health Services, Voluntary Sector, Youth Services (Connexions, YOT)

Contact: 0161 607 8270

Galaxy House: specialist mental health in-patient unit for children up to 13 yrs with a range of neuro-developmental & psychosomatic difficulties.

Referral: Professional referral only

Contact: 0161 701 5197

NHS Moodzone: information offering young people advice and help on mental health, interactive tools & guides.

www.nhs.uk

Six Degrees: 1:1 talking therapy for people (aged 16+) who are struggling with common mental health problems such as depression or anxiety.

Referral: Professional referral for children and young people; self-referral for 18+

Contact: 0161 983 0900 / sixdegrees@nhs.net

Junction 17: a Specialist Mental Health Service for young people aged 13-17 who require assessment and treatment for a range of complex mental health difficulties

Referral: Professional referral only

Contact: 0161 773 9121

Mental health services cont.





Information & advice	Getting help	Getting more help	Getting risk support
<u>Stem4</u>: a charity that supports positive mental health in teenagers. Information on mental health, mental health apps and education. www.stem4.org.uk	<u>42nd Street</u>: provides support for young people aged 11-25 experiencing difficulties with their mental health and wellbeing. Referral: Self-referral and Social Care referrals – NB: Referrals by professionals and parent/carers have been ‘paused’ as of 14th Nov 2023 for approx. 6 months – please check the 42nd St website for further information. Contact: 0161 228 1888 / theteam@42ndstreet.org.uk		<u>Gardener Unit</u>: supports boys aged 11-18 with serious mental illness or concern of a significant psychiatric disorder Referral: Professional referral only Contact: 0161 772 3425
<u>Rethink Mental Illness</u>: offers practical help and information for anyone affected by mental illness on a wide range of topics such as living with mental illness, medication and care. www.rethink.org	<u>CAMHS Single Point of Contact</u>: can provide information, advice and consultation prior to making a referral to CAMHS. Contact: 0161 518 5400		
<u>Soluna (previously Kooth)</u>: is a free, self-referral mental health platform for children and young people, offering BACP-accredited one-to-one text chats with qualified practitioners, self-help tools, and pre-moderated peer communities. Contact: http://solunabykooth.com/		<u>Integrated Community Response (ICR)</u>: The service provides targeted early help support for young people (11-18 years) presenting in mental health distress and at risk of crisis presentation via A&E or social care services. Referral and contact details	
<u>Caritas School Service</u>: Schools commission directly a bespoke package of support to support pupils EHWP that may create barriers to learning and development. Contact: 0161 817 2250 schoolsadmin@caritassalford.org.uk	<u>42nd Street – Online Counselling</u>: a free and friendly service for young people in Salford aged 16-25. Referral: Self-referral Contact: www.onlinesupport.42ndstreet.org.uk	<u>CAMHS</u>: provides support for children and young people aged 0 – 18 years (including those with disabilities), where there are concerns related to their mental/emotional health and wellbeing. Referral: Professional referral only Contact: 0161 518 5400 / cmm-tr.Salford-CAMHS@nhs.net	



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Primary Inclusion Team: primary school support with SEMH needs.

Referral: Salford primary school only

Contact: 0161 921 2653 / PITReferrals@salford.gov.uk

Lifecentre Salford: free activities and community connection. Support with transition for Year 6-8.

Referral: Contact us by email/phone

Contact: 0161 7367644/07467 895588 administrator@lifecentre.org.uk



Information & advice

OCD UK: provide advice, information, and support services for those affected by OCD, and campaign to end the trivialisation and stigma of OCD.

www.ocduk.org

Young Minds: supports the emotional wellbeing and mental health of children and young people.

www.youngminds.org.uk

OCD Action: online support for anybody affected by OCD.

Helpline: 0845 390 6232

www.ocdaction.org.uk

Getting help

42nd Street – Online Counselling: a free and friendly service for young people in Salford aged 16-25.

Referral: Self- referral

Contact: www.onlinesupport.42ndstreet.org.uk

42nd Street: provides support for young people aged 11-25 experiencing difficulties with their mental health and wellbeing.

Referral: Self-referral and Social Care referrals – NB: Referrals by professionals and parent/carers have been ‘paused’ as of 14th Nov 2023 for approx. 6 months – please check the 42nd St website for further information.

Contact: 0161 228 1888 / theteam@42ndstreet.org.uk

CAMHS Single Point of Contact: can provide information, advice and consultation prior to making a referral to CAMHS.

Contact: 0161 518 5400

Getting more help

CAMHS: provides support for children and young people aged 0 – 18 years (including those with disabilities), where there are concerns related to their mental/emotional health and wellbeing.

Referral: Professional referral only

Contact: 0161 518 5400 / cmm-tr.Salford-CAMHS@nhs.net

Emerge: a stand-alone CAMHS service which focuses on the specific needs of 16 - 17 year olds with moderate to severe mental health problems

Referral: Self / professional referral

Contact: 0161 226 7457

Getting risk support

FCAMHS NW: a regional specialist service for young people (under 18) with high risk behaviours

Referral: Professional only

Contact: 0161 358 0585

Gardener Unit: supports boys aged 11-18 with serious mental illness or concern of a significant psychiatric disorder.

Referral: Professional referral only

Contact: 0161 772 3425

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Early Help (Locality Teams): the service works with families in partnership to identify strengths and needs and support with access to a range of support to meet families' needs. The service also offer a range of intervention around early childhood development; parenting and family relationships.

Referral: self-referral - **Contact**: www.salford.gov.uk/children-and-families/early-help-for-families

Young Fathers Project: works with young men who are fathers, expectant fathers, or acting as fathers in a family unit, aged up to 25 years old and live in Salford.

Referral: Professional referral – service accessed via social services, ante-natal services, community midwives, schools, Youth Offending Teams and youth services

Contact: 0161 603 6874 / Tom.cole@salford.gov.uk

Family Lives: support for parents to achieve the best relationship possible with the children that they care about.

www.familylives.org.uk

Educational Psychology Service: supports schools, early years and colleges to identify, support children with additional needs, to promote learning & inclusion.

Referral: Professional referral only - via the setting SENCo / Inclusion Lead.

Contact: EPS@Salford.gov.uk

Family Nurse Partnership: a free and voluntary program for first time mums (and dads). A specially trained family nurse visits the young person regularly; from early pregnancy until the child is two.

Referral: Self-referral

Contact: 0161 206 0412 / salford.fnp@nhs.net

Parent Peer Support Groups: Salford City Council are looking for parents or carers who want to pass on their skills and experience to other parents within a group setting, in different locations throughout the city.

More information: 0800 952 1000 / health.improvement@salford.gov.uk

HomeStart: Advice & support for families living in Salford who have at least one child under 2 and who maybe finding it hard to cope

Referral: Professional referral e.g., Health Visitor / Social Worker

Family Practitioners Team: provides integrated family support services for Children in Need and Children on Child Protection plans and their families.

Referral: Professional referral - via child's social worker

Caritas School Service: Schools commission directly a bespoke package of support to support pupils EHWP that may create barriers to learning and development. **Contact**: 0161 817 2250 schoolsadmin@caritassalford.org.uk

Information & advice

Getting help

Getting more help

Getting risk support

[Salford Family Hubs/Partnership/Early Help](#) : Salford Family Partnership Hubs are places in your local community offering services and support for families from different agencies in one building

Referral: [Family Hubs•Salford City Council](#)

[Salford Parent and Infant Relationship Service](#) : Salford PAIRS offers support to parents/ carers and their babies, from conception up until the baby is 2 years old, who may be concerned about how their relationship with their baby is developing.

Referral: [Request for Service form](#)

[Qwell](#): Qwell provides anonymous online counselling service for adults over the age of 18 in Greater Manchester. Seven days a week, all year round.

Contact: [Home - Qwell](#)

[Lifecentre Salford](#): free activities and community connection. Support with transition for Year 6-8.

Referral: Contact us by email/phone

Contact: 0161 7367644/07467 895588 administrator@lifecentre.org.uk

Information & advice

Samaritans: available 24 hours a day for anyone struggling to cope
Helpline: 116 123
www.samaritans.org

Rethink: provide expert, accredited advice and information to everyone affected by mental health problems.
Helpline: 0300 5000927
www.rethink.org

Bipolar UK: user lead charity working to enable people with Bipolar Disorder control of their lives. www.bipolaruk.org

Young Minds: online advice, information and resources
www.youngminds.org.uk

GP's & Practice Nurses: deal with a whole range of health problems. They provide health education and can offer advice on sensitive health issues.
Referral: To access your local GP practice you will need to register with the practice
Contact: www.gmintegratedcare.org.uk

Getting help

CAMHS Single Point of Contact: information, advice and consultation prior to making a referral to CAMHS.
Contact: 0161 518 5400

Early Detection and Intervention Team (EDIT): a specialist psychological therapy service that works with 14-35 yr olds to reduce distress, confusion, and development of more serious mental health difficulties.
Referral: accessed by GP's, Mental Health Services, Youth Services
Contact: 0161 607 8270

Getting more help

CAMHS: provides support for children and young people aged 0 – 18 years where there are concerns related to their mental/emotional health and wellbeing.
Referral: Professional referral only
Contact: 0161 518 5400 / cmh-tr.Salford-CAMHS@nhs.net

Emerge: a stand-alone CAMHS service for 16 - 17 year olds with moderate to severe mental health problems
Referral: Self / professional referral - **Contact**: 0161 226 7457

Community Mental Health Teams (CMHT): offering a range of therapeutic interventions and treatments for adults (16+) with severe and enduring mental health issues.
Referral: Self-referral / **Contact**: www.gmw.nhs.uk/salford

Getting risk support

Gardener Unit: supports boys (11-18) years with serious mental illness or concern of a significant psychiatric disorder.
Referral: Professional referral only
Contact: 0161 772 3425

FCAMHS NW: a regional specialist service for young people (under 18) with high risk behaviours
Referral: Professional referral only

Junction 17: a specialist service for young people (13-17) who require treatment for a range of complex mental health difficulties
Referral: Professional referral only

Information & advice

Harmless: provides a range of services about self-harm including support, information to people who self-harm, their friends and families.

www.harmless.org.uk

Getting help

42nd Street: provides support for young people aged 11-25 experiencing difficulties with their mental health and wellbeing.

Referral: Self-referral and Social Care referrals – NB: Referrals by professionals and parent/carers have been ‘paused’ as of 14th Nov 2023 for approx. 6 months – please check the 42nd St website for further information.

Contact: 0161 228 1888 / theteam@42ndstreet.org.uk

Getting more help

Getting risk support

Caritas School Service: Schools commission directly a bespoke package of support to support pupils EHWB that may create barriers to learning and development. **Contact:** 0161 817 2250 schoolsadmin@caritassalford.org.uk

CAMHS Single Point of Contact: provides information, advice and consultation prior to making a referral to CAMHS.

Contact: 0161 518 5400

CAMHS: provides support for children and young people aged 0 – 18 years related to their mental/emotional health and wellbeing.

Referral: Professional referral only

Contact: 0161 518 5400 / cmm-tr.Salford-CAMHS@nhs.net

Soluna: a free, self-referral mental health platform for children and young people, offering BACP-accredited 1:1 text chats with qualified practitioners, self-help tools, and pre-moderated peer communities. **Contact:** <http://solunabykooth.com/>

42nd Street – Online Counselling: a free and friendly service for young people in Salford aged 16-25.

Referral: Self-referral

Contact: www.onlinesupport.42ndstreet.org.uk

Primary Inclusion Team: primary school support with SEMH needs. **Referral:** Salford primary school only **Contact:** 0161 921 2653

Integrated Community Response (ICR):

The service provides targeted early help support for young people (11-18 years) presenting in mental health distress and at risk of crisis presentation via A&E or social care services.

[Referral and contact details](#)

Emerge: a stand-alone CAMHS service which focuses on the specific needs of 16 - 17 year olds with moderate to severe mental health problems

Referral: Self / professional referral

Contact: 0161 226 7457

Information & advice

Getting help

Getting more help

Getting risk support

Salford Youth Justice Service: with children and young people aged 10-17 years who are at risk of / become involved in the youth justice system, to prevent offending and reoffending.

Referral: Professional referral only

Contact: 0161 607 1900 / GrpSalford-YOT@salford.gov.uk

Turnaround (formerly Choose 2 Change): the project aims to prevent first time entries into the criminal justice system by targeting young people (aged 10-18) who are at risk of being involved in criminality and already showing signs of this.

Referral: Professional referral only

Contact: soc.yot@salford.gov.uk

Project GULF: Salford GMP organised crime gang team who can work with children and young people to steer them away from crime and into a better future by providing positive alternatives to gangs and a life of crime, from sports, fun activities and mentoring to training and apprenticeships. Project GULF also includes the School Engagement Project and Operation Sycamore - tackling Knife crime in 10-24 year olds.

Referral: self / professional referral

Contact: [GMP - Contact us](#)

Information & advice

Getting help

Getting more help

Brook: provider of sexual health services and advice for young people aged 19 and under.

www.brook.org.uk

Integrated Sexual Health Service: provider of information and advice including repeat PreP prescriptions, postal STI test kits, contraception, HIV medication and support to YP who have been sexually assaulted.

Referral: Self-referral

Contact: 0161 388 4982

<https://thenorthernsexualhealth.co.uk/>

NHS: information and advice including contraceptive clinics, testing and treatment for STIs, including chlamydia.

www.nhs.uk/live-well/sexual-health

Information & advice

FRANK: 24-hour helpline offering information and advice to anybody concerned about drugs/substance misuse. **Helpline: 0300 123 6600**

Text: 82111

Email: frank@talktofrank.com

www.talktofrank.com

We are with you: provides help and support if you're worried about someone else's drinking or drug use.

www.wearewithyou.org.uk

NACOA: if you are affected by someone else's drinking, NACOA can help.

Helpline: 0800 358 3456

Email: helpline@nacoa.org.uk

www.nacoa.org.uk

Soluna (previously Kooth): Soluna by Kooth - an evolution of the established Kooth service - is a free, self-referral mental health platform for children and young people, offering BACP-accredited one-to-one text chats with qualified practitioners, self-help tools, and pre-moderated peer communities.

Referral: Self referral

Contact: <http://solunabykooth.com/>

Getting help

GM Recovery Academy: provides a range of free educational courses and resources for people with mental health and substance misuse problems, their families and carers as well as health care professionals.

Referral: Self-referral

Contact: 0161 772 3782

Email: recoveryacademy@gmw.nhs.uk

Achieve: works with young people up to the age of 25 offering support, information, harm reduction interventions and specialist substance misuse treatment.

Referral: Self / professional referral

Contact: 0161 358 1858 / achieveyps@gmmh.nhs.uk

Getting more help

Getting risk support

Chapman Barker Unit: a detoxification inpatient treatment unit for men and women aged 18+ with substance misuse problems.

Referral: Professional referral - community based drug & alcohol services.

Contact: 0161 772 3558

Family Practitioners Team: provides integrated family support services for Children in Need and Children on Child Protection plans and their families.

Referral: Professional referral - via child's social worker

Information & advice	Getting help	Getting more help	Getting risk support
Childline: a free, 24-hour confidential helpline for children and young people Helpline: 0800 1111 www.childline.org.uk	42nd Street: provides support for young people aged 11-25 experiencing difficulties with their mental health and wellbeing. Referral: Self-referral and Social Care referrals – NB: Referrals by professionals and parent/carers have been ‘paused’ as of 14th Nov 2023 for approx. 6 months – please check the 42nd St website for further information. Contact: 0161 228 1888 / theteam@42ndstreet.org.uk		
CALM: a male suicide prevention charity who provide support for men in the UK. www.thecalmzone.net	Critical Incident Team: The Educational Psychology Service work in schools, early years settings and colleges to offer support in the event of a Critical Incident. Referral: Professional - Service can be accessed via the school SENCo - Contact: EPS@Salford.gov.uk		
GM Suicide Bereavement Support Service: A confidential information service for people bereaved or affected by suicide Tel: 0161 212 4919 (Mon-Fri; 10.00am-4.00pm)		Emerge: a stand-alone CAMHS service which focuses on the specific needs of 16 - 17 year olds with moderate to severe mental health problems Referral: Self / professional referral Contact: 0161 226 7457	
Samaritans: available 24 hours a day for anyone struggling to cope and provide a safe place to talk. Helpline: 116 123 / www.samaritans.org	CAMHS Single Point of Contact: provides information, advice and consultation prior to making a referral to CAMHS. Contact: 0161 518 5400	CAMHS: provides support for children and young people aged 0 – 18 years related to their mental/emotional health and wellbeing. Referral: Professional referral only Contact: 0161 518 5400 Email: cmm-tr.Salford-CAMHS@nhs.net	
Caritas School Service : Schools commission directly a bespoke package of support to support pupils EHWP that may create barriers to learning and development. Contact: 0161 817 2250 schoolsadmin@caritassalford.org.uk		Integrated Community Response (ICR): The service provides targeted early help support for young people (11-18 years) presenting in mental health distress and at risk of crisis presentation via A&E or social care services. Referral and contact details	



Information & advice

Getting help

Getting more help

Getting risk support

[Suicide Bereavement UK](#) Postvention care of those bereaved by suicide

Referral: Self

Email: admin@suicidebereavementuk.com

GM & Salford Bereavement Service:

the service can help find the right support for anyone in GM who has been bereaved or affected by a death. The service also provides support for professionals seeking advice.

Referral: Self referral

Contact: 0161 983 0902 / gmicb-sal.gm.bs@nhs.net

Information & advice

Getting help

Getting more help

Getting risk support

Salford Youth Justice Service: with children and young people aged 10-17 years who are at risk of / become involved in the youth justice system, to prevent offending and reoffending.

Referral: Professional referral only

Contact: 0161 607 1900 / GrpSalford-YOT@salford.gov.uk

Turnaround (formerly Choose 2 Change): the project aims to prevent first time entries into the criminal justice system by targeting young people (aged 10-12) who are at risk of being involved in criminality and already showing signs of this.

Referral: Professional referral only

Contact: soc.yot@salford.gov.uk

Project GULF: Salford GMP organised crime gang team who can work with children and young people to steer them away from crime and into a better future by providing positive alternatives to gangs and a life of crime, from sports, fun activities and mentoring to training and apprenticeships. Project GULF also includes the School Engagement Project and Operation Sycamore - tackling Knife crime in 10-24 year olds.

Referral: self / professional referral

Contact: [GMP - Contact us](#)

Information & advice

The Children's Society: national charity that works with the country's most vulnerable children and young people. www.childrenssociety.org.uk

Carers UK: provides support and information to those who look after an older, disabled or seriously ill family member or friend
www.carersuk.org

Carers Trust: provides a range of information and advice for young carers and young adult carers.
www.carers.org

Getting help

Early Help (Locality Teams): the service works with families in partnership to identify strengths and needs and support with access to a range of support to meet families' needs. The service also offer a range of intervention around early childhood development; parenting and family relationships.

