



### Salford 'Thrive' Network

**Buile Hill Park Hall** 

**11<sup>th</sup> October 2017** 







# 0-25 Emotional Health and Wellbeing & CAMHS Transformation Plan

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**11<sup>th</sup> October 2017** 

Salford City Council



### Salford's Emotional Health and Wellbeing Ambitions

#### FOR CHILDREN AND YOUNG PEOPLE

#### WE ASKED CHILDREN AND YOUNG PEOPLE WHAT THEY EXPECTED FROM SERVICES:

Improved awareness and understanding

We expect all staff who work with young people to be approachable and trustworthy with the right skills to communicate with us."

"We expect staff to be trained to have an understanding of the emotional wellbeing needs of young people and be sensitive to our needs."

Timely access to support

"We want to be treated as individuals and really listened to, giving us the time to talk."

"We would like more peer support available in schools and the community, as young people are more likely to talk to people their own age than adults."

"We would like to know who we can talk to if we have problems, as sometimes we just need an available shoulder to cry on."

Targeted support

"We would like appointments to happen more quickly and at a more suitable time for young people."

"We need more education on how to spot issues earlier before they get out of hand and be encouraged to be more open about any issues and to speak out."

"We would like access to more and better information in schools and other public places that are young people friendly." Parental support

"We would like better links between our teachers and parents / carers to make sure we have the support we need when we need it most."

We would like parents and carers to be able to have support and training when they need it, helping them to feel more confident in helping us with any issues or problems we may have."

Transparency and accountability

"We expect organisations to be honest with us and explain clearly what we should expect from each service and if you say you're going to do something then please do it."

"We need better information on services for young people on what each organisation does and how they can help us."

Giving children and young people a voice

"We want services to really listen and to hear our voice, use our ideas and suggestions to improve the services for all young people."

We would like to be able to share our ideas in the way we feel most comfortable, such as meetings, social media, in schools and online."

# Whole system approach – Children's emotional health is everyone's business



## Integration and Collaboration

#### Alignment of EHWB Test Case & CAMHS Transformation Plan:

- ✓ Joint governance & project implementation group
- ✓ <u>Joint Delivery Plan</u> and progress monitoring
- ✓ Shared Ambitions and young people's statements
- ✓ Shared working groups (Communications and Engagement, EHWB in Schools, LGBT, Transitions, Early Years)
- ✓ <u>Dedicated web pages, resources and directory</u> including <u>WUU2</u>
- ✓ Workforce development skills audit and joint training plan
- ✓ In development data dashboard to track needs and measure progress
- ✓ Linked to GM work: Future in Mind (crisis care, peri-natal mental health, CAMHS standards)
- ✓ Joint contract monitoring mental health contracts
- ✓ Collaborative commissioning scoping integrated commissioning arrangements

#### CAMHS Transformation / 0-25 EHWB Test Case Combined Project Plan - 2017/18

Future in Mind: Resilience, prevention and early intervention; Improving access to effective support

2.1.1

Key	On track
	Not on track
	Overdue
	Complete

What will this look like in Salford?

## 1. Improved awareness and understanding amongst the public and professionals about children and young people's emotional and Future in Mind: Workforce development

What will this look like in Salford?		-	Actions		
1.1	City-wide communications & engagement plan for children and young people's emotional health	1.1.1	Joint communications and engagement plan (across SCC / CCG) and working group established	Li	
		1.1.2	Mental health / CAMHS FAQs developed and published on the EHWB web pages		
1.2	City-wide Workforce Development plan for frontline workers and professionals		Develop and launch training offer:		
		1.2.1	Develop a training pool approach, building on SSCB offer		
		1.2.2	Targeted training for schools & VCSE sector		
		1.2.3	Promote MindEd Training to front line staff including VCSE staff via EHWB web pages	Ji	
		1.2.4	Commission specific training in response to identified local need		
		1.2.5	<ul> <li>Salford CVS to support VCSE staff and volunteers to access training on emotional health and wellbeing in line with the iThrive model</li> </ul>		
		1.2.6	Develop CAMHS workforce development plan (linked to the development of the GM workforce development strategy)		
		1.2.7	Continued involvement in CYP IAPT programme, including development of Wellbeing Practitioner role with FE colleges		
1.3	Greater use of IT and technology to provide access to online self - help tools, support and information		Online information & resources including pathways developed for:		
		1.3.1	Professionals webpage maintained (located on Salford City Partnership Website)		
		1.3.2	•Parents / carers (to be developed)		
		1.3.3	•Children & Young people (located on WUU2 website), including use of videos	$oxed{oxed}$	
		1.3.4	Maintenance of EHWB online directory including:	igspace	
		1.3.5	Support to the VCSE sector to access and contribute to Salford's EHWB Directory	$\bot$	
2. Children and young people in Salford have timely access to effective child-centred emotional and mental health support when th					

Actions

Re-audit of prescribing and monitoring of antidepressants in primary care for CYP



# Project progress to date

- > Testing a single point of contact for CAMHS from Oct 17
- Community Eating Disorder Service launched
- Integrated community response pilot
- Young Jewish people's peer research community engagement
- LGBT enhanced provision IYSS LGBT group
- Early help support started in west locality pilot
- → i-THRIVE local implementation and network
- Schools / CAMHS Link rolling out
- Emotionally Friendly Schools accreditation
- Improved Transitions from CAMHS (CQUIN)
- Shaped the Salford Suicide Prevention Strategy
- Improved Early Years pathways
- Workforce development training and capacity building programme



# Any Questions?