Referral: self-referral

Contact: www.salford.gov.uk/children-and-families/early-help-for-families

The Lowry: works with vulnerable young people within Salford using the creative arts to build confidence, transferable life skills, promote wellbeing and improve employability prospects.

Referral: Professionals / Parents / Carers

Contact: 0161 876 2042 / getcreative@thelowry.com

Caritas School Service: Schools commission directly a bespoke package of support to support pupils EHWP that may create barriers to learning and development. **Contact**: 0161 817 2250 schoolsadmin@caritassalford.org.uk

Salford Young Carers: a service for young carers (under the age of 18) and young adult carers (18 – 25). A young carer / young adult carers is someone under 18 who helps look after someone in their family, or a friend, who is ill, disabled or misuses drugs or alcohol.

Referral: Self / professional referral

Contact: 0161 834 6069 / salford.carers@gaddum.org.uk

Soluna (previously Kooth): Soluna by Kooth - an evolution of the established Kooth service - is a free, self-referral mental health platform for children and young people, offering BACP-accredited one-to-one text chats with qualified practitioners, self-help tools, and pre-moderated peer communities.

Referral: Self referral

Contact: <http://solunabykooth.com/>



Information & advice

Getting help

Getting more help

Getting risk support

Salford Youth Justice Service: with children and young people aged 10-17 years who are at risk of / become involved in the youth justice system, to prevent offending and reoffending.

Referral: Professional referral only

Contact: 0161 607 1900 / GrpSalford-YOT@salford.gov.uk

Salford Foundation - STEER: supports young people at risk of being involved in serious youth violence. By providing a 1-1 mentoring service to help young people gain the skills and attitudes to find legitimate alternatives to criminal activity.

Referral: self / professional referral

Contact: 0161 787 8500 / youthservices@salfordfoundation.org.uk

Salford Connect: offer long term, intensive support to children, young people and their parents/carers at risk of, or are experiencing Child Sexual Exploitation, Child Criminal Exploitation or involved county lines.

Referral: Professional referral only

Contact: ComplexSafeguardingTeam@salfordcitycouncil.onmicrosoft.com

Turnaround (formerly Choose 2 Change): the project aims to prevent first time entries into the criminal justice system by targeting young people (aged 10-18) who are at risk of being involved in criminality and already showing signs of this.

Referral: Professional referral only

Contact: soc.yot@salford.gov.uk

Project GULF: Salford GMP organised crime gang team who can work with children and young people to steer them away from crime and into a better future by providing positive alternatives to gangs and a life of crime, from sports, fun activities and mentoring to training and apprenticeships. Project GULF also includes the School Engagement Project and Operation Sycamore - tackling Knife crime in 10-24 year olds.

Referral: self / professional referral

Contact: [GMP - Contact us](#)

42nd Street



42nd Street provides support for young people experiencing difficulties with their mental health and wellbeing. Our diverse services include individual therapeutic support, advocacy, projects and activities, online therapeutic support and a creative programme via The Horsfall, our new arts space

Some of the problems we can support:

Feeling worried, stressed and panicky

- Depression and feeling low
- Self-harm
- Anxiety
- Phobias
- Struggling to be around others or socialise
- Worrying about feeling driven to do certain
- Problems in relationships
- Issues around food and eating and how you feel about your body
- Feeling lonely
- Bullying

Support available

Advice, counselling / therapy; drop-in sessions; information; groups and projects; arts-based activities

Age range

11-25 years

Referral route

Self-referral and Social Care referrals – NB: Referrals by professionals and parent/carers have been ‘paused’ as of 14th Nov 2023 for approx. 6 months – please check the 42nd St website for further information. See attached word document for further information.



Microsoft Word
Document

Address

The Space
87-91 Great Ancoats Street, Manchester,
M4 5AG - [map](#)

Telephone

0161 228 1888

Email

theteam@42ndstreet.org.uk

Website

www.42ndstreet.org.uk

42nd Street – Online Counselling



Our online Counselling is a free and friendly service for young people in Salford aged 13-25.

Online support works very much the same as 42nd Street's face to face support. It involves you sending messages to a worker throughout the week, and receiving a message back each week at a time you both agree on. You can check your messages whenever works for you and reply whenever is best for you.

What we do:

- Provide a safe online space to help you talk about difficult things that you might be facing in your life. We'll allocate you a trained practitioner who will listen and support you, without judgement.
- Rather than talking about your problems face to face, you can type them out, or use artwork or videos or other resources to talk about how you're feeling.
- Instead of using video like skype, we offer online counselling via private, confidential messages which are sent between you and your counsellor.

Age range	13-25 years
Referral route	Self-referral / See attached word document for further information
Email	theteam@42ndstreet.org.uk
Website	www.42ndstreet.org.uk
To register	42nd Street Webchat Online Support



Microsoft Word
Document



Achieve has a dedicated team who work closely with young people up to the age of 25 offering support, information, harm reduction interventions and specialist substance misuse treatment. The team are co-located with the Salford Youth Service, The Young Father Service and the Youth Offending Service.

Achieve provides the Early Break Holding Families programme which offers structured interventions to children, parents and families with problems associated with parental substance misuse.

The Achieve Young People teamwork in partnership with other services such as local schools, Youth Justice Service, CAMHS etc. in supporting young people who are using substances.

The team use a variety of interventions to reduce the harm caused by substance misuse on the emotional, physical health and wellbeing of young people. These interventions can range from education and 1:1 confidential support to Blood Borne Virus vaccinations and prescribed treatment, depending on need.

Support available

Advice and information on substance use and reducing substance misuse related harm and on your alcohol and drug intake; group support; access to inpatient and home detoxification

Age range

Up to 25 years

Referral route

Self-referral / professional referral

Address

Beacon Centre, 1 London Street,
Salford, M6 6QT

[Achieve map](#)

Telephone

0161 358 1858

Email

Young People's Team:
achieveyps@gmmh.nhs.uk

Holding Family Team:
achievehf@gmmh.nhs.uk

Website

[Achieve Young Persons Service](#)

Adoption Counts



Adoption Counts brings together the adoption services for 5 Local Authorities: Salford, Manchester, Cheshire East, Stockport and Trafford. We offer a range of services including recruitment and assessment of prospective adoptive parents, tracking and supporting children who may need an adoptive placement, linking and matching, support with the child's transition into their adoptive family and offering adoption support until the child is 18. Young people can access the Adoption Support Fund until 21 or 25 with an EHCP.

We also offer services to adopted adults to access their adoption records, a letterbox contact team to support relationships between birth families and adoptive families, and advice to LA social workers who are supporting adoptive families.

We have a multi-agency Adoption Psychology Service which can offer professional consultation around complex needs relating to early trauma or neuro-developmental needs.

Our service is available to adoptive families living in the 5 Local Authority areas. If the child is living in our area, has been placed by another Local Authority, and the Adoption Order was less than three years ago, the placing LA is responsible for adoption support. Please advise the family to contact their placing agency

Support available

Universal services for all families – events, support and advice, online support, peer support.

Getting help – All adopters can request an adoption support assessment, which will identify a support plan for their family.

Getting more help – Allocated social worker, supporting with access to therapeutic services such as therapeutic parenting, DDP and individual therapy.

Risk support – we join multi-agency teams to support adoptive families who have complex and multiple challenges, including edge of care and family breakdown.

0-21 or 25 with EHCP

Age range

Referral route

Direct from parents, who can contact us via our website or by calling 0161 521 8847.

We accept referrals from professionals with parental consent.

Address

Adoption Counts, Etrop Court, Rowlandsway, Wythenshawe, Manchester, M22 5RG

Telephone

0161 521 8847 (First Response and adoption support) Main line for enquiries: 0161 521 8720

Email

firstresponse@adoptionncounts.org.uk

Website

Adoptioncounts.org.uk



The Foundation offers a service for families living with and impacted by Attention Deficit Hyperactivity Disorder (ADHD) and is the leading agency for the provision of training for education and health professionals across the UK.

As a patient service, our aim is to ensure the emotional health & wellbeing of those affected by ADHD through a graduated, needs led, multi modal service that enables service users and reduces dependencies.

This objective is achieved through knowledge, skills, social prescribing and a holistic approach to enable service users to become psychologically resilient, adopt lifestyle changes that habitually improve emotional and physical well-being and in so doing, improve life chances across a range of indices

Support available

- 1-2-1 / online information, advice & guidance
- Psycho educative programmes
- Systemic Family Therapy
- Early Years Therapeutic support
- Diagnostic assessments & prescribing
- Educational Psychology Assessments for Dyslexia, Dyspraxia & Dyscalculia
- Coaching psycho educative support for adults
- Transition support groups for 14-19yrs
- Traded services for schools
- Participation opportunities for service users
- Training programme

Age range

All ages

Referral route

Self-referral

Contact

Patient Services: 0151 237 2661 /
chrissi.jones@adhd.foundation.org.uk

Business / Operational:
paula.stock@adhd.foundation.org.uk

Website

[ADHD Foundation](http://adhd.foundation.org.uk)

Autism and social communication team



We are a team of specialist ASC (Autistic Spectrum Condition) / social communication difficulties teachers and a specialist teaching assistant who support school staff and pupils with ASC. A diagnosis is not required to get support from us. You may hear us referred to as the LSS ASC Team.

We support:

- SENCO's in schools
- Teachers and Teaching Assistants
- Individual or small groups of pupils (Reception to Year 11)
- Parents/carers of pupils on our caseloads

To access our service schools request support directly via our dedicated LSS referral website. To proceed with a referral parent/carer consent must be obtained by school and included as part of the online referral. They should also include evidence of any ongoing support in school, any other professionals involved and the impact of any support or advice already received. Waiting lists vary but generally we aim to see CYP referred to us within the half term they are referred.

Session Information - Monday to Friday from 8:45am to 3:45pm. (Term time only)

Support available

Training for whole staff to raise awareness about Autism
Advice about flexible approaches to teaching and learning
Advice about Sensory Issues
Support for transitions within school
Support for transitions between provisions

Age range

4 – 16 years old

Referral route

Professional referral

Address

Salford City Council
Chorley Road
Swinton
Salford
M27 5AW

Telephone

0161 686 7229

Email

adminlss@salford.gov.uk

Website

[Autism and social communication team•Salford City Council](#)



CAMHS provides support for children and young people aged 0 – 18 years (including those with disabilities), where there are concerns related to their mental/emotional health and wellbeing. The difficulties must be having a negative impact on the young person's day to day life and/or family functioning that is beyond the remit and expertise of Primary Care Services.

Some of the issues we can support:

- Depression or mood disorder
- Deliberate self-harm / suicidal thoughts
- Anxiety
- Obsessive compulsive presentations
- Psychosis
- Autistic Spectrum Disorders (ASD)
- Challenging behaviour
- Attention Deficit Hyperactivity Disorder (ADHD)
- Eating disorders
- Complex Behavioural and Relationship Difficulties

Support available

Cognitive Behavioural Therapy; Dialectical Behaviour Therapy skills and groups; Eye Movement Desensitization and Reprocessing; family therapy; parenting interventions for ADHD and specialist parenting advice for other conditions; psychotherapy.

Age range

0-18 years

Referral route

Professional referral only – Please see referral guidance criteria [here](#).

Address

Salford CAMHS, 1 Broadwalk, Pendleton Gateway, Salford, M6 5FX - [map](#)

Telephone

0161 518 5400 (main reception)

Email

cmm-tr.Salford-CAMHS@nhs.net

Website

[Salford CAMHS](#)

Emerge – CAMHS



MFT CAMHS Emerge 16-17 CMHT: Offers assessment and a range of support to young people aged 16 and 17 years old, who have mental health difficulties that are impacting on their daily functioning.

Emerge is a stand-alone CAMHS service which focuses on the specific needs of 16 - 17 year olds with moderate to severe mental health problems. The team will accept routine and urgent referrals. All accepted urgent referrals will be prioritized and assessed within two working days.

It is based in the community based service offering mental health services in a range of settings, providing a flexible and responsive Service.

The service can support young people with moderate to severe mental health problems, such as:

- Anxiety
- Fears and phobias
- Obsessive compulsive presentations
- Depression / low mood
- Self-harm
- Autistic Spectrum Disorders (ASD)
- Issues related to unresolved trauma
- Attention Deficit Hyperactivity Disorder (ADHD)
- Eating disorders
- Dual (drug & mental health) problems

Support available

- Counselling / therapy
- Assessment & treatment
- Crisis planning / management

Age range

16-17 years

Referral route

Self-referral / those who are concerned / professional referral

Address

Millennium Power House, Moss Side, Manchester, M14 4SL - [map](#)

Telephone

0161 549 6055

Email

Emerge.cmft@nhs.net

CAMHS – Single Point of Contact



The CAMHS Single Point of Access (SPOC) can provide information, advice and consultation prior to making a referral to CAMHS.

The aim of the service is to:

- Support identification of children with emotional / mental health needs at the earliest opportunity
- Children access the appropriate evidence based interventions in a timely manner
- Professionals and parents to be supported in helping children with emotional difficulties

The CAMHS Community Link Worker is based both within the Social Care Team at the Bridge and Salford CAMHS providing support and information to professionals including GPs.

Support available

- Consultation for professionals
- Information & advice
- Signposting
- Support

Service availability

Mon & Tues: advice via the SPOC Duty team

Weds AM: consultations for the Early Help hubs by arrangement

Weds PM: advice via the SPOC Duty Team

Thurs & Fri: consultation slots for social workers

Age range

0-18 years

Referral route

Professional referral only

Telephone

0161 518 5400 (main reception)

Email

mft.salford-camhs@nhs.net

CARITAS School Service



There are many reasons why a child may not reach their full potential. Adverse Childhood Experiences (ACES) such as bereavement, trauma, parental ill-health, maltreatment from family or violence – can impact on how children / young people perform in school, on their behaviour and also relationships. If children are not supported through these challenges, this can have a long-term impact on their life chances.

Our aim is to:

- Remove barriers to learning and participation.
- Nurture emotional development
- Address personal and social issues
- Develop new skills, knowledge, attitudes and values

We are here to listen, and to offer support, advice and guidance to the children, young people and their families who are referred to us by school – to help them make positive changes in their lives. At Caritas – we are passionate about ensuring that children are given opportunities to grow and develop and to reach their full potential. In 2024/2025 we supported 3328 children & young people and provided 136 family support sessions. .

How do we do this?

Schools commission our service directly and we set up a bespoke package of support for each school with a service level agreement that is flexible, integrated and collaborative. We can also offer short term interventions for individual children / young people who may need support – which is a minimum of 7 sessions. This service can be accessed by any school within Salford.

How it works in schools

A referral and consent is given to the Caritas worker for each child, young person and/or family, The Caritas worker will then complete a needs assessment and offer an intervention to address the needs, and work in partnership towards achieving a positive outcome. Reports are completed at the end of the intervention, with an evaluation of progress included – which is shared with parents/carers and school.

Support available

The range of interventions include evidence-based parenting groups, CBT based children’s groups; 1 to 1 direct work with children and young people; group work; whole class workshops; drop ins; family support.

Age range

EYFS. 4-17 years children and young people. Support is also offered to parents & carers on a wide range of issues – including parenting.

Referral route

Via Head/Deputy Head at school – who commission our service – or through other schools individually for sessional work.

Address

Caritas Schools’ Service
Caritas House
4 Nobby Stiles Drive
Collyhurst
Manchester
M4 4FA

Telephone

0161 817 2250

Email

schoolsadmin@caritassalford.org.uk

Website

www.caritassalford.org.uk

Chapman Barker Unit



The Chapman Barker Unit is a 26 bed regional detoxification inpatient unit that offers a truly unique, medically managed and recovery-focused treatment for men and women with substance misuse problems.

We believe that each person with a drug and/or alcohol problem is unique and as such should be offered treatment programmes that are individually designed to meet their needs.

The unit has two admission pathways, pathway one is planned admissions for service users with complex substance misuse problems and co-existing physical and mental health concerns, and the second pathway is RADAR.

At Greater Manchester West we are home to the UK first RADAR referral pathway (Rapid Access Detoxification Alcohol hospital) this pathway is a bespoke 5-7 day rapid alcohol detoxification programme.

Support available

Detoxification inpatient unit that offers a truly unique, medically managed and recovery-focused treatment for men and women with substance misuse problems.

Age range

18+

Referral route

Professional referral only - Planned Admissions: accept referrals from community based drug & alcohol services.

Address

Chapman Barker Unit, Bury New Road, Prestwich, M25 3BL - [map](#)

Telephone

0161 772 3558

Website

[Chapman Barker Unit](#)

Child Bereavement Service



The Child Bereavement Service at Gaddum is a therapy service working with children, young people to process grief and loss.

The service can offer practical support and guidance to families, individuals, professionals and anyone concerned about a grieving child.

Gaddum believe that the right support at the right time can enable a young people to find a way to live with their grief and rebuild a positive future.

Gaddum provide a needs-led therapeutic service for Salford children and young people, as they begin to explore their unique process of adjustment following bereavement.

Children and young people often find it difficult to speak directly about their thoughts and feelings, and so play and art are used as an effective communication tool to facilitate symbolic expression and appear less threatening.

Sessions usually take place weekly in an environment where the young person feels most comfortable such as school or virtual (online) at home. We are able to work with children and young people 6 months following the bereavement experienced.

Support available

- Advice
- Support
- Counselling

Age range

4 -18 years (or up to 25 with SEND)

Referral route

Self-referral [link](#)

Address

Gaddum
St Wilfrid's Enterprise Centre
Royce Road
Manchester
M15 5BJ

Telephone

0161 834 6069

Email

childbereavement@gaddum.org.uk

Website

[Bereavement Service](#)

Turnaround Project (formally Choose 2 Change)



Choose to Change project changes to Turnaround Project.

Choose to change as it was is no longer in existence due to changes in funding stream and criteria attached to this funding. To provide context to this all Youth Justice Service's within UK received funding for a 'turnaround' project to be run with a preventative lens. It was decided to use this funding within Salford to fund workers who had previously been funded within the Choose to Change project. As such, the workers will remain the same but criteria for referral will be different.

There are a number of criteria which need to be met in order to qualify as a turnaround case. Within Salford a young person will have to:

- have been spoken to by the Police for an offence where 'No further action' is being taken
- have concerns in relation to ASB raised about them resulting in an acceptable behaviour agreement (ABA)
- have been to court and been acquitted for an offence

There are also criteria which means despite the above being met they would not qualify as a turnaround case. They would not qualify if they

- are open to Early Help
- have a child protection plan
- are a child looked after

All turnaround cases will have an Early Help assessment. One to one work will be allocated based on the criteria above. Referrals will only come direct to the project from the Police, Court or ABA meetings. All other referrals/requests for services related to young people in Salford will need to go via the bridge.

Support available

This will include a mix of preventative one to one age appropriate direct work tailored to meet the need of the child. We will also support the young person to access positive activities and signpost them to other services such as local youth provision.

Age range

10-18 years

Referral route

Professional referral only: [Bridge referral](#)

Address

Salford Youth Justice, St Simon Street,
Salford, M3 7ES

Email

GrpSalford-YOT@salford.gov.uk

Community Eating Disorder Service



MFT Community Eating Disorder Service (CEDS) provides community support to children and young people up to the age of 18 with a suspected or diagnosed eating disorder including early intervention.

The team is made up of a Psychiatrist, Eating Disorder Therapists, Dieticians and family therapy.

We are a Monday to Friday service, from 9.00am to 5.00pm, with CEDS admin support available from 8.30am to 5.00pm.

We can support with:

- Anorexia Nervosa, Bulimia Nervosa and Binge Eating Disorder
- Suspected Eating Disorder
- Avoidant Restrictive Food Intake Disorder
- Significant eating or body image distress

Support available

- Assessment and intervention to reduce eating difficulties
- Family therapy and individual work to support the whole family
- Dietetic advice and meal planning

Age range

Up to age 18

Referral route

Self / professional referral

Address

The hub of this service is based within The Harrington Building, Royal Manchester Children's Hospital, Hathersage Road, Manchester, M13 9WL – [map](#)

Telephone

0161 701 0447

Email

MSEDS@mft.nhs.uk

Website

[Community Eating Disorder Service](#)

Community Mental Health Teams (CMHT)



There are 3 Community Mental Health Teams (CMHT) serving Salford, the service is an integrated specialist team offering a range of therapeutic interventions and treatments for adults over the age of 16 with severe and enduring mental health issues.

The team consists of mental health practitioners from various professional backgrounds including community psychiatric nurses, social workers, psychologists, occupational therapists, psychiatrists, administration staff and community care workers.

The team aim to work collaboratively with service users, carers and other agencies to promote recovery and social inclusion.

Support available We provide needs-led support that is time-limited and responsive to changes in service users' and carers' circumstances.

Age range	16+
Referral route	Self-referral
Address	Prescott House, Prescott St, Little Hulton, M28 0ZA – map Cromwell House, Cromwell Rd, Eccles, M30 0GT – map Ramsgate House, Ramsgate St, Higher Broughton, M7 2YL - map
Telephone	Cromwell House: 0161 787 6000 Ramsgate House: 0161 358 0732 Prescott House: 0161 702 9368
Website	Community Mental Health Team

Community Paediatrics



The community paediatric team in Salford have special expertise in child development and disability and are part of the national networks in managing these areas.

Our holistic approach for all clinics allows multiple issues to be dealt with at a single appointment.

Statutory duties are fulfilled with specific services for vulnerable children, including cared for children and those going through the adoption process; and medical assessment and advice for children undergoing statutory assessment of special educational needs.

Support available Community based advice; advocacy; consultation for professionals; family support; information and support.

Age range	0-18 years
Referral route	Referral by health, education and social care professionals
Address	Paediatric team, 7th Floor St James's House, Pendleton Way, Salford, M5 5FW
Telephone	0161 206 0276
Email	paeds.referrals@nca.nhs.uk

Connexions



Salford Connexions help young people aged 16-18 to move into new education, training and employment opportunities.

Our service includes:

- Careers advice
- Advice and support to apply for apprenticeships
- Job-searching
- CVs, job applications and interview preparation
- Information and advice on local, training opportunities
- Referrals to partner agencies for specialist support

Our service includes:

- Careers advice
- Advice and support to apply for apprenticeships
- Job-searching
- CVs, job applications and interview preparation
- Information and advice on local, training opportunities
- Referrals to partner agencies for specialist support

Age range

16-18

Referral route

Self-referral

Address

The Connexions Service is available from a range of venues in Salford including:

- Pendleton Gateway
- Walkden Gateway
- Little Hulton Library
- Swinton Gateway
- Eccles Gateway
- Irlam Library
- Cadishead Library

Telephone

0161 393 4500

Email

salford@careerconnect.org.uk

Website

[Salford Connexions](#)

Critical Incident Team



The Educational Psychology Service (EPS) work in schools, early years settings and colleges to offer support in the event of a Critical Incident.

A critical incident is an event that impacts on the school community e.g. the sudden death of a pupil or teacher. The team work to enhance the school's own support and coping strategies following a critical incident, and to help the school to understand and manage the range of responses to the incident.

In the event of a Critical Incident the EPS Critical Incident Team will offer schools:

- Phone advice / guidance.
- School visit, within 24 hours of the request to support in school response to the incident, to provide guidance on immediate, medium-term and long-term action relating to the specific incident. The aim will be to support school leadership to support their children, staff and parents.

Further work may also be agreed, e.g.

- A briefing to all school staff
- Small group work with the school staff most affected
- A drop-in session for parents

Support available

Advice; support; training; consultation for professionals

Age range

Up to age 25

Referral route

Professional referral only - Service can be accessed via the school SENCo.

Address

Burrows House, 10 Priestly Road,
Wardley Industrial Estate, Worsley, M28
2LY

Telephone

0161 7780476

Email

EPS@Salford.gov.uk

Early Detection & Intervention Team



EDIT is a service aimed at detecting and providing cognitive therapy for people at high risk of developing mental health problems (e.g. psychosis). We aim to reduce distress, confusion, and the development of more serious mental health difficulties and help to get people's lives back on track.

Early Detection and Intervention Team (EDIT) is a specialist psychological therapy service that works with young people aged 14 – 35 years.

Some of the issues we can support:

- Hearing or seeing things that others cannot
- Feeling paranoid or suspicious of people or certain situations
- Unusually high or low moods
- Sleeping too much or too little
- Having difficulty concentrating and being easily distracted

Support available

- Full care co-ordination
- Evidence based group and individual psychological interventions (including CBT and Family Interventions)
- Support with medication management
- Support with accessing employment, education and vocational activities
- Support for families and carers

Age range

14-35 years

Referral route

Self-referral – service can also be accessed by GP's, Mental Health Services, Voluntary Sector, Youth Services (Connexions, YJS)

Address

Salford EDIT, Broadwalk Centre, 51 Belvedere Road, Salford, M6 5EJ - [map](#)

Telephone

0161 607 8270

Website

[EDIT](#)

Early Help (Locality Team)



Early help is the term we use in Salford to describe the way we work together with children, young people, and their families to prevent problems occurring and provide support as soon as problems emerge or re-emerge.

Families may need early help at any time because, as children develop, challenges can emerge. Equally, family circumstances can change, and families can need more support.

Evidence tells us the sooner a family receives help, the sooner they are able to improve their situation and prevent the need for longer term support or statutory intervention.

If you identify that a child, young person and their family has more complex needs which require an integrated and coordinated multi-agency approach, with longer and more intensive intervention, A referral to The Bridge Partnership may be made to request support from the Early Help Service.

Age range	0-25
Referral route	The Bridge Partnership
Contact details	Central: Broughton Hub, 50 Rigby St, Salford M7 4BQ North: Swinton Gateway, 100 Chorley Rd, M27 6BP South: Irlam and Cadishead Family Hub at the Academy, Station Road, Irlam, M44 5LH West: Little Hulton Family Hub, Longshaw Drive, Little Hulton, M28 0BD
Website	https://www.salford.gov.uk/children-and-families/early-help-for-families/ https://www.partnersinsalford.org/salford-0-25-advisory-board/early-help/
Telephone	0161 686 7229

Early Help Assessment



The Early Help Assessment (EHA) is the tool we use in Salford to capture an assessment of the current needs of a child or young person and their family.

An Early Help Assessment should be completed in partnership with the whole family to explore and develop a shared understanding of their strengths and needs capturing the family's views and voice in one place, preventing families from repeating their story.

It should recognise and reinforce the strengths of families and their communities, empowering them to create their own solutions and build resilience and independence.

Early Help Assessments help to empower families to achieve change as they are in the 'driving seat' as an active participant in the process of identifying their strengths, needs and desired changes and agreeing their family plan.

Practitioners involved with the family should work together to contribute to the assessment to form one family plan that makes clear who is doing what and when. The Family Plan should be shared with the family and others involved and be reviewed regularly through Team Around the Family Meetings (TAF).

Age range	0-25
Referral route	Early Help Assessment Coordinators can offer advice and support to families and practitioners regarding the Early Help Assessment and TAF process. Email EHAT@salford.gov.uk or call
Website	Early Help Assessment Training https://safeguardingchildren.salford.gov.uk/professionals/multi-agency-training/sscp-training-programme/ Early Help Assessment information https://www.partnersinsalford.org/salford-0-25-advisory-board/early-help/early-help-assessment-and-team-around-the-family/
Telephone	0161 686 7229

Early Help: Relationships Matter



Salford Early Help Service work with the whole family using a Family Partnership approach to understand each person's strengths and needs. Early Help Practitioners help families to then identify ways to address their needs and support this change through regular reviews.

Relationships Matter offer:

Sex and Relationship: Direct work with parents and young people around sex and relationships (the service only addresses low risk behaviours). This work will also cover low risk issues around online safety and low risk CSE if appropriate.

Family Conflict: Direct work, using a range of age appropriate tool to address family conflict (e.g. helping families to develop better communication skills, practice new skills for dealing with conflict to help them develop stronger relationships)

Children's Mental Health Support: advice and information in relation to children's mental health. In the Central and South teams the ICRS project, in partnership with 42nd Street and MIND, provides more specialist services and works directly with children and young people with more complex mental health needs.

Age range	0-19 years
Referral route	Self-referral / professional referral via the Bridge
Contact details	Central: Broughton Hub, 50 Rigby St, Salford, M7 4BQ Central.locality@salford.gov.uk North: Swinton Gateway, 100 Chorley Rd, M27 6BP; North.locality@salford.gov.uk South: Irlam and Cadishead Family Hub at the Academy, Station Road, Irlam, M44 5LH South.locality@salford.gov.uk West: Little Hulton Family Hub, Longshaw Drive, Little Hulton, Salford, M28 0BD West.locality@salford.gov.uk
Telephone	0161 686 7229
Website	Early Help for families

Education Inclusion



We provide help, advice, training, guidance and support to those children, young people and their families who are experiencing education related difficulties especially around regular attendance at school.

We also provide support and challenge to schools, social care teams and other professionals relating to the education of children.

We offer specific support and advice regarding:

- School admissions
- School attendance
- Prosecutions
- Children Missing Education (CME)
- Exclusions
- Reduced Timetables (RTT)
- Elective Home Education
- Alternative Provision

For children at risk of educational neglect referrals can be made to Education on Track (multi-agency panel)

Support available

- Consultancy for education, social care and other professionals surrounding all aspects of education
- Provide links and resources to support children, parents, schools and practitioners
- Support multi-agency meetings
- Training for all professionals who work with children and families

Age range

School age (5-16 years)

Referral route

Admissions: school.admissions@salford.gov.uk
Education Welfare: EWS@salford.gov.uk
Exclusions: School.exclusions@salford.gov.uk
Elective Home Education:
ElectiveHomeEducationAdmin@salford.gov.uk
Alternative Provision: altpro@salford.gov.uk
Education on Track:
educationontrack@salford.gov.uk

Website

[Education Welfare Service](#)

Educational Psychology Service (EPS)



Salford Educational Psychology Service (EPS) is dedicated to helping schools and settings to identify and meet the Special Educational Needs and Disabilities (SEND) of young people (0-25 years) and promote inclusion. As a team we offer a vast range of psychological assessments, interventions, training and research projects to meet the needs of schools, early years settings and colleges. We are grounded by our core values of kindness, curiosity, connection, authenticity and reflection, which focus us on working collaboratively with partners with mutual respect and in ways which best fit the purpose for involvement.

Educational Psychologists work with settings to support them to meet the needs of their school community. This may include a range of work such as, individual casework, group work and interventions, time limited therapeutic work, training, research projects and other forms of systemic work.

The Educational Psychology Service have developed the Emotionally Friendly Settings Programme. This is a flexible whole setting approach to improving children and young people's mental health and wellbeing.

New resources: [Emotionally Based School Avoidance \(EBSA\)](#) - good practice guidance for schools and support agencies, along with information for children & young people, parents and carers

Support available

Salford EPS is an evidence-based consultation service. Consultations have been found to be crucial in effecting positive change for young people, teachers and families. Consultation is a form of assessment. Other assessment might include, observations, gathering the voice of the child or young person or assessment of skills and development.

Age range

Up to age 25

Referral route

Professional referral only - Service can be accessed via the setting SENCo / Inclusion Lead

Address

Unity House, Chorley Road, Swinton, Salford, M27 5AW

Telephone

0161 778 0476

Email

EPS@Salford.gov.uk

Website

[Educational Psychology Service](#)



The community FCAMHS NW is a multi-disciplinary service with a range of clinical expertise. We are a community service that provides outreach across the North West of England. We work with agencies to ensure best practice in managing complex needs and high risk behaviours in young people.

We also have access to the services of a wider multi-disciplinary team working in the young people's services at GM Mental Health NHS Foundation as required.

Support available

- Risk management advice
- Liaison
- Specialist assessment
- Complex case formulation
- Intervention
- Training
- Clinical consultation
- Specialist interventions

Age range

Up to age 18

Referral route

Professional referral only – referrals by Youth Justice Service, Mental Health, Education, Children's Services, Fire & Police, Youth Services

Address

If you are concerned about a young person's risk of behaviour please telephone: **0161 358 0585**

Telephone

A referral form can be requested through: gmmh-ft.fcamhsnw@nhs.net

Website

[Forensic Child and Adolescent Mental Health Services](#)

Family Nurse Partnership (FNP) is a free and voluntary program for first time mums (and dads). A specially trained family nurse visits the young person regularly, from early pregnancy until the child is two.

We service can support the following:

- Personal health – building positive health practices
- Environmental health – Managing home and neighbourhood to ensure healthy child development
- Life course development – working towards future aspirations including education and employment
- Maternal role – developing skills and knowledge, promoting the health and development of their child
- Family and friends – developing the skills to build positive relationships and enhance social support
- Other health and human services – enabling access to services

The Family Nurse Partnership Program aims to enable young mums to:

- Have a healthy pregnancy
- Improve their child's health and development
- Plan their own futures and achieve aspirations

Support available

The FNP program is delivered by specially trained nurses. They use carefully designed materials, activities and evidence-based approaches within home-visits.

Referral route

Self-referral

Address

Cleveland House, 224 Eccles Old Road,
Salford, M6 8AL

Telephone

0161 206 0412

Email

salford.fnp@nhs.net



The Family Practitioners Service has joined the Integrated Social Work Service.

Family Practitioners will deliver an integrated family support service for Children in Need and Children on Child Protection plans and their families, that is effective in protecting children from harm and promoting family wellbeing.

Children and their families can be referred for support by the child's social workers.

The approach to interventions is based on the Family Partnership Model and system, trauma informed practice, and includes:

- Domestic abuse related interventions: to develop insight into healthy relationship, social isolation, increase self-esteem, safety planning and impact on children
- Neglect related interventions: thriving family's approach to improve home conditions, parenting support -boundaries, supervision etc.
- Physical abuse related interventions: parenting support to develop insight on impact on children, good parenting strategies etc.
- Emotional abuse related interventions: therapeutic intervention to develop attachments, safety planning around self-harming behaviours
- Parental capacity building: housing support, budgeting skills, accessing community-based resources / local offer

Support available

- Targeted therapeutic interventions by a therapeutic social worker
- Therapy / Support
- Parental support
- Consultation for professionals

Age range

All Ages

Referral Route

Professional only: via child's Social Worker.

Emergency/ Duty service via a duty rota each weekday

Galaxy House



Galaxy House is a 12 bedded specialist mental health in-patient unit that provides care for children up to 13 years with a range of neuro-developmental and psychosomatic difficulties, and young people up to 18 with eating disorders (ED) and pervasive avoidance withdrawal syndrome. (PAWS).

- Specialist mental health inpatient treatment for children and young people
- Inpatient assessment and treatment delivered by a multi-professional team.
- Education via in-house school.
- Rehabilitation programmes for young people with PAWS
- Dietetic and post-discharge support for young people with ED

Support available

Counselling / therapy; support

Age range

6-13 years (up to 18 years for ED and PAWS)

Referral route

Professional referral only - Referral by Consultant Child and Adolescent Psychiatrists in District Child and Adolescent Mental Health Services.

Address

Harrington Building, Royal Manchester Children's Hospital, Oxford Road, Manchester, M13 9WL - [map](#)

Telephone

0161 701 5197

Website

[CAMHS - Galaxy House](#)

Gardener Unit



The Gardener Unit caters to young people with serious mental illness or concern of a significant psychiatric disorder with significant levels of risk. These will be young people who require assessment and/or treatment and/or rehabilitation, and who could not otherwise safely receive this in a non-secure hospital setting or custody setting.

The service aims to maximise young people's hope about their future, enabling them to develop safe autonomy, and promoting opportunities for positive achievement. The unit is recovery oriented with recovery being client-centred. The Gardener Unit team recognise the unique and diverse needs of young people and provide quality residential care.

The unit contains 10 beds and is for boys between the ages of 11 and 18 years. Within the unit is a purpose built intensive care facility.

The multi-disciplinary team work within the Care Programme Approach (CPA). Wherever possible this involves working closely and collaboratively with the young person, involved professions, other agencies, families and carers.

Support available

Adolescent Forensic Mental Health Assessment is multi-disciplinary, comprehensive and holistic; this includes psychiatric, neurological, psychological and educational assessments. Treatment interventions are cognitive-behavioural in emphasis and also draw upon psychodynamic therapies.

Age range

Males aged 11-18

Referral route

Professional referral only - Health Professional referrals

Address

Gardener Unit, Bury New Road, Prestwich, M25 3BL - [map](#)

Telephone

0161 772 3425

Website

[Gardener Unit](#)

GM & Salford Bereavement Service



We are here to listen and help to find support for anyone who resides in any borough in Greater Manchester that has been bereaved or affected by a death; no matter how long ago since the death. No one needs to feel alone as they deal with their grief.

The service also has dedicated suicide bereavement practitioners to ensure that those bereaved or affected by suicide can speak to someone who will have a greater understanding of what they may be going through and help them access appropriate support.

The service also provides support for professionals seeking advice.

You do not need to feel alone as you deal with your grief.

The website includes:

- An [interactive map](#) of what bereavement service are available locally
- [Resources](#) for anyone who has been bereaved or affected by a death

Salford Bereavement Service

Salford Bereavement Therapy Service offers 1-1 bereavement counselling. We provide 6 to 8 bereavement counselling sessions on a 1-1 basis. The bereavement needs to have occurred over 6 months ago.

Age range

Open for all who need support.
CYP will be directed to more localised support. (GM Bereavement Service)

16 & Over (Salford Therapy Sessions)

Referral route

Self referral

Telephone

0161 983 0902

Monday to Friday, 9am – 5.00pm
(except bank holidays)

Email

gmicb-sal.gm.bs@nhs.net

Website

[GM Bereavement Service
www.shiningalightonsuicide.org.uk/bereaved](http://www.shiningalightonsuicide.org.uk/bereaved)

Address

8th Floor 2, City Approach, Albert St,
Eccles, Manchester M30 0BL

GPs & Practice Nurses



GPs and Practice Nurses deal with a whole range of health problems. They provide health education and can offer advice on sensitive health issues that young people may not feel comfortable talking through with parents, peers or other professionals. This could include advice or referrals around smoking, drugs, alcohol use or sexual health.

They are available to discuss issues around safety and the effect this could be having on health and wellbeing. This works best if advice or support is obtained as early as possible.

GPs usually work in practices as part of a team, which includes nurses, healthcare assistants, practice managers, receptionists, and other staff. Practices also work closely with other health and social care professionals, such as health visitors, midwives, mental health services and social workers.

GP surgeries can be found locally across Salford.

Support available

GPs provide care during what are known as core hours from 8.00am to 6.30pm. You can make an appointment with your practice for medical advice, examinations and prescriptions.

GPs also provide an out-of-hours service - just ring your normal GP's number.

Age range

All ages

Referral route

To access your local GP you will need to register with the practice

Everyone is entitled to register. GP Practices may ask for proof of ID, address, immigration status or an NHS number however this is not a requirement to receive care or see a GP

Website

To find local GP practices:
www.gmintegratedcare.co.uk



Harbour is a domestic abuse service for children and young people who live or go to school in Salford.

We support those aged between 5-18 who have experienced domestic abuse either in their home or in their own relationships.

We offer a range of support – one to one sessions, counselling via TLC, R'Space programme, workshops, children and family support, and young person who harms support.

Age range	5 – 18 years
Referral route	Professional referral
Telephone	07907 793223
Email	salfordcypteam@tdas.org.uk



Support includes reviewing the children’s health, development and progress, and supporting families in helping to ensure their children reach their maximum potential.

The service can support the following:

- Domestic violence
- Postpartum psychosis
- Post-natal depression
- Anxiety
- Infant Mental health bonding / attachment
- Substance misuse
- Smoking / Alcohol

Support
available

- New baby reviews
- Providing antenatal/ postnatal parenting programmes
- Supporting general access to ‘talking therapies’ and parental support
- Providing assessment of parental mental health needs including maternal mental health
- Early identification of attachment/bonding concerns
- Delivering health promotion, advice and support
- Supporting breast feeding and promoting secure attachment

Referral route

Self-Referral

Address

The service has location across the city, for more information please visit the website (link below)

Telephone

Higher Broughton: 0161 212 4582
Little Hulton & Walkden: 0161 212 5229
Swinton: 0161 212 5122
Irlam: 0161 212 5421
Eccles: 0161 212 5525
Langworthy: 0161 212 4321

Home-Start Trafford, Salford, Wigan



We provide support and friendship for families who are struggling to cope with a wide range of situations such as loneliness, mental ill health, disabilities, multiple children, and increasing poverty and debt, support is provided to help prevent crisis and family breakdown.

We recruit, train and support volunteers who are parents from the local community, to visit families in their own homes for 2-3 hours per week in order to provide practical help and emotional support to families.

Support available

As a parent you might ask for Home-Start's help for all sorts of reasons:

- You may be feeling isolated in your community, have no family nearby and be struggling to make friends
- You may be finding it hard to cope because of your own or your child's illness
- You may have been hit hard by the death of a loved one
- You may be really struggling with emotional and physical demands of having twins or triplets – perhaps born into an already large family
- Help is at hand. We support any family living in Salford or Wigan who have at least one child under the age of two and who maybe finding it hard to cope.

Referral route

Self-Referral

Age Range

Any family living in Salford who have at least one child under the age of two and who maybe finding it hard to cope

Address

The service has locations across the city, for more information please visit the website (link below)

Telephone

0161 865 4222

Email

admin@hsts.org.uk

Website

[Home-Start Trafford Salford and Wigan](http://www.home-start.org.uk)

I-Start (Stronger and Resilient Together) Pathway for Cared for Children & Young People



i-START is an emotional health and wellbeing screening pathway for all Cared for Children and young people in Salford. Utilising clinical data from Strengths and Difficulties Questionnaires (SDQs) and other selected clinical measures, Salford CAMHS for Cared For Children (STARLAC) clinicians screen young people for indicators of emotional distress and mental health concern.

These screening assessments are offered for all children aged five and over, six weeks after they come into Local Authority care, and annually thereafter.

The screening can help establish if a child is coping with the circumstances of entering Local Authority care, or whether they would benefit from any additional help to feel emotionally healthy within their placement.

The screening identifies areas of strength and resilience as well as vulnerability and can lead on to further signposting, clinical assessment or mental health and risk support as required, to ensure young people receive early and proactive support when this is most needed.

Support available	Routine emotional health and wellbeing screening assessment for young people entering care and annual reviews by mental health professionals from STARLAC
Age range	5-18 years
Referral route	Internal Social Care and CAMHS pathway accessed when a child becomes Cared For
Address	Unity House, Chorley Road, Swinton, M27 5DW
Email	Amanda.mcleod@salford.gov.uk Mft.salford-camhs-caredforchildren@nhs.net

Integrated Community Response (ICR)



ICR is a multi-agency service led by 42nd Street, supported by Mind in Salford, Self Help Services and CAMHS and is integrated with Salford's Early Help and Family Hubs.

The service provides targeted Early Help support for children and young people (11-18 years) presenting in mental health distress and at risk of crisis presentation via A&E or social care services.

The aim is to identify children and young people on the 'edge of crisis' and offer early and brief interventions to prevent the issues from escalating further or, could be offered as a step down from crisis.

ICR 42nd Street: supports young people with mental health, emotional wellbeing, risk and psychosocial (situational / environmental) distress. ICR Mental Health Practitioners (MHP) offer consultancy to EHP and wider multi agency with 2 full time MHP based in Salford EH Hub settings.

Salford MIND: works with family or children and young people if someone in the home is 11-18 yrs. Examples of work: Universal credit claims and disputes, debts etc.

CAMHS: give consultation / advice to practitioners on formulation, risk and mental health of children and young people in the service.

Self Help Services: offer online interactive etherapy to help children and young people with how thoughts have an impact on feelings, physical symptoms and behaviours.

Age range

11-18 (up to 19th birthday)

Referral route

Referral pathways as follows:

- Salford PRU's
- Early Help Central & South
- Child in Need
- Youth Service

Contact

ICR - Central Early Help:
sian.fawcett@42ndstreet.org.uk /
07511044504

ICR: Salford Early Help South:
tamzin.broderick@42ndstreet.org.uk /
07511044489

Self Help: Meg Woods: 07946887160
meg.woods@thebiglifegroup.com

MIND: neil@mindinsalford.org.uk
07913130152

CAMHS: Speak to your Mental Health Practitioner (MHP)

Integrated Sexual Health Service



Integrated Sexual Health Service

Salford's Sexual Health service is now part of The Northern Sexual Health, managed by Manchester University NHS Foundation Trust. The Northern Contraception, Sexual Health Service provides free and confidential care across Salford, with plans to create 5 additional clinics across Salford - locations to be confirmed soon.

The service's hub is still based at the Lance Burn Medical Centre in Pendleton, and you can book an appointment online by creating a Personal Health Record, calling 0161 388 4982, or sending an email to salford.sexualhealth@mft.nhs.uk.

Detecting sexually transmitted infections (STIs) quickly is important to avoid spreading them and improve treatment. You can get free and convenient STI home testing kits by visiting thenorthernsexualhealth.co.uk/home-testing-kits, even if you do not have any symptoms. The kits use discreet packaging and can be sent back in a pre-paid envelope. Results are usually returned in less than 2 weeks.

Free condoms can be picked up from the Beacon Centre (London Street, Salford M6 6QT). Emergency hormonal contraception, also known as the 'morning after pill', can be accessed for free at participating pharmacies in Salford. For contraception – including coils, implants, and the pill – contact your GP in the first instance.

Age range	13+
Referral route	Self-referral- appointments available by booking online via patient health record
Address	Lance Burn Medical Centre, Churchill Way, Salford M6 5QX
Contact	0161 388 4982
Email	Salford.SexualHealth@mft.nhs.uk
Website	https://thenorthernsexualhealth.co.uk/

Junction 17



Junction 17 is a Specialist Adolescent Mental Health Service for young people aged 13-17 who require assessment and treatment for a range of complex mental health difficulties.

The service provides support to those young people with the most complex of needs and who require admission into a specialist unit or require enhanced community services.

This includes young people with serious mental illness including:

- Psychosis
- Bipolar affective disorders
- Eating disorders
- Dual diagnosis
- Young people with emerging personality difficulties

Support available Junction 17 provides a wide range of services both in the community and within a state-of-the-art inpatient unit 24/7.

Age range

13-17 years

Referral route

Professional referral only - Young people are only admitted to Junction 17 if they are in crisis or cannot be safely cared for by community services or other alternatives.

Patients are referred through a number of routes including:

- Community Child and Adolescent Mental Health Services
- Accident & Emergency Departments
- Paediatric Inpatient Wards

Address

Junction 17, Bury New Road, Prestwich, M25 3BL - [map](#)

Telephone

0161 773 9121

Website

[Junction 17](#)

Soluna (previously Kooth)



Soluna by Kooth is the next chapter of the safe mental health support Kooth has provided to young people for over 25 years. Available as an app or through any web browser, the free service gives children and young people a safe space to manage their mental health and wellbeing.

Provided in partnership with the NHS and local councils, Soluna retains the same clinical model, safeguarding standards, governance and professional support, but with a new look and feel. It offers [BACP](#) -accredited one-to-one text chats with qualified practitioners, evidence-based self-help tools and pre-moderated peer communities. No referral is required, and there are no waiting lists.

For more information, go to <http://solunabykooth.com/>

Support available

Information, support and online counselling

Age range

10- 25 years

Referral route

Self referral

Contact

For professionals:
[Professional Support](#)

For families:
[Families](#)

Website

[Soluna](#)

Lifecentre Salford



Lifecentre Salford has worked with children, young people and their families in Salford for 25 years. All our activities are free, and evidence based for maximum impact. Children, young people and families become part of the Lifecentre, building community connections and support where they can receive help and give back. Our sessions are led by strengths based, trauma-informed staff and volunteers.

We work with the local community and volunteers to provide a range of activities:

Nurture Breakfast Group - Emotional literacy group with breakfast for children from Willow Tree Primary School

Little Stars Kitchen - Cooking course for children under 5 and their parents

Kids Matter - Parents support and information course

Youff - Sessions for 11-18 year olds to learn new skills, get active and make friends (3 after school/evenings per week) Including Duke of Edinburgh Award and 1:1 mentoring

Salford Scorpions - Flag American Football sessions to get active every week (age 8-18) in a fast-growing sport in Salford. All equipment can be funded by bursary.

Theraplay - Theraplay informed sessions to support attachment for parent and child (donation required)

We work with Schools to support fantastic transition for our Y6-Y8 pupils. We deliver lessons to Year 6's on being ready for High School and afternoon teas to engage parents in the process. Secondary schools complete our transition quality mark the [Moving On Well Award](#) to showcase and improve their transition practice

Support available

Physical activity sessions
Youth activities
Parent support
Therapeutic sessions
Cooking skills
Individual mentoring
School lessons
Quality mark for schools

Age range

3- 18 years

Referral route

Self referral - Contact us by email/phone

Address

Lifecentre Salford, 219 Langworthy Road,
Salford. M6 5PW

Contact

0161 736 7644 / 07467 895588
administrator@lifecentre.org.uk

Website

[Lifecentre Salford | Christian Charity In Action](#)

Liberty House



Liberty House is a 16 bed accommodation with support for homeless young people aged between 16 and 24. Priority is given to 16/17 year olds and applicants must have a Salford connection.

Successful applicants will be expected to work towards education / employment or training and all young people are supported with independent living skills such as:

- Budgeting
- Cooking
- Managing their accommodation
- Moving on positively

Liberty House have excellent links with health and wellbeing providers in the community. All young people are supported to register with a local GP, dentist and optician. Referrals will be made to relevant agencies for specialist health or emotional wellbeing needs. The service also offers a weekly session with a professional counsellor if individuals wish to engage with this.

Support available

Advice; advocacy; counselling / therapy; information; signposting; support.

Family members can be involved in elements of support with consent from the young person and if deemed appropriate.

Age range

16-24 years

Referral route

Self / professional referral

Address

100 George Street South, Salford, M7 4PQ - [map](#)

Telephone

0161 4920191

Email

liberty@adullam.org.uk

Website

[Adullam Homes](#)

Maternity Services



Saint Mary's Hospital provides maternity services for women living in central Manchester, Trafford and Salford with primary, secondary and tertiary obstetric care. The hospital is renowned both regionally and nationally for its clinical, research, fetal and maternal medicines services.

The models of care provided to women are both consultant and midwifery led with an established midwifery led team delivering care to low risk women and a multidisciplinary team comprising of obstetricians, midwives, anaesthetists, neonatologists and physicians providing care to women with specialist fetal and maternal needs.

The service can support, and where appropriate, make referrals with the following:

- Stress in pregnancy
- Low birth weight
- Parental mental illness (including post-natal depression)
- Supporting the emotional and social wellbeing of the infant.
- Teenage pregnancy

Support available

Antenatal assessment units at Saint Mary's Hospital and Salford Royal.

Age range

We see young people regardless of their age range who require access to maternity services

Referral route

Professional referral only: via GP/community midwife

Address

Saint Mary's Hospital, Oxford Road, Manchester, M13 9WL – [map](#)

Telephone

0161 276 6429

Website

[Saint Mary's Hospital](#)

Midwifery Service



Maternity services for the women and families of Salford are offered by the following NHS Trusts:

- Central Manchester University Hospitals NHS Foundation Trust
- Bolton Royal NHS Trust
- North Manchester General Hospital
- Warrington General Hospital

In the case of health visitors/midwives, identifying and referring appropriately in cases of stress in pregnancy, low birth weight, parental mental illness (including post-natal depression), supports the emotional and social wellbeing of the infant.

Universal maternity care is provided to all pregnant women, in addition the following services are available:

- Specialist Midwife for Young Parents
- Specialist Midwife for Asylum Seekers and Refugees
- Specialist Midwife for Mental Health/Drugs and Alcohol
- Specialist Midwife for HIV and Screening
- Neonatal Outreach Team

Support available

Support can be provided in the home, community settings and clinics

Age range

We see young people regardless of their age range who require access to the Midwifery service

Referral route

Referral from GP

Address

Salford Royal, Stott Lane, Salford, M6 8HD (this would be dependent on Hospital of choice)

Telephone

0161 789 7373

Mind in Salford is an independent, user focused charity providing quality services to make a positive difference to the Mental Health of the people of Salford.

Mind campaigns for the improvement of statutory services and fights the stigma and discrimination that many people with experience of mental or emotional distress still face.

We try to involve our volunteers and users of our services in our work, valuing diversity, focusing on quality and following principles of social inclusion and recovery.

Support available

- Advocacy
- Welfare Rights & Debt Advice
- Mindfulness

Age range

18+

Referral route

Self-referral

Address

Mind in Salford, The Angel Centre, 1 St Philips Place, Salford, M3 6FA - [map](#)

Telephone

0161 212 4880

Email

info@mindinsalford.org.uk

Website

[Mind In Salford](#)

Odd Arts

Odd Arts uses theatre to overcome inequalities & increase opportunities for people facing the greatest level of discrimination & disadvantage.

All our theatre is:
Restorative
Trauma informed
Anti-racist

We have many varied theatre and creative offers for people within the community, education, health & criminal justice settings.

The type of projects we offer include:
Interactive theatre workshops aimed at preventing risk & increasing wellbeing, themes include: Mental health; Racism & discrimination; Exploitation; Sexual assault

Therapeutic theatre projects

Community led social action projects using theatre, film & the arts as a form of protest or campaign, to address community grievances, causes & inequalities

We deliver mental health related theatre workshops in most Salford high schools as well as youth justice & health settings.

Creative free 9-12 week mental health programme, referrals to info@oddarts.co.uk

All workshops and offers free at the point of use

Age range 10+ years

Referral route Self referral or professional referral

Address Aquarius Centre
21 Eden Close
Hulme
Manchester
M15 6AX

Email info@oddarts.co.uk

Website www.oddarts.co.uk

Parent and Infant Relationship Service (PAIRS)

Salford PAIRS offers support to parents/ carers and their babies, from conception up until the baby is 2 years old, who may be concerned about how their relationship with their baby is developing.

We aim to support parents to build a positive and satisfying relationship with their baby.

We aim to support parents/ carers and their babies to feel safe and secure, to manage the emotional demands of new parenthood, and to build positive relationships that they can both enjoy.

We will offer both individual and group support and we will think together with the parent about what might be best for them and their baby.

Age range 0-2 Years

Referral route Referral Form: [Request for Service form](#)

Address Little Hulton Family Hub, Longshaw Drive,
Little Hulton, M28 0BD -

Email salford.pairs@mft.nhs.uk

PANDA Unit



The PANDA Unit (Paediatric Assessment and Decision Area) provides dedicated emergency and short stay care for children less than 16 years of age.

This is a consultant-led service within which children can be assessed, investigated, observed and treated within 24 hours and without recourse to inpatient areas. The unit also provides a Tier 2 Paediatric referral service for residents of Salford, or those patients with a Salford GP.

Gate-keeping by Paediatric and Emergency Medicine Consultants ensures that over 96% of attendees are currently discharged home direct from the Panda Unit.

Early discharge is supported by a dedicated team of children's community nursing staff that support integrated care between Panda and primary care services.

Age range	0-16 years
Referral route	Accessed via Accident & Emergency
Address	Salford Royal Foundation Trust, Stott Lane, Salford, M6 8HD – map
Telephone	0161 789 7373 (main switchboard)
Website	PANDA Unit

Portage Service



Portage Home Visitors are part of Salford Early Help Service, Salford Portage is a home visiting educational and support offer. It is available for families who reside in Salford and have a child with developmental delay aged from birth and up until they take up their three and four-year-old funding offer or 2 year old funding. Offer, usually the term after their second or third birthday

Salford Portage aims to:

- Provide support, advice, and guidance
- Supports parents to acquire the skills necessary to promote their child's development
- Celebrate the child's achievements
- Develop strong partnerships with parents and other professionals
- Signpost families to relevant services and support groups
- Support the inclusion of children with additional needs into early years provision and school

What do Portage Home Visitors do?

Portage Home Visitors focus on the development of play, communication, relationships, and learning. They visit children and their families at home, working in partnership with parents or carers to develop play-based activities that support all areas of development. Portage Home Visitors will use information from parents, observations, and appropriate assessment tools to identify goals for future learning. Portage Home Visitors work closely with other practitioners/professionals to ensure a holistic approach to meeting the child's needs. The Portage Home Visitor can also take on the role of lead professional or non-designated key worker when appropriate.

Age range	0-5 years
Referral route	Professional referral preferred but self accepted
Telephone	0161 778 0384
Referral	Make a referral via Childrens Portal
Website	Parents and childcare

Primary Inclusion Team (SEMH)



The Primary Inclusion Team is a group of teachers and a learning support assistant who work closely with primary schools across Salford, using holistic approaches to support pupils with social, emotional and mental health needs. Whilst there is an emphasis on early intervention, we are also able to work as part of a multi-agency approach for pupils displaying more complex behaviours.

We offer bespoke SEMH training, staff meetings, INSET sessions and twilight training for teachers, support staff and welfare staff. This includes:

- Strategies to support SEMH needs within the classroom
- An introduction to Attachment Theory
- An introduction to ADHD
- Assessing SEMH needs
- SEMH Practitioner CPD

Our group interventions are available for pupils aged 5–11 years. They cover self-esteem, anxiety, managing emotions, friendship and social skills, anger management, sensory play and transition to secondary school. We support schools to complete relevant assessments to measure progress and demonstrate impact, and we provide staff with copies of the intervention planning to support ongoing implementation. These interventions can be delivered by an experienced learning support assistant, or copies of the intervention programmes can be purchased from the Primary Inclusion Team website. In addition to group interventions, bespoke one-to-one therapeutic sessions can also be delivered in schools.

Support available

Classroom observations, Coaching for teachers, CPD opportunities, Multi-agency work, SEMH learning walks
ECT support, SENDCo support
LSA support
Group interventions and 1:1 therapeutic work for children with SEMH needs.

Age range

3-11 years

Referral route

We only accept referrals from primary schools in Salford

Address

Alder Brook PPC and Lewis Street
Primary School

Telephone

0161 9212653 / 0161 9211830

Email

pitreferrals@salford.gov.uk

Website

www.pitreferrals.org

Prince's Trust



The Prince's Trust helps 13 to 30 year-olds who are unemployed or struggling at school to transform their lives. More than three in four will achieve a positive outcome, moving into jobs, education and training.

Many of the young people we help are in, or leaving care, facing issues such as homelessness or mental health problems, or have been in trouble with the law.

Our free programmes give young people the practical and financial support they need to stabilise their lives. We help them develop key skills while boosting their confidence and motivation.

Our programmes support personal and social development through a range of activities which helps young people to build confidence, aspirations and resilience to enable progression into positive outcomes around education / training / employment.

The Prince's Trust, while not a specialist mental health service, does deliver programmes that support emotional health and wellbeing.

Support available

Our programmes support personal and social development through a range of activities which helps young people to build confidence, aspirations and resilience to enable progression into positive outcomes around education / training / employment

Age range

13-30 years

Referral route

Self-referral

Address

The Princes Trust Centre, Maple House, Cemetery Road, Salford, M5 5WG - [map](#)

Telephone

0800 842 842

Email

Text 'call me' to 07983 385418

Website

www.princes-trust.org.uk

Project Gulf (GMP)



Project gulf is GMP Salford's Organised Crime Gang team, working under the 4 P strategies - Prepare, Prevent, Protect, Pursue.

As part of the PREPARE strategy we map Urban Street Gangs.

GULF also contains the School Engagement Project and Operation Sycamore - tackling knife crime in 10-24 year olds.

Project GULF can offer support to:

- Parents of youths involved in gangs, including CSE and CCE concerns
- People concerned in relation to specific cases of Cuckooing, Modern Slavery or Vulnerable Adults due to gang related activity.
- Persons suffering due to Gang Behaviour.
- People in gangs who wish to have support to leave.
- Schools where they feel they may need police support with Gang Cultures in schools.

We also will take any intelligence reports to ensure we are dealing with intelligence safely with regards to gang activity, child criminal exploitation, child sexual exploitation, cuckooing, modern Slavery etc.

Support available

Depending on the incident:

- Referrals
- Direct support
- Training

Age range

All ages

Contact

[GMP - Contact us](#): please complete the online form and mark FAO Salford GULF

Please note: Emails are not monitored 24/7 and emergencies should be reported via 999 or 101, depending on the incident.

Website

[Project Gulf](#)

Proud Connections



Proud Connections is a confidential one-to-one instant messaging service for LGBTQ+ young people, their families and the professionals who support them delivered by The Proud Trust.

Proud connections is operated by experienced youth workers from The Proud Trust who have a wealth of experience working with and supporting LGBTQ+ young people.

Chat Operators are LGBTQ+ themselves, and can listen and offer support and signposting or referral on to other services for ongoing support.

The service also offers a mentor programme for LGBTQ+ young people aged 13-25.

Support available

Listening, Support, Signposting & onward referrals

Age range

- Young people aged 13+
- Adults who support LGBTQ+ young people aged 8+

Referral route

Self-referral / open access

Address

The Proud Trust, 49-51 Sidney St,
Manchester, M1 7HB

[Map](#)

Email

info@theprouddtrust.org

Website

[Proud Connections](#)

Qwell.io is a free, anonymous online counselling service for adults over the age of 18 in Greater Manchester. Seven days a week, all year round.

The online counselling and emotional wellbeing platform is available to any adult who may be struggling with their mental health and offers a variety of resources, including:

- A live chat function that allows adults to contact a qualified counsellor
- Chat forums with other adults
- Crisis information
- Self help resources

Qwell provides information and support along with treatment for adults with a range of mental health problems.

Scheduled and drop-in counselling sessions are available 365 days a year and include slots at evenings and weekends

Support available

Information, support and online counselling

Age range

18+

Referral route

Self referral

Contact

Professionals queries:
kel@kooth.com

Website

[Home - Qwell](#)

Recovery, Health & Wellbeing Academy



Greater Manchester West Mental Health NHS Foundation Trust's Recovery Academy provides a range of free educational courses and resources for people with mental health and substance misuse problems, their families and carers as well as health care professionals.

The Recovery Academy offers courses to:

- Anyone who is experiencing mental health or substance misuse
- Problems their supporters (family, friends and loved ones) GMW staff, volunteers and students on placement
- Health Care Professionals

Support available	Educational courses and resources
Age range	18+
Referral route	Self-referral
Address	Recovery, Health & Wellbeing Academy, Bury New Road, Prestwich, M25 3BL – map
Telephone	0161 772 3782
Email	recoveryacademy@gmw.nhs.uk
Website	Recovery Academy

Rio Ferdinand Foundation



Rio Ferdinand Foundation works collaboratively with young people and communities to deliver progression pathways aimed at ensuring young people are socially mobile, empowered to be independent and take control of their lives and achieve their full potential.

Our work delivers under four strategic pillars: Health & Wellbeing, Safer & Stronger Communities, Sport & Social Inclusion and Skills & Training.

Current programme '**Worth My Wellbeing**' supports young people's emotional health and wellbeing at key transitional stages;

- Transitioning from primary to secondary (age 11)
- Adolescents (age 12-15)
- Age 16+

Programme includes creative workshops to build relationships and resilience, accredited youth-led social action and developing Ambassadors to shape and influence future mental health service and provision across Salford.

WMW is led by RFF and brings together partners 42nd Street, Reform Radio, SYA and Odd Arts.

Support available

Mentoring, Youth-led Social Action, Accredited Training, Progression pathways into further training, volunteering & employment.

Age range

11-25 years

Referral route

Self-referral / professional referral

Address

Salford Innovation Forum, 51 Frederick Road, Salford M6 6FP

[Map](#)

Telephone

07375 701950

Email

victoria@rioferdinandfoundation.com

Website

[Rio Ferdinand Foundation](#)

Route 29



Route29 is an integrated service and approach to supporting adolescents with complex needs. The model combines a defined culture and practice with a range of services, support and accommodation options and a team of specialists working together. At the heart of the model is a residential Hub, which provides short-term placements and outreach support.

Route29 supports adolescents aged 12 to 18 who have complex needs and are in or on the edge of care, particularly those at risk of placement breakdown. This includes young people who are ‘edging to care’ - where there is a strong likelihood of progressing to edge of care without an intervention package in place.

Three categories of young people are eligible to be referred to Route29:

- 1. **Edge of care:** children and young people who are in imminent risk of becoming cared for without significant support. This includes young people who are returning to their parents or family network, who may need further support to safeguard them.
- 2. **Edging to care:** children and young people for whom there is a strong likelihood of them progressing to Edge of Care without an intervention package being put in place
- 3. **Placement support:** cases where a placement is highly likely to disrupt without intervention.

For young people aged 16 – 18, we offer an additional level of support to those who are placed at the Salford Foyer working together through keywork sessions to build on life skills and prepare for living independently.

Support available

- Help young people to:
- Reduce high risk behaviour
 - Build and restore relationships
 - Maximise opportunity for planned transitions
 - Support achievement
 - Develop self-esteem, self-worth and resilience
 - Ensure young people in crisis receive well-organised and appropriate support

Allocated keyworker to offer family support and direct intervention with Young Person.

- Operating 365 days a year
- Outreach Support Hours: 10am – 10pm
- Residential Care short term
- Bespoke Respite Opportunities
- 16+ Provision for up to 12 weeks

Age range

12 – 18 years

Referral route

Professional referral only: Social worker (Referral on Carefirst)

Email

Route29General@salford.gov.uk

Website

[Route29](#)

Salford Childrens Rights Service



The service provides information, advice and advocacy support to cared for children, children on child protection plans, child in need plans and young people's plans. The service enables children to voice their views, wishes and feelings through the advocacy service and the Children in Care Council.

The service offer:

- Facilitation of the Children in Care Council (known as The Fight for Change Council) for children in care. Young people participate in a range of activities to influence city leaders regarding issues that affect cared for children.
- An Independent visitor service for Looked after Children, 11 to 18 years. The volunteer gives a long-term commitment to listen, guide and advise the young person during the positive activities they share together.
- An Advocacy service for Looked after children, young people leaving care, children on a child protection plan, young person's plan and child in need plan. The advocate supports children and young people to; raise issues and concerns they are unhappy with, understand what is happening in their lives, make their views known and exercise choice when decisions are being made which may include making a complaint.

Support available

Advocacy, information, signposting, support

Age range

Main service: 6 – 18 years (up to 21 years if the young person has additional needs)
Children in Care Council: 11- 18 years
Independent Visitor Service: 11- 18 years.

Referral route

Self-referral / professional referral

Address

Barnardo's office, 222, Eccles Old Road, Salford, M6 8AL Map

Telephone

0161 707 0222

Email

scrs@barnardos.org.uk

Website

Salford Children's Rights Service

Salford Connect (Complex Safeguarding Hub)



Salford Connect is a multi-disciplinary service made up of social workers, ACT workers, parenting worker, police, health specialists and transition workers. The team offer long term, intensive support to children, young people and their parents / carers at risk of, or are experiencing Child Sexual Exploitation, Child Criminal Exploitation or involved county lines.

The service offers consultations to social workers and other professionals and can be contact for advice and information. On request they might be able to offer briefings to teams, services and organisations along with their contribution to SSCB multi-agency seminars and training.

Support available:

- The social workers and ACT workers on the team will spend time developing a relationship with children, young people and their parents/carers using a strengthened based approach. Interventions will then be bespoke to the child / young person needs and personal goals.
- This work is support by the services parenting worker, nurse, speech and language therapist, CAMHS worker, Trusted Relationships Therapist and transition worker. Along with collaboration with the child/young person's social worker and other connected professionals and community opportunities.
- The police will investigate the exploitation and follow up disruption work, civil orders and the prosecutions of perpetrators.

Age range

Up to 17 years

Referral route

Professional Referral only: All children and young people being referred to Salford Connect must have a Social Worker – *children and young people must give their consent to be involved with Salford Connect.*

Address

Swinton Police Station, Chorley Road, Swinton, M27 6BA

Email

ComplexSafeguardingTeam@salfordcity council.onmicrosoft.com

Salford Family Partnership/Family Hub/Early Help



Salford Family Partnership Hubs are places in your local community offering services and support for families from different agencies in one building.

Our Early Help services are delivered to you by the Salford Family Partnership. We work together with partners to identify children and families who need help, support or guidance at the earliest possible opportunity.

The Salford Family Partnership enables families' to identify their own strengths and achieve positive outcomes for themselves. Some of our services are available to everyone but we also have some more specialised services to help some of our families in Salford.

Early Help Practitioners are based at your local hubs and they are there to support families. We use the evidence-based Salford Family Partnership Model to help you achieve positive outcomes. We can offer advice on child health, managing behaviour, sleep issues, feeding and more. We also work closely with other services and additional support can be offered with issues such as housing, finances, relationships and wellbeing

The range of services delivered through the Family Hubs includes antenatal and postnatal support, child health and health promotion, early help, relationship support, parenting support, youth provision, SEND provision (neurodevelopment pathway, early support, and portage), adult and child mental health support, inc. parent, infant mental health, living well, and emotional wellbeing.

Age range

0-19 (up to 25 for a child with SEND)

Referral route

[Family Hub Enquiry](#)
[\(\[salford.gov.uk\]\(http://salford.gov.uk\)\)](http://salford.gov.uk)

Or just search for your local hub and either phone or come in

[Family Hubs • Salford City Council](#)

Website

[Family Hubs • Salford City Council](#)
[Early help services • Salford City Council](#)

Salford Early Intervention Team



The Early Intervention Service is a specialist service providing support to people aged 14 to 35 who have experienced a first episode of psychosis.

The Early Intervention Service aims to address problems at the earliest opportunity to reduce the impact on a person's quality of life.

The focus of the service is on ensuring that the needs of the service user come first. Each person will be encouraged to think about what 'recovery' means for them and what help they need to work towards this.

Working in partnership with the person and their family, the service will offer support to help them to work towards their unique recovery goals.

Support available

- Access to a range of 'talking therapies', including Cognitive Behavioural Therapy (CBT)
- Support for families and carers
- A range of social, leisure and therapeutic groups
- Access to medication and support with managing medication
- Support and advice about housing and benefits
- Support in getting back to school, college, university and work
- Support to establish social and leisure activities that are important to you

Age range

14-35 years

Referral route

If you think that our service might be helpful please discuss this with your GP. Alternatively, you can contact us directly and make a self-referral

Address

Salford Early Intervention Service,
7 Wesley Street, Salford, Greater
Manchester, M27 6AD- [map](#)

Telephone

0161 358 2500

Website

[Salford Early Intervention Team \(EIT\)](#)

Salford Foundation: STEER



The STEER programme supports young people at risk of being involved in serious youth violence. Providing a free service to help young people gain the skills and attitudes to find legitimate alternatives to criminal activity. We want to build on their existing interests, skills, and aspirations by providing a 1-1 mentoring service.

The focus will be on early intervention and prevention looking at using positive activities to steer young people down a legitimate path helping to improve resilience, motivation and reducing risk-taking behaviours. Each young person will create their plan and set goals. They will also look to improve their social skills and develop coping mechanisms.

Sessions will focus on a range of issues specific to the individual, such as drug awareness and anger management. This will also run alongside positive activities building on existing interests and hobbies.

Young people will receive weekly 1:1 support from their mentor however additional support is accessible as and when the young person/family needs further help.

Support available	1:1 weekly mentoring support for young people
Age range	12-18 years: Young people aged 10-12 who are particularly vulnerable, and/or at higher risk may be referred to the programme, depending on risks factors.
Referral route	Self-referral / professional referral
Address	Salford Foundation, 3 Jo Street Salford, M5 4BD Map
Telephone	0161 787 8500
Email	youthservices@salfordfoundation.org.uk
Website	Salford Foundation

Salford Foyer



A supported Housing scheme for 16-25 year olds, providing support with money management, job searching and accessing education/training as well as providing accommodation. The Foyer supports with health and wellbeing and moving onto independent living. The Foyer also has a Mother and Baby accommodation provision for families with young babies who require a supportive early years environment.

Age range	16-25 years (plus families with young children)
Referral route	Self – referral or professional referral
Address	Salford Foyer, 1 Lower Seedley Road, Salford, M6 5WX - map
Telephone	0161 737 7778
Email	salfordfoyer@placesforpeople.co.uk
Website	Living Plus

Bereavement Support Group (Salford Heart Care)



The Bereavement Support Group meets fortnightly on Tuesdays from 10am until 12 noon. The group is supported by our team of volunteers with facilitation provided by an experienced, fully qualified counsellor.

One to one counselling session available subject to demand.

The sessions are supported by Salford Council's Bereavement Service, Hamilton Davies Trust, Salford CVS and Salford Clinical Commissioning Group and City West Housing Trust

Support available

- One to one support: Therapeutic / Psychoeducational and/or at facilitated 'closed' group (provided by qualified practitioners and trained facilitators).
- Groups: Self-help; Peer support; remembrance events (organised by voluntary groups and bereaved people as self-help support)
- Signposting to sources of support: Information on grief and bereavement by suicide (distributed by local or national organisations).

Age range

16+

Referral route

Self-referral

Address

Cadishead Band Room (Irlam Community Centre)
Locklands Lane, Irlam, M44 6RB
[map](#)

Telephone

0161 707 7402

Email

admin@salfordheartcare.co.uk

Website

[Bereavement Support Group](#)

Salford Housing Options Service



The service provides advice on how to access social housing through registration with Salford Home Search and private rented accommodation through a Rental Bond Scheme.

The service seeks to prevent homelessness in the first instance through liaison with current landlord, family addressing issues such as rent arrears by assisting with housing benefit claims, discretionary housing payment claims and referral to Welfare rights and Debt Advice where multiple debts are an issue.

Support available

The service can provide advice and information on housing needs and homelessness

The service is open Monday, Tuesday, Thursday and Friday 8:30am to 4:30pm, Wednesday 1:00pm to 4:30pm.

It is a sit and wait service – client presents and will be seen by a Housing Options Advisor.

Please note: Where clients has no accommodation available that night they will be seen same day but might have to wait several hours.

Age range

18+

Referral route

Self-referral

Address

Salford Housing Options Point, 7 Wesley Street, Swinton, M27 6AD - [map](#)

Telephone

No public telephone number available

Email

Housing.advicecentre@salford.gov.uk

Website

[Salford Housing Options Point \(SHOP\)](#)

Salford Independent Domestic Abuse Support Service



Salford Independent Domestic Abuse Support Service (SIDASS) provides independent advocacy and specialised support to victims living in Salford.

The team offer advice and support on safety planning, crisis work, civil and criminal remedies, housing advice, finances, health issues and work with families to improve issues around child protection where domestic abuse is a prevalent factor. The victim is supported by a qualified Independent Domestic Abuse Advocate through a safety and support plan to improve their safety and encourage the best possible outcomes from other statutory and voluntary agencies.

SIDASS links into the council’s Sanctuary scheme which provides security equipment to homes to enable victims to feel safe and to stay in their own home.

- [Guidance for survivors](#)
- [Guidance for professionals](#)

Age range	16+
Referral route	Self-referral / professional referral
Telephone	0161 793 3232. Lines are staffed Monday to Friday from 1:00pm – 4pm, and there is an answer phone outside of these hours. If we are unable to answer your call, or you need support outside of these hours, you should contact the 24-hour National Domestic Violence Free-phone Helpline on: 0808 2000 247
Website	SIDASS

Salford Information, Advice & Support Service (SIASS)



SIASS provides free, confidential, impartial information, advice and support to parents and carers of children and young people with SEND aged 0–25 and young people aged 16–25. We empower parents and carers by providing the guidance, tools and confidence they need to move through processes independently, enabling them to make informed decisions and effectively advocate for themselves and their children.

We provide advice and guidance on all SEND-related policies, processes and legislation, including Education, Health and Care Needs Assessments, Education, Health and Care Plans (EHCPs), school exclusions, mediation and SEND tribunals. We help families understand their rights, navigate statutory processes and participate meaningfully in decision-making.

SIASS offers practical guidance to help families understand letters, reports, professional advice and official documentation. We also provide information and support to help resolve disagreements through informed discussion and collaborative problem-solving.

The service is available to parents, carers, children and young people aged 0–25 with SEND, including those with neurodevelopmental needs such as Autism and ADHD. Support can be accessed directly through self-referral by telephone, email or online referral form.

Support available

- Information, advice and support for children and young people with SEND and their parents/carers. agencies
- Guidance on SEND legislation, rights, policies and processes
- Support with Education, Health and Care Needs Assessments and Education, Health and Care Plans (EHCPs)
- Advice regarding SEND-related issues including school exclusions, mediation and SEND tribunals.
- Support to understand letters, reports, professional advice and official documentation.
- Information and guidance to help families resolve disagreements through informed discussion and collaborative problem-solving.
- Signposting to relevant local and national services and sources of support.

Age range

Up to age 25

Referral route

Parent / Professional / Self-Referral
[Online Referral Form](#)

Telephone

0161 778 0349 / 0343

Email

siass@salford.gov.uk

Website

[SIASS Local Offer](#)

Salford Young Carers



Salford Carers Centre provides a service to carers of all ages including young (under the age of 18) and young adult carers (18 – 25).

A young carer is someone under 18 who helps look after someone in their family, or a friend, who is ill, disabled or misuses drugs or alcohol.

A young adult carer is someone aged 18 - 25 who helps look after someone in their family, or a friend, who is ill, disabled or misuses drugs or alcohol.

Support available

- Individually tailored support packages
- Regular individual sessions
- Support while attending school and in transition
- Opportunities to achieve, have fun and have breaks from the caring role
- Support in accessing other support and financial help
- Family support

Age range

Young carers (up to 18)
Young adult carers (18-25)

Referral route

Self-referral / professional referral

Professionals can refer to Salford Carers Centre via this [link](#) choosing 'Child in need of support' option.

Carers can self-refer. Referral forms for carers of all ages can be downloaded from the website.

Address

34 St Georges Way, Salford, M6 6SU - [map](#)

Telephone

0161 834 6069

Email

salford.carers@gaddum.org.uk

Website

[The Gaddum Centre](#)

Salford CAMHS for Cared for Children (Starlac)



Salford CAMHS for Cared For Children (STARLAC) is a multi-disciplinary team, including psychologists, psychotherapists, mental health practitioners and therapeutic social workers. The service provides an accessible and responsive mental health and emotional wellbeing service to Cared For Children and young people, their families, carers and significant adults in their lives.

The service provides a range of support to young people living in or outside of Salford depending on their circumstances, and will work with carers in fostering and residential care, including the private, voluntary and independent sector.

The service provides support to children and young people who are subject to Interim or Full Care Orders, Section 20, or Placement Orders.

In addition to responding to referrals, the service also provides an emotional health and wellbeing screening pathway for all Cared For children aged five and over. This is described separately in the directory under 'i-START'.

Support available

Mental health and emotional wellbeing support for children and young people in care, their carers, and the professional network supporting them. This includes: Assessment, therapy, consultations, family work and risk support.

Age range

0-18 years

Referral route

Social Workers: Submit STARLAC referral form on Liquid Logic to: mft.salford-camhs-caredforchildren@nhs.net

Other professionals: (with consent of allocated Social Worker) via MFT CAMHS referral form to mft.salford-camhs-caredforchildren@nhs.net

Self-referrals: Call 0161 779 7832 to make a telephone self-referral

Address

Salford Civic Centre, Chorley Road,
Swinton, M27 5AW

Telephone

0161 779 7832

Email

Mft.salford-camhs-caredforchildren@nhs.net
Deborah.leadbetter@mft.nhs.uk
James.hyman@mft.nhs.uk

Salford Youth Justice Service (YJS)



The YJS works with children and young people from that age of 10 to 17 years who are at risk of becoming involved in the youth justice system or have received an Out of Court Disposal imposed by the Police or community or custodial sentence imposed by the Courts. To prevent offending and reoffending.

The YJS also offers a service to the victims of youth crime.

Support available

The YJS has a range of specialist staff to ensure a holistic approach to addressing the factors that have contributed to a child or young person becoming involved in anti-social behaviour or offending.

This includes a nurse, CAMHS, speech and language therapist, educational psychologist, substance misuse worker, Connexions Probation and Police Officer.

YJS staff will also work in collaboration with other professionals involved with a child / young person. In addition to delivering restorative interventions and programmes to address offending.

Age range	10 – 17 years
Referral route	To discuss referring a child or young person to YJS for prevention/diversion support please contact the service and speak to the duty officer
Address	St Simon Street, Salford, M3 7ES map
Telephone	0161 607 1900
Email	GrpSalford-YOT@salford.gov.uk
Website	Salford Youth Justice Service



Working in partnership with young people, youth services provides a range of activities and opportunities to:

- Encourage and inspire young people to achieve their full potential
- Enable young people to gain skills and experience new challenges
- Creatively explore issues that are important to young people
- Support young people to make informed choices
- Involve young people in decision making at all levels
- Ensure young people's inclusion as active and valued members of their community

The team can provide support for young people covering a range of issues, including:

- Emotional support
- School attendance
- Anger management
- Building positive relationships
- LGBT support groups

The service is delivered across Salford in youth centres, schools and community spaces.

Support available	Advice; advocacy; drop-in session; support; information; training and group work
Age range	10-25 years
Referral route	For young people please either email or telephone for more information (details below) Professional referrals via The Bridge
Address	Integrated Youth Support Services, Beacon Youth Centre, 1 London Street, Salford, M6 6QT - map
Telephone	0161 778 0700
Website	Salford Youth Service

When your child starts school, the school nursing service takes over their care from their health visitor. The health visitor will give us your child's health records and they'll stay with us until your child is 19.

We'll help to make sure that children and young people with disabilities, long-term illnesses or other needs can receive extra support when they need it. If we can't provide the help ourselves, we'll put you into contact with someone who can.

School nurses are based in your local clinic / area and are accessible Monday to Friday between the hours of 8.30am and 5.00pm.

Support available Health promotion and education, emotional health and wellbeing support, health assessments, parenting and family advice, childhood injections.

Age Range 5-19 years

Referral route Self referral / professional referral

Contact Lance Burn Health Centre, Churchill Way
0161 206 1078 / Sn.Central@nhs.net

Walkden Clinic, Bridgewater Road, Worsley
0161 206 1976 / Snwest1@nhs.net

Irlam Medical Centre, Macdonald Road Irlam
0161206 1720 / Sn.Irlam@nhs.net

Newbury Place Health Centre, 55 Rigby St.
0161 206 1757 / Sn.Broughton@nhs.net

Swinton Gateway 100 Chorley Road
0161 793 3869 / Sn.Swinton@nhs.net

Eccles School Nursing Team
0161 206 3823 / Sn.Eccles@nhs.net

Website www.directory.salford.gov.uk



Shine young people's service in Salford is a confidential sexual NHS health service. Our dedicated team of doctors, nurses, health advisors and support staff provide confidential, free sexual health advice, screening and treatment including HIV. We can assess and provide free contraception suitable to your needs.

Our Education and Training staff can provide tailored sessions within schools, colleges, other providers of young people training and 1 to 1 sessions if required.

We also provide some specialist clinics, for example sexual dysfunction and genital dermatitis, these are not self referral but your GP can refer you to them.

- Support available**
- Advice and support on all aspects of sexual health and relationships
 - Free testing and treatment for sexually transmitted diseases including HIV
 - Walk in clinics and appointments
 - Free contraception

Age range Up to age 25

Referral route Self-referral

Address Drop in clinics are available at the following locations:

- Lance Burn Health Centre
- Irlam Medical Centre
- Eccles Gateway
- Walkden Gateway
- Swinton Gateway
- New Bury Place Health centre

Telephone 0161 206 1099

Website [Shine Sexual Health Service](#)

Six Degrees



We are a Salford- based IAPT (improving access to psychological therapy)/ NHS Talking Therapies Service (step 2). We support individuals who are experiencing Long Term Conditions, including diabetes and COPD and we support people with common mental health issues, such as anxiety and depression.

We offer interpreters where required, but we are, also, able to offer sessions with bilingual Polish-speaking and Farsi-speaking practitioners.

Everything that we do starts and ends with the people we are seeking to help. This means that at every step of the way we focus on the individual and their needs. Our vision is to enable the communities we serve to achieve their best possible mental health and well-being.

Support Available

1:1 treatment session; Our treatments are based on Cognitive Behavioural Therapy. Sessions can be over the phone, virtual or face-to-face. Appointments are fortnightly.

Take Control Course; is designed to be a classroom style course to help patients learn techniques for dealing with their problems. It is trans-diagnostic and is based on Control Theory. TCC is a 6-session course.

SilverCloud; a computerised programme that allows patient to help themselves using online resources that use Cognitive Behavioural Therapy. Patient receives online feedback every fortnight from a practitioner with recommendations about content and reflections on any information shared through the portal.

Age range	16+
Referral route	GP referral and self-referral
Address	8th Floor 2, City Approach, Albert St, Eccles, Manchester M30 0BL
Telephone	0161 983 0900
Email	sixdegrees@nhs.net
Website	Six Degrees

Specialist Safeguarding Nurses (Route 29 / Complex Safeguarding)



Specialist Nurses work across both Route 29 and Salford Connect. They lead on and coordinate the health needs of young people identified as being at risk or potentially at risk of harm from complex safeguarding issues and/or who are on the edge of care.

The service aims to ensure that all young people and their care givers are given the opportunity to address their health needs.

Specialist Nurses can provide the following interventions:

- Assessment of overall health needs; including physical, emotional and mental health considering both current and anticipated needs
- Advice and guidance to achieve positive health and wellbeing including puberty, sexual health, healthy relationships, substance and alcohol use and sexual exploitation
- Assessment of health conditions that are more prevalent in children who are being sexually and criminally exploited
- Health promotion and education
- If Specialist Nurses cannot provide the health assessment and support themselves, they will put young people in contact with someone who can and make onward referrals

Specialist nurses offer a flexible approach based around the needs of young people offering assessments in their preferred setting i.e. home, school, health centre

Support available

Bespoke, time limited health interventions to young people who are open to Route 29 and Salford Connect teams.

The Think Family Approach enables the nurses to offer signposting and support to parents/care givers in relation to their own health needs where required and when appropriate.

Age range

10-18 years

Referral route

Professional referral only: Young people already open to CST and/or Route 29

Address

Salford Civic Centre, Unity House,
M27 5AW

Telephone

0161 212 4413

Email

safeguarding.nhssalford@nhs.net

Speech and Language Therapy



The Speech and Language Therapists and Communication Development Workers offer input, advice and training to families, carers and people who work with children to support children and young people's speech, language and communication skills

Some of the people we help:

- New-born babies with feeding or swallowing difficulties
- Pre-school children who have difficulties with development of communication / speech / language and feeding.
- School aged children whose communication difficulties are affecting their education and/or social development
- Children who stammer
- Teachers who want to know the best way to support children with communication difficulties in their classrooms

Good communication is key to management of behaviour and by knowing what a child understands, appropriate behaviour management is facilitated.

Children with communication difficulties can have difficulties in expressing themselves and this can lead to inappropriate behaviour / frustration and poor self –esteem.

Support available

Therapists will work with families carers and education staff to provide direct therapy as well as support, advice, training and onward referrals as required

Age range

0-18 years

Referral route

Self-referral / professional referral

Address

Children's Health Services
Salford Care Organisation
Northern Care Alliance NHS
Foundation Trust
7th Floor, St James's House,
Pendleton Way, Salford M6 5FW

Telephone

0161 206 2509

Email

saltadmin@nca.nhs.uk

Website

www.speakupsalford.nhs.uk

Start in Salford



Start is a charity that has been delivering mental health recovery and prevention services in Salford for over 31 years. We use creativity, connection and recovery interventions to help improve people's lives.

Our programmes focus on personalised, strengths-based approaches to help beneficiaries to build confidence, resilience and self-esteem. We reconnect and integrate people with their communities, providing onward pathways into training, employment, volunteering and leisure pursuits.

All of our work is directed towards improving and enhancing the quality of life, health and wellbeing of target groups within the local community, in particular people at risk of experiencing mental health challenges or social isolation.

Our **Inspiring Minds** programme, based at Brunswick House, consists of weekly, studio-based creative workshops and encourages members to access various learning opportunities and pre-employment skills, supporting them to recovery which ultimately leads them back into the community.

The programme covers a wide range of subjects which includes Visual Arts, Photography, Horticulture, Woodwork, Ceramics, Crafts and Music. Professional Artists lead each group and when they join the organisation, participants are encouraged to consider themselves as aspiring artists or members rather than mental health service users.

Our **WINGS** programme is based in community venues and offers a programme of activities based on the 5 Ways to Wellbeing. It is a 6 month, rolling programme, including practical /creative activities, external speakers, discussion sessions and general social sessions. Participants are encouraged to contribute their ideas to co-produce sessions and take the lead in sharing skills and information where possible.

Support available

Workshops and activities

Age range

18 years and over

Referral route

Social Worker, Community Psychiatric Nurse, GP or Job Centre Plus and other wellbeing services in the city

Address

Start in Salford
Brunswick House, 62 Broad Street,
Salford, M6 5BZ - [map](#)

Telephone

0161 351 6000

Email

info@startinsalford.org.uk

Website

[Start](#)

Strengthening Families



Strengthening Families supports which provides intensive early help for parents who have had at least one child taken into care. Strengthening Families provides support in three different pathways ;

- Pathway A - post proceedings
- Pathway B - pre-birth pregnancy support (pre 20 weeks)
- Pathway C - post birth family support

Support available

Support in Pathway A is available for a maximum of two years and supports parents during the weeks and months after their child has been taken into care

Pathway B supports parents who are expecting a child and works intensively with them to support them to grow their parenting skills

Pathway C supports parents for five years, from after their baby is born until their child begins school. The team support parents to develop their parenting skills as their child grows and their needs change over time and help them get the advice and services many families need

Age range

Parents of children aged 0 – 5 years

Referral route

Self/Professional Referral

Address

60 Great Clowes
Lower Broughton
Salford

Email

Strengtheningfamilies@salford.gov.uk

Suicide Bereavement UK



Suicide Bereavement UK specialise in the following:

- Suicide bereavement research
- Providing consultancy on postvention (care of those bereaved by suicide)
- Developing and delivering evidence-based suicide bereavement training
- Hosting an annual international conference on suicide bereavement

Suicide Bereavement UK translate research findings into evidence-based suicide bereavement training for those who come into contact or support those bereaved or affected by suicide. Examples of professions include health professionals, emergency services, educational settings, social workers, faith leaders, funeral celebrants, prison staff and those working in postvention services etc.

Support available Postvention Assisting those Bereaved By Suicide (PABBS) one day face2face training is evidence-based, evaluated, CPD accredited face to face training, which aims to increase the knowledge, skills and confidence of professionals who come into contact with, or are responsible for the care of those bereaved or affected by suicide.

Age range	18+
Telephone	01706 827 359
Email	admin@suicidebereavementuk.com
Address	6 – 8 Taper Street, Ramsbottom, Lancashire, BL10 9EX

The Lowry



The Lowry's '**Arts For Social Change Programme**' works with vulnerable young people within Salford using the creative arts to build confidence, transferable life skills, promote wellbeing and improve employability prospects.

We work with NEET young people, cared for children / care leavers, young carers, young parents, young people experiencing or at risk of homelessness and young people with mental health and wellbeing challenges.

We work with a team of highly experienced arts engagement practitioners and artists with vast experience of working with vulnerable young people. Using visual and digital arts, music, drama, dance, film and theatre we aim to reach the most in need young people and enable them to access positive opportunities that increase their life chances.

Our YES (Youth, Employability and Skills) programme provides bespoke creative and work-based learning opportunities for targeted young people. These opportunities range from first access visits such as backstage tours through to longer term work placements. We focus on personal development, building skills including confidence, communication and future planning. Individual placements are available for young people who are not in employment, education or training or at risk of disengagement from education.

Support available

- Access to regular creative workshops/ programmes
- Access to pastoral support
- Bespoke one to one creative programmes / support
- Access to Arts Award qualification
- Work placements for NEET young people

Age range

11-25 years

Referral route

Referral by health, education and social care professionals, parents, carers.

Address

The Lowry, Pier 8, Salford Quays,
M50 3AZ

[Map](#)

Telephone

Learning & Engagement Team:
0161 876 2042
Referrals: 07377 673925

Email

Referrals: Paige.steers@thelowry.com
General enquiries: getcreative@thelowry.com

Website

[The Lowry](#)

TLC: Children and Young People Who Use Harm Project



The Children and Young People Who Use Harm Project provides support for young people who have started to struggle with their behaviour in their own relationships.

Young people who are engaging in harmful behaviour with parents, carers or other members of their family need careful and considered intervention to address this as soon as possible. The service allows them to work with a caring and non-judgemental professional who can help them become aware of their behaviours and begin to form positive relationships with others.

The service can provide a safe and confidential space to talk openly about what they're going through, provide support with their experiences and concerns and identify harmful or unhealthy relationship behaviours.

The project will support young people to have:

- Improved insight into their own behaviour
- Improved relationships with members of their family
- Increased emotional wellbeing
- Improved ability to cope with feelings of anxiety, anger or depression
- Reduced problematic behaviours
- Increased educational attendance and attainment

Age range

14-19 years and displaying unhealthy behaviours in their relationships *(If you would like to refer someone aged 11-13 or 19-21, please contact us for more information)*

Referral route

Referrals accepted from:

- Early Help
- Social care
- Youth Justice Service
- Operation Encompass
- STRIVE

Telephone

0161 872 1100

Email

bridgingtochange@talklistenchange.org.uk

Website

[TalkListenChange](https://www.talklistenchange.org.uk)



We are a statutory service providing advice, training, guidance, support and challenge to schools, social care teams and other professionals relating to the education of Looked After Children. We also offer an advisory service for children who were previously cared for and are now adopted or subject to an SGO or a Child Arrangement Order.

We offer specific support and advice regarding exclusions, and work with schools to encourage a trauma informed approach to supporting children and young people.

We also ensure that schools are providing additional support required and using the additional funding allocated to them to improve outcomes.

Our [training](#) offer is broad, and we co-deliver training with our Educational Psychology team. We offer a mixture of published and bespoke training.

Support available

- Consultancy for education, social care and other professionals surrounding all aspects of the education of Looked After Children
- Advocacy for Looked After Children relating to school placements and exclusions
- Training around trauma and attachment
- Bespoke training programme for schools around individual children's needs
- We commission Speech and Language Therapy and Education Psychology so that we can provide a rapid referral into those services for Looked After Children

Age range

School age

Referral route

No referral process – all Looked After Children are automatically included in our service

Email

virtualschoolteam@salford.gov.uk

Website

[Virtual School for cared for children](#)



The service is made up of the following:

Looked After Children’s Service: the team provides a dedicated health service to children and young people who are ‘cared for’ by Salford Local Authority and children and young people living in Salford who are ‘cared for’ by other local authorities.

Youth Justice Service (YJS): the service offers a dedicated health Service to children and young who are involved with Youth Justice Services in Salford.

Family Liaison Service: the service provides assessments within the PANDA Unit at Salford Royal to identify those cases that need to be brought to the attention of other allied health professionals in Salford and to family liaison nurses within other NHS trusts.

Support available Advice, family support, information, support, training, support for professionals

Age range 0-18 years

Referral route **Professional referral:** YJS Health Provision - professional referral via YJS

Looked after Childrens Nurse – Professional referral via SCC Children’s Services

Family Liaison Service – via admittance to PANDA Unit

Address

YJS Health Provision & Looked after Childrens Nurse – Sandringham House, Windsor St, Salford, M5 4DG

Family Liaison Service – PANDA Unit, Salford Royal Foundation Trust, Stott Lane, Salford, M6 8HD

Telephone

YOS Health Provision: 0161 206 2215 / 2216

Looked after Childrens 0161 206 2215 / 2216

Family Liaison Service: 0161 206 2198

Email [Vulnerable Young People Services](#)

Young Fathers Project



The project works with young men who are fathers, expectant fathers, or acting as fathers in a family unit, aged up to 25 years old and live in Salford.

The project meet up with the young man once they are referred in, often in their own home and carries out a youth work based assessment to ascertain where the young person is up to in relation to involvement with their child/ren, education, training and employment, experiences of children if they are expectant, support, benefits, housing and relationships.

The project discusses breastfeeding, offers support in giving up smoking, access to contraception and looks at what kind of support the young person would want from the project.

Most of the work with young men is one to one, but the project also runs several young parents groups, in Children's Centres, alongside their workers, offers dads and kids and mums and dads kids trips out, and delivers bespoke sessions with young men (and their partners if relevant,) around relationships, dealing with anger, anxiety and domestic abuse.

In addition, the project offers activities and day trips for young fathers and their children to attend

Support available

The support offered covers issues such as coping with being a father, benefits, housing, relationships, education and training, and wider services for parents.

Age range

Up to 25 years old

Referral route

Professional referral – service accessed via social services, Youth Service, ante-natal services, community midwives, Youth Offending Teams, teenage pregnancy team, schools, and Connexions.

Address

Beacon Centre, 6 London Street, Salford, M6 6QT - [map](#)

Telephone

0161 603 6874

Email

Tom.cole@salford.gov.uk

Salford LGBT+ Youth Group



A **FREE** youth group for young people aged 11-19 years who identify as LGBT or who are questioning their sexuality and/or gender.

First and foremost it's a social group, a place to make friends, but we also take part in lots of events like Pride, IDAHOT, LGBT history month and go on trips and visits.

We will support any young person that identifies as Lesbian, Gay, Bisexual or Transgender.

Young people receive support from staff and peers looking at LGBT related issues. We explore issues surrounding sexuality and gender and do this so we become a support group for each young person. The group is a safe place for young people to explore their identity which can help them discover who they want to become.

Mondays **5.30-8.00pm**

Bridgewater Youth Centre
72 Bridgewater Street
Little Hulton
M38 9WD

0161 799 6674
[Bridgewater map](#)

Tuesdays **5.30-8.00pm**

The Castle Community Centre
29-31 Lewis Street
Eccles
M30 0PU

0161 789 6622
[Eccles map](#)

Wednesdays **5.30-8.00pm**

The Deans Youth Centre
Deans Road
Swinton
M27 0JF

0161 794 1088
[Swinton map](#)

Thursdays **5.30-8.00pm**

Beacon Youth Centre
8a London Street
Salford
M6 6QT

0161 778 0700
[Salford map](#)

T & Toast

ARE YOU AGED 13-17 & TRANS?

Salford's trans youth group is a monthly safe space for trans and non-binary young people.



3rd Sunday of Each Month

1:30pm - 3:30pm

This group provides a welcoming and safe place for trans and non-binary young people to engage with other trans and non-binary people in discussions on trans-specific topics.

Come and make friends, play games and activities, become a voice for trans young people in Salford, get answers to your questions, and learn and grow with other trans people in your community.

IS YOUR CHILD TRANS?

Is your child questioning their gender identity or expression?

Do you have questions about your trans or non-binary child?

Not sure what to say or do to best support your trans child?



Join Salford's support space for parents and carers of trans and non-binary young people.

Meeting on the third Sunday of the month, 1:30pm - 3:30pm this group allows parents and carers a supportive space to discuss any questions or concerns they have about their trans, non-binary, or gender-exploring child. Come and learn from experienced staff and parents, get answers to your questions, and learn and grow together with other parents and carers so you may best support your trans child.



Parent Groups



Are you passionate about parenting?

Salford City Council are looking for parents or carers who want to pass on their skills and experience to other parents within a group setting, in different locations throughout the city.

Our Health Improvement Service will help you to support other parents every step of the way, including training for group members, sourcing guest speakers and support with room hire costs and other expenses.

Lived experience of supporting children and young people with mental health issues and/or additional needs would be really helpful, but is not essential, as group members will support and provide advice to each other.

To find out more about this exciting volunteering opportunity to make a difference supporting others through the challenges of being a parent please contact the Health Improvement Service.

Contact: 0800 952 1000 or email health.improvement@salford.gov.uk

42nd Street

- Working with Young People Online training
- Supporting LGBTQ+ YP Wellbeing
- De-escalation
- Mental Health Training for Artists
- Suicide and self-harm
- Common mental health & emotional wellbeing issues
- Anxiety and depression
- Attachment
- Transition workshops

Child Bereavement UK

- Grief and Bereavement in Schools
- Bereavement Awareness training for schools - Primary
- Bereavement Awareness training for schools – Secondary

Soluna (previously Kooth)

- Soluna introductory Assembly
- Soluna YP sign up sessions
- Soluna Staff training sessions
- Exam stress
- Anxiety and Stress
- Emotional Resilience
- Wellbeing Session
- Year 6 Transition Session
- LGBTQ+ Session
- Self Care Session
- Young Carer Session

Place2Be

- Mental Health Champions – Foundation programme

Primary Inclusion Team

- Emotionally Based School Avoidance
- Measuring the Impact of Interventions
- Supporting Children Who Are Anxious
- Planning an Effective Transition to High School (Primary)
- Planning an Effective Transition to High School (Secondary)
- Relational Approaches
- Return to School Session 3 - De-escalation Strategies
- Developing Emotional Skills and Resilience in Children
- Effective Behaviour Management
- Supporting ADHD in the classroom
- An Introduction to Attachment Theory

Salford CAMHS

- Top Up Skills Workshops - PTSD, Anxiety, Low Mood, Self Harm, Eating Disorders
- ADHD/ADD Awareness
- CAMHS School Link Referral Training

Salford Thrive

- Youth MHFAider
- Youth MHFA Champion

Virtual School

- Effective Transition for children who are cared for
- Attachment and Trauma Session 1: Introduction and Overview
- Attachment and Trauma Session 2: Attachment Aware and Trauma Responsive Approaches and Practice
- Emotion Coaching
- Positive Support Meeting (VST and EPS)

42nd Street is a GM young people's mental health charity with 40 years' experience of providing free and confidential services to young people who are experiencing difficulties with their mental health and emotional wellbeing, learn how we help young people here.

[42nd Street: Training Workshops](#)

Please note: courses can be expanded or split up depending on the needs of the setting or school

£600 for a group session - with discounts for multiple sessions booked in the same financial year.

Supporting LGBTQ+ YP Wellbeing	For people looking to learn more about the issues facing young LGBTQ+ people and how to support them.		Course length	3.5 hours
			Cost	£600
			Delivery	Online
	Aimed at	Schools / wider workforce	No. places	n/a
De-escalation	This session covers the theory around de-escalation and trauma informed de-escalation techniques, plus practical advice and support.		Course length	3.5 hours
			Cost	£600
			Delivery	Online
	Aimed at	Schools / wider workforce	No. places	n/a



Working with Young People Online training

For people working with young people online or looking to move their service online.

Aimed at

Schools / wider workforce

Course length

3.5 hours

Cost

£600

Delivery

Online

No. Places

n/a

Mental Health Training for Artists

The session will support your understanding of working with young people. Topics include: Common Mental Health Issues, Risk Assessment and management, Barriers to engagement.

Aimed at

Schools / wider workforce

Course Length

3.5 hours

Cost

£600

Delivery

Online

No. places

n/a

Suicide and self-harm

This training will support your understanding of how we connect with young people around suicide and self harm.

Aimed at

Schools / wider workforce

Course length

3.5 hours

Cost

£600

Delivery

Online

No. places

n/a

Common mental health and emotional wellbeing issues

During the session you will receive a broad overview of common mental health issues for young people, including how these may be expressed and signposting and support.

Aimed at

Schools / wider workforce

Course length

3.5 hours

Cost

£600

Delivery

Online

No. places

n/a

Anxiety and depression	This training will help participants to gain an understanding of anxiety and depression. Topics include - How common anxiety and depression is, symptoms and possible causes, What we can do to support.		Course length	3.5 hours
			Cost	£600
			Delivery	Online
	Aimed at	Schools / wider workforce	No. Places	n/a
Attachment	This session will help practitioners and people who work with young people to understand the issues and connections behind why young people may behave in ways and how this links to their early attachments.		Course Length	3.5 hours
			Cost	£600
			Delivery	Online
	Aimed at	Schools / wider workforce	No. places	n/a
Transition workshops	Each workshop is 2hrs long. Transitions and... 'Year 6 to Year 7', 'Attachment', 'Bereavement and Loss', 'Relationships', 'Anxiety and Worry', 'Resilience and Wellbeing'		Course length	2 hours
			Cost	tbc
			Delivery	Online
	Aimed at	Schools	No. places	n/a

Child Bereavement UK helps children, parents and families to rebuild their lives when a child grieves or when a child dies. We support children and young people up to the age of 25 who are facing bereavement, and anyone impacted by the death of a child of any age.

[Child Bereavement UK](#)

Grief and Bereavement in Schools

This session will focus on understanding the impact of loss and grief on children and young people's physical and emotional health, including their learning; strategies for pastoral support; range of resources and support information to establish a 'bereavement tool kit' for your school/setting.

Aimed at School staff

Course length	3 hours
Cost	£45 per person
Delivery	Online
No. places	n/a

Bereavement Awareness training for schools: Primary schools

The training will provide some understanding of the impact of bereavement on children and young people. Including - an overview of grief and bereavement; children's understanding of death; practical ideas for managing a child's responses to their grief; local and national pathways for support

Aimed at School staff

Course length	1.5 hours
Cost	£22.15 per person
Delivery	Online
No. places	n/a

Bereavement Awareness training for schools: Secondary schools

The training will provide some understanding of the impact of bereavement on children and young people. Including - an overview of grief and bereavement; children's understanding of death; practical ideas for managing a child's responses to their grief; local and national pathways for support

Aimed at School staff

Course length	1.5 hours
Cost	£22.15 per person
Delivery	Online
No. places	n/a

Soluna (previously Kooth)



Soluna is for young people aged 10-25 and offers a variety of resources, including free online counselling. Soluna also offer a range of online briefings, training and support sessions for young people, parents, schools and professionals

[Soluna](#)

Soluna introductory Assembly

A brief introduction to Soluna. Here, we show young people the range of resources available on the website, including how to access mentoring and counselling support, can be adapted to suit all age groups

Aimed at Students

Course length	15-20 mins
Cost	Free
Delivery	Online / school
No. places	n/a

Soluna YP sign up sessions

An opportunity for students to experience the Soluna site/app with an IPW guiding them through the sign-up process. This session is interactive and students will need access to computers or tablets.

Aimed at Students - Any year group, but particularly beneficial for years 7-9.

Course length	50-60 mins
Cost	Free
Delivery	Online / school
No. places	n/a

Soluna Staff training sessions

Aims to help staff understand the ins and outs of the Soluna service to more confidently sign-post young people to Soluna, this session includes a chance to see the live site. This session also provides additional safeguarding information and creates an opportunity to ask IPW any questions about the [Soluna](#)

Aimed at School staff

Course length	30-60 mins
Cost	Free
Delivery	Online / school
No. places	n/a

Exam stress

The session is designed to discuss stress in light of exams, and in particular the uncertainty for students at present. This session is very focused on discussion and interaction. We focus on ways to manage and invest in wellness during periods of heavy study.

Aimed at Students - session is designed for year groups 10-13

Course length	60 mins
Cost	Free
Delivery	Online / school
No. Places	n/a

Anxiety and Stress

The session is designed to introduce the concepts of general stress and anxiety to young people. It encourages discussion around these points and offers support and resources on how to identify and manage both stress and anxiety, can be adapted for delivery to young people in years 7-13.

Aimed at Students - session is designed for year groups 7-13

Course Length	45-60 mins
Cost	Free
Delivery	Online / school
No. places	n/a

Emotional Resilience

A brief interactive introduction to emotional resilience, this session includes a number of activities to support staff reinforcing emotional resilience in young people. This session introduces emotional regulation, building empathy, decision making and more.

Aimed at Staff working with year 6 students

Course length	60 mins
Cost	Free
Delivery	Online / school
No. places	n/a

Wellbeing Session

Designed to introduce focused work on Wellbeing for young people in years 7-13. This session highlights key wellbeing themes identified since March and looks at activities which support positive relationships with our personal mental well-being. Both adult and young people sessions are designed to incorporate wellbeing activities into young people's daily habits.

Aimed at Staff & students

Course length	45-60 mins
Cost	Free
Delivery	Online / school
No. places	n/a

Year 6 Transition Session

This session is a general Soluna introduction for young people to support their transition into secondary school. Available for year 6 pupils.

Aimed at Students

Course length	tbc
Cost	Free
Delivery	Online / school
No. Places	n/a

LGBTQ+ Session

This session covers what different terms mean under the LGBTQ+ umbrella, impacts on wellbeing, and ways to better support the welfare of LGBTQ+ young people. Available for all age ranges.

Aimed at Students

Course Length	45-60 mins
Cost	Free
Delivery	Online / school
No. places	n/a

Self Care Session

An interactive session involving group discussions on the relationships between wellbeing and self care, followed by a creative writing activity. Available for all age ranges. Small group sizes are most suitable.

Aimed at Students

Course length	45-60 mins
Cost	Free
Delivery	Online / school
No. places	n/a

Young Carer Session

An interactive session involving discussions on how young carers have been impacted by Covid-19, followed by a creative writing activity. Available for all age ranges. Small group sizes are most suitable.

Aimed at Students

Course length	45-60 mins
Cost	Free
Delivery	Online / school
No. places	n/a

Place2Be is a children's mental health charity working with pupils, families and staff in UK schools. We provide mental health support in schools through one-to-one and group counselling using tried and tested methods backed by research. We also offer expert training and professional qualifications.

[Place2Be](#)

Mental Health Champions – Foundation programme

This **online children's mental health training** course developed from our work in schools, enhances professionals' understanding of children's mental health and introduces approaches that foster positive wellbeing in schools and communities.

Course covers:

1. Understanding mental health & wellbeing: We introduce factors that contribute to positive mental health and wellbeing.
2. Nature and nurture: We explore how early experiences shape the way we perceive ourselves and relate to others, and how those experiences create the pathways in the brain that support our development.
3. How can I help: We consider what a child's behaviour might be communicating about their underlying needs.
4. Mental health - everybody's business: We reflect on the importance of positive mental health for everyone with a focus on the adults around a child.

Course length

1.5 hrs a week for 5 weeks

Cost

Free

Delivery

Online

Aimed at

Qualified teachers and classroom-based (primary and secondary)

No. places

n/a

Primary Inclusion Team



Our team will work closely with primary schools across Salford to offer support using a holistic approach, with an emphasis on early intervention. We are a team of teachers and Learning Support Assistants (LSAs) who are all currently working with children who present with challenging behaviour in Salford schools.

[The Primary Inclusion Team](#)

Emotionally Based School Avoidance

Provides an understanding of emotionally based school avoidance, how it may develop and impact attendance at school, the best types of intervention approaches that have been shown to be most effective in supporting a return to school. It also introduces the new Salford EBSA support pathway, which advocates a multi-agency graduated and co-ordinated response.

Aimed at Primary school staff

Course length 1 hour

Cost Free

Delivery Online

No. places n/a

Measuring the Impact of Interventions

The course will guide you through: The importance of measuring the impact of interventions; How to choose effective interventions; What can be measured and how to measure; The difference between Qualitative and Quantitative measurements; Overcoming barriers; Measurement and tracking tools; Demonstrating value for money; Writing case studies

Aimed at Primary school staff

Course length tbc

Cost £25 per person

Delivery Online

No. places n/a

An Introduction to Attachment Theory

This course gives an overview of attachment theory in relation to how children may present in school and offers practical classroom based strategies and interventions to support attachment needs and associated behaviours.

Aimed at Primary school staff

Course length 2 hours

Cost £150

Delivery Online / school

No. places n/a

Primary Inclusion Team (cont.)



Supporting Children Who Are Anxious

Anxiety is a normal response that many of us will have felt over the last months. This session will consider the behaviours that we might see that indicate that a child is anxious and give strategies and tools to support this.

Aimed at Primary school staff

Course length	tbc
Cost	£25 per person
Delivery	Video
No. Places	n/a

Planning an Effective Transition to High School (Primary)

For some children (SEMH or SEND) transition can be a very difficult period in their lives and can often lead to challenging behaviour which leads to both fixed and permanent exclusions. Drawing from initial data from the PIT Transition Project, this course will support to design and plan an effective transition.

Aimed at Primary school staff

Course Length	tbc
Cost	Free
Delivery	Online
No. places	n/a

Planning an Effective Transition to High School (Secondary)

For some children (SEMH or SEND) transition can be a very difficult period in their lives and can often lead to challenging behaviour which leads to both fixed and permanent exclusions. Drawing from initial data from the PIT Transition Project, this course will support to design and plan an effective transition.

Aimed at Primary school staff

Course length	tbc
Cost	Free
Delivery	Online
No. places	n/a

Relational Approaches

Research on attachment suggest that a relational approach is much more effective than behavioural frameworks at supporting positive behaviours. This session covers how to create a school ethos that promotes positive relationships and deliver a framework for positive behaviour management through connecting emotionally.

Aimed at Primary school staff

Course length	Tbc
Cost	£25 per person
Delivery	Online
No. places	n/a

Primary Inclusion Team (cont.)



Return to School Session 3 - De-escalation Strategies

This session supports schools in developing skills and strategies for de-escalating behaviour that could become unsafe. We look at the neuroscience behind emotional responses and how this may manifest physically, models for managing the emotional responses and the importance of recovery and reflection.

Aimed at Primary school staff

Course length	tbc
Cost	£15 per person
Delivery	Video
No. Places	n/a

Developing Emotional Skills and Resilience in Children

This course provides practical and enabling classroom strategies and tools to help build emotional literacy in children displaying emotional difficulties. We will also introduce you to seven principles of building resilience and offer practical resilience building classroom activities.

Aimed at Primary school staff

Course Length	2 hours
Cost	£25 per person
Delivery	Online
No. places	n/a

Effective Behaviour Management

This course unpicks the functions behind behaviours that challenge for children with SEMH needs and offers practical se-escalating strategies and interventions to support children in the classroom.

Aimed at Primary school staff

Course length	1.5 hours
Cost	£150
Delivery	Online / school
No. places	n/a

Supporting ADHD in the classroom

This course gives guidance from CAMHS about the referral and diagnosis process and treatments for children with ADHD. This is followed by practical classroom strategies to support ADHD needs within school.

Aimed at Primary school staff

Course length	1.5 hours
Cost	£150
Delivery	Online / school
No. places	n/a

The Royal Society of Public Health



Short Wellbeing e-Course

The Royal Society of Public Health have updated a short mental wellbeing e-course which is available via:

<https://rsph.gomocentral.com/content/8ff86d9843fbb1395c001ca3d3991c8268e6/web>

This e-Course is aimed at the population level primarily those who might not have any prior knowledge or need a refresher. It may be particularly relevant in communities are struggling to improve mental wellbeing and can help to facilitate messaging by place/community and address inequalities.

It is self-directed and individuals can access it on a mobile or laptop or similar. It takes about 30 minutes to an hour depending on how long an individual spends on it. It covers core information and uses engagement techniques e.g. quizzes, videos and upskilling e.g. breathing techniques.

Aimed at

Everyone with no prior knowledge

Course length

1 hour

Cost

n/a

Delivery

Video

No. Places

n/a

CAMHS provides support for children and young people aged 0 – 18 years (including those with disabilities), where there are concerns related to their mental/emotional health and wellbeing.

[Salford CAMHS](#)

Top Up Skills Workshops - PTSD, Anxiety, Low Mood, Self Harm, Eating Disorders

These half day workshops offer an enhanced overview of specific mental health presentations, how to identify signs and symptoms, how to access support and schools role in supporting young people who are struggling. Participants should have first attended the CAMHS school referral training to access these sessions.

Aimed at Schools

Course length 3.5 hours

Cost Free

Delivery Online (Zoom)

No. places n/a

ADHD/ADD Awareness

A full day workshop aiming to support educators to identify presentations of ADHD/ADD, provide an overview of CAMHS processes in relation to assessment, treatment and management as well as exploring support networks for the child and their family.

Aimed at Schools

Course length 5.5 hours

Cost Free

Delivery Online (Zoom)

No. places n/a

CAMHS School Link Referral Training

The course is broken down into 5 workshops each focusing on different aspects to support educators to make referrals to CAMHS.

Aimed at Schools

Course length 1.5 days

Cost Free

Delivery Online (Zoom)

No. places n/a

Salford Thrive: supporting children and young people's emotional health and wellbeing.

[Salford Thrive](#)

Youth MHFAider

These half day workshops offer an enhanced overview of specific mental health presentations, how to identify signs and symptoms, how to access support and schools role in supporting young people who are struggling. Participants should have first attended the CAMHS school referral training to access these sessions.

Aimed at Schools / wider workforce

Course length 2 days

Cost Free

Delivery Face to face

No. places 16

Youth MHFA Champion

Participants will be able to spot signs, offer support and keep young people safe when they are experiencing mental health difficulties, the 1-day course qualifies you as a Youth MHFA Champion.

Aimed at Schools / wider workforce

Course length 5.5 hours

Cost Free

Delivery Face to face

No. places 16

The team offer a wide range of advice and training for designated teachers and other school staff relating to education and emotional health and wellbeing of cared for children.

[Salford Virtual School Team](#)

Effective Transition for children who are cared for

VST guidance for transition for children who are cared for, understanding why an enhanced transition support is required for care experienced pupils, advice on strategies and resources, producing a good transition plan and pupil profile

Aimed at Primary & secondary schools

Course length 1.5 hours

Cost Free

Delivery Online

No. places n/a

Attachment and Trauma Session 1: Introduction and Overview

Overview of attachment theory and developmental trauma, understanding attunement, insecure attachments, trauma and toxic stress, healthy vs toxic shame, the big asks for many care experienced children

Aimed at Primary & secondary schools

Course length 2 hours

Cost Free

Delivery Online

No. places n/a

Virtual School Team (cont.)



Attachment and Trauma Session 2:

Attachment Aware and Trauma Responsive Approaches and Practice
Understanding and using attachment aware and trauma responsive approaches and practice

Aimed at Primary & secondary schools

Course length 2 hours

Cost Free

Delivery Online

No. Places n/a

Emotion Coaching

Understanding emotion coaching and why it can be useful for children who are care experienced, applying and using an emotion coaching approach

Aimed at Primary & secondary schools

Course Length 1 hour

Cost Free

Delivery Online

No. places n/a

Positive Support Meeting (VST and EPS)

A training/meeting hybrid focusing on understanding and planning for the needs of an individual pupil who is cared for, through an attachment and trauma lens

Aimed at Primary & secondary schools

Course length 1.5 hours

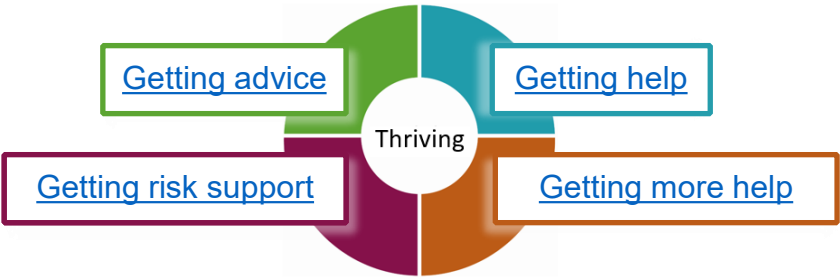
Cost Free

Delivery Online

No. places 5 – 8 places



Getting Advice	Pregnancy & Birth	0-5 Years	Primary Years	Secondary Years	Transitions to Adulthood
		ADHD Foundation			
		CAMHS Single Point of Contact			
	Family Nurse Partnership			Connexions	
	Health Visitors		Education Inclusion		
	GPs & Practice Nurses				
		GM Victims Services			
			Salford Youth Service		
			Virtual School		MIND
	Midwives	Portage Services	Primary Inclusion	Princes Trust	
			School Nursing		
			Shine		
		Salford Information & Advice Support Service (SIASS)			
			Salford Childrens Rights Service		
			Start in Salford		
			Young Carers Service		



Getting Advice	Pregnancy & Birth	0-5 Years	Primary Years	Secondary Years	Transitions to Adulthood
		Caritas Schools Service			
	Strengthening families				
				Integrated Sexual Health Service	
					Qwell
			Autism and social communication team		
			Lifecentre Salford		

Getting Help

Pregnancy & Birth	0-5 Years	Primary Years	Secondary Years	Transition to Adulthood	
Achieve					
Strengthening Families			42nd Street		
	ADHD foundation				
	CAMHS Single Point of Contact				
	CAMHS			Emerge (CAMHS)	
Family Nurse Partnership				Bereavement Support	
	Community Paediatrics				
		Child Bereavement Service			
	Homestart	Education Inclusion		CERT	
			Connexions		
		Childrens Rights Service			
			Eating Disorder Service		
	Educational Psychology Service				
	Early Help (Locality Teams)				
	GPs & Practice Nurses				
	Health Visitors		Harbour		MIND
			I-Start (Stronger & Resilient Together)		
Maternity Services			Soluna		
Midwives			Integrated Sexual Health Service		
			Liberty House		



Pregnancy & Birth	0-5 Years	Primary Years	Secondary Years	Transition to Adulthood
	Lifecentre Salford		Integrated Community Response (ICR)	
	Caritas School Service			Salford Housing Options
		Autism and social communication team		Salford Foyer
	Portage Services	Primary Inclusion		Self Help Services
		School Nursing		Six Degrees
			Project GULF	
	Speech & Language			
	Salford Information & Advice Support Service (SIASS)			
	Salford Therapeutic Advisory & Referral Service for Cared for (STARLAC)			
		Start in Salford		
			Young Fathers Project	
			Rio Ferdinand Foundation	
			STEER (Salford Foundation)	
			Specialist Safeguarding Nurses	
			Salford Youth Justice Service	
			Salford Youth Service	
			The Lowry	
		Virtual School		Recovery Academy
		Young Carers Service		

Pregnancy & Birth

0-5 Years

Primary Years

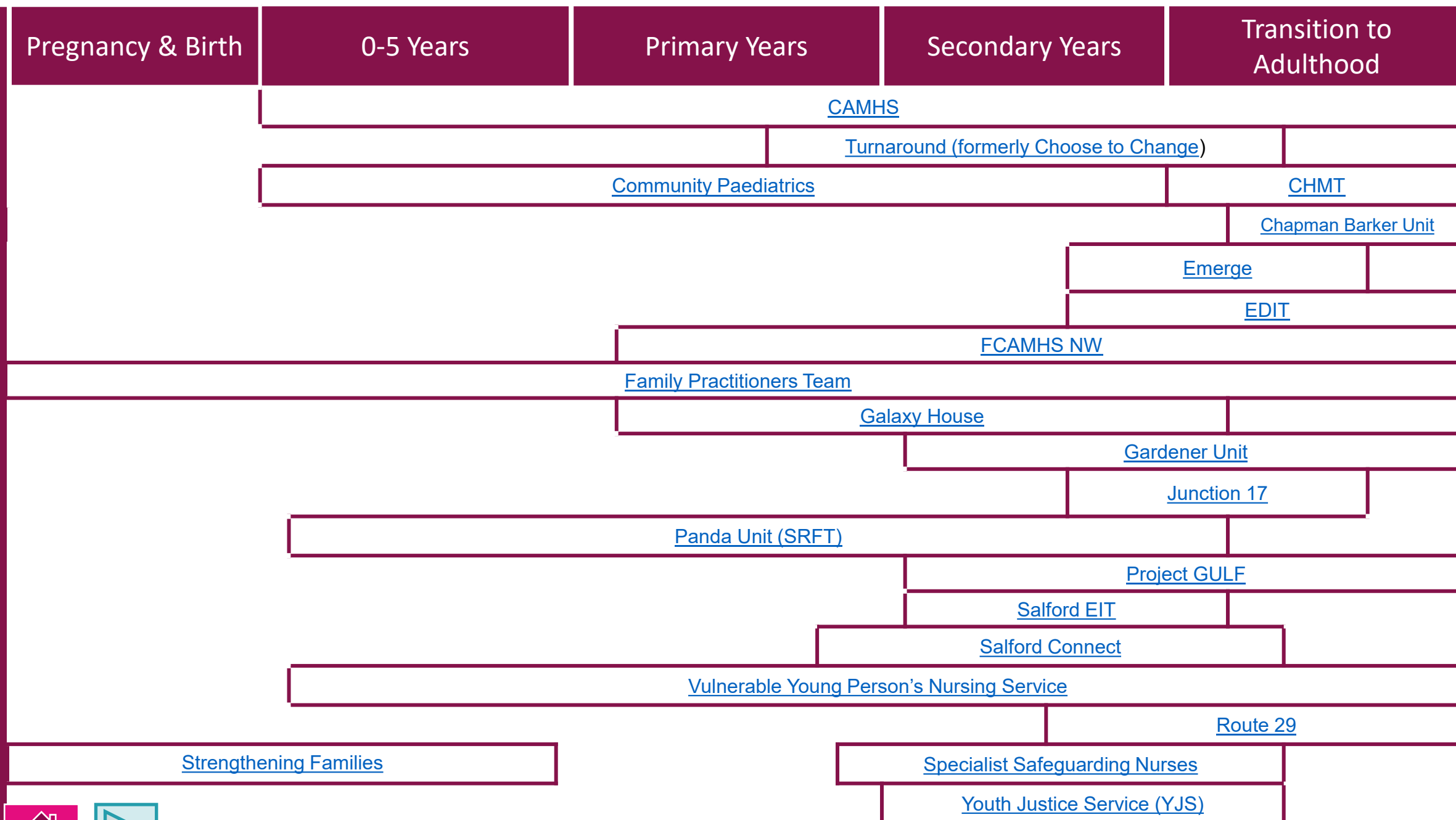
Secondary Years

Transition to Adulthood

[Achieve](#)[42nd Street](#)[ADHD Foundation](#)[CAMHS](#)[CERT](#)[Turnaround \(formerly Choose to Change\)](#)[Emerge](#)[Child Bereavement Service](#)[Critical Incident Team \(EPS\)](#)[Community Paediatrics](#)[Eating Disorder Service](#)[Educational Psychology Service](#)[Early Help \(Locality Teams\)](#)[EDIT](#)[FCAMHS NW](#)[Strengthening Families](#)[I-Start \(Stronger & Resilient Together\)](#)[Integrated Community Response \(ICR\)](#)[Harbour](#)

Pregnancy & Birth	0-5 Years	Primary Years	Secondary Years	Transition to Adulthood
	Panda Unit (SRFT)			
		Project GULF		
		School Nursing		
		Specialist Safeguarding Nurses		
		Salford Therapeutic Advisory & Referral Service for Cared for (STARLAC)		
	Vulnerable Young Person's Nursing			
		STEER (Salford Foundation)		
		Youth Justice Service (YJS)		
		The Lowry		
	Vulnerable Young Person's Nursing			
		Autism and social communication team		
		Caritas School Service		





Children & Young People Helpline Support

Samaritans: available 24 hours a day for anyone struggling to cope and provide a safe place to talk.

FREE Helpline: 116 123

Email: jo@samaritans.org

www.samaritans.org

Suicide

National Bullying Helpline: help and advice for children and adults dealing with bullying at school or work

Helpline: 0845 22 55 787

Open Mon-Fri; 9am-5pm

www.nationalbullyinghelpline.co.uk

Bullying



Emotional & Mental Health

Young Minds: if you are experiencing a mental health crisis.

Young Person Crisis messenger: **text YM to 85258**

Service available 24/7 For parents worried about their child

Parents Free Helpline: 0808 802 5544 (M-F; 9.30am-4pm)

www.youngminds.org.uk

Childline: confidential helpline for children and young people to support you and help you find ways to cope.

FREE Helpline: 0800 1111

Because of the coronavirus, the phonenumber is open from 9am-midnight.

www.childline.org.uk

The Mix: online emotional health and wellbeing support for under 25s.

Free Helpline: 0808 808 4994

7 days a week from 4pm to 11pm

Crisis Messenger: text THEMIX to 85258.

www.themix.org.uk

Shout: 24/7 FREE text service, for anyone in crisis, if you're struggling to cope and you need immediate help.

Text **GMSalford to 85258**

www.giveusashout.org

Bereavement

Hope Again: support for children & young people affected by the death of someone close.

FREE Helpline: 0808 808 1677

Email: helpline@cruse.org.uk

Open Mon-Fri; 9:30am - 5:00pm.

www.hopeagain.org.uk

Winston's Wish: support for bereaved children, their families and professionals.

FREE Helpline: 08088 020 021

Open Mon-Fri; 9am-5pm

Email ask@winstonswish.org

www.winstonswish.org

Child Bereavement UK: support for families or when a child is facing bereavement.

FREE helpline: 0800 02 888 40

Open Mon-Fri, 9am-5pm (ex. Bank Holidays)

Email: support@childbereavementuk.org

www.childbereavementuk.org

Substance / alcohol misuse

NACOA: if you are affected by someone else's drinking, NACOA can help.

FREE Helpline: 0800 358 3456

Email: helpline@nacoa.org.uk

www.nacoa.org.uk

FRANK: information and advice to anybody concerned about drugs/substance misuse.

Helpline: 0300 123 6600 - Open 24 hours a day, 7 days a week.

Text 82111 Text a question and FRANK will text you back.

Email: frank@talktofrank.com

www.talktofrank.com

No Panic: advice and information for people suffering from panic attacks & anxiety disorders.

Youth Helpline: 0330 606 1174 (for 13-20 yrs) Open: Mon, Tue, Wed, Friday: 3pm to 6pm; Thurs 3pm to 8pm; Sat 6pm to 8pm

www.nopanic.org.uk

Anxiety UK: user-led organisation, with resources, text service and info line.

Info line: 03444 775 774

Email: support@anxietyuk.org.uk

Text: 07537 416 905

Open Monday – Friday, 9.30am – 5.30pm (excluding Bank Holidays).

www.anxietyuk.org.uk

Anxiety

Eating disorders

Beat: information on anorexia, bulimia & other kinds of eating disorders.

Studentline: 0808 801 0811 - Youthline: 0808 801 0711

Open Mon-Fri, 12pm–8pm; weekends 4pm-8pm

www.beateatingdisorders.org.uk

Anorexia & Bulimia Care: providing on-going care, emotional support and practical guidance for anyone affected by eating disorders.

Helpline: 03000 11 12 13 - Open: Tues-Fri; 9.30am-5.30pm

Email us: support@anorexiabulimiare.org.uk

www.anorexiabulimiare.org.uk

Glossary of terms and abbreviations



A&E	Accident and Emergency
ASD	Autistic Spectrum Disorder
ASC	Autistic Spectrum Condition
BME	Black and minority ethnic
CAMHS	Child and Adolescent Mental Health Services
CBT	Cognitive Behavioural Therapy
CEDS	Community Eating Disorder Service
CERT	Community Engagement Recovery Team
CMHT	Community Mental Health Teams
CVS	Community and Voluntary Service
CYP	Children and Young People
ED	Eating Disorder
EDIT	Early Detection and Intervention Team
EFS	Emotionally Friendly Settings
EHCP	Education Health and Care Plan
EHWB	Emotional Health and Wellbeing
ENDOS	Eating Disorder Not Otherwise Specified
EPS	Educational Psychology Service
EYFS	Early Years Foundation Stage
FNP	Family Nurse Partnership
GM	Greater Manchester
GP	General Practitioner
IAPT	Improving Access to Psychological Therapies

ICP	Integrated Care Partnership
LD	Learning Disabilities
LGBT+	Lesbian, Gay, Bisexual, Transgender, The "plus" is inclusive of other groups
MH	Mental Health
MSEDS	Manchester and Salford Eating Disorder Service
NEET	Not in Education Employment or Training
NHS	National Health Service
OCD	Obsessive Compulsive Disorder
OJC	Orthodox Jewish Community
PANDA	Paediatric Assessment and Decision Area
PAWS	Pervasive Avoidance Withdrawal Syndrome
SALT	Speech and Language Therapy
SDQ	Strengths and Difficulties Questionnaire
SEMH	Social, Emotional & Mental Health
SENCO	Special Educational Needs Coordinator
SEND	Special Educational Needs & Disabilities
SIASS	Salford Information, Advice & Support Service
SRFT	Salford Royal Foundation Trust
VCSE	Voluntary Community & Social Enterprise
YJS	Youth Justice Service