



**SALFORD
TOGETHER**
Support to Stay Healthy and Well

The Transition Multi Agency Meeting: The Preparing For Adulthood Information Exchange



The Transition Multi Agency Meeting



Purpose

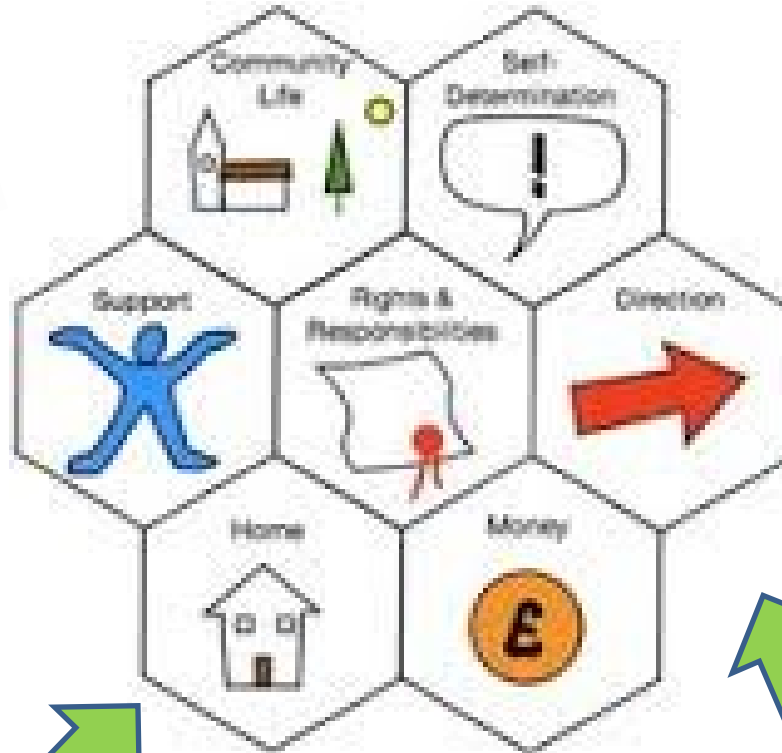
To support young people, their families and those who help them to plan for the future and develop the first Preparing For Adulthood Action Plan



Ground Rules

- Mobile Phones off on silent
- Listen to each other
- Once person talk at a time
- No sure thing as a silly questions
- Spelling Mistakes are ok

Preparing for Adulthood: Information Exchange



The Transition Triangle





Education: What You Need to Know



- What Learning and Educational Options are Available
- Who can help you make decision about education and learning
- What Progress you are making, what you are doing really well at, where you might need a little more help





Education: Things to Think About



- What you are good at, what do you want to achieve
- Is your EHCP still appropriate / Review your EHCP
- What can school / college/ education help you with as regards growing up and preparing for adulthood
- developing your Preparing for Adulthood Action Plan



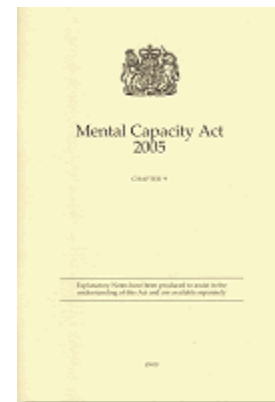
What we will do now

- Review our progress over the Year,
- Review how well we are doing regards are areas of needs
- Review progress on our outcomes / goals
- think about whether we want to add any extra outcomes we want to work towards



Choice and Control

Being In Charge, making decisions, how we communicate, support to make choices and understand decisions (advocacy)



What You Need to Know

- From 16 the 'Law' says people should be assumed to have capacity to make decisions, unless proven otherwise.
- This is decision specific
- Where a person cannot make a decision, their views should be taken into consideration, and an formal or informal best interest decision/ meeting held to agree what should happen next



Department for Constitutional Affairs (was Lord Chancellor's Department)



MakingDecisions

Helping people who need support to make decisions for themselves

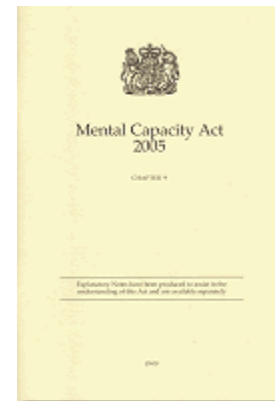




Choice and Control

What We Need to Think About

- How can we maximise someone's capacity to make decisions
- How can we support people to make informed choices
- Does the person need a decision making agreement
- Does the Person need an advocate (or who can advocate on their behalf)
- How does the person communicate, do they need a communication plan

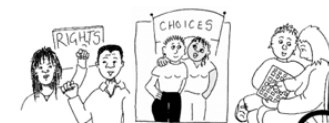


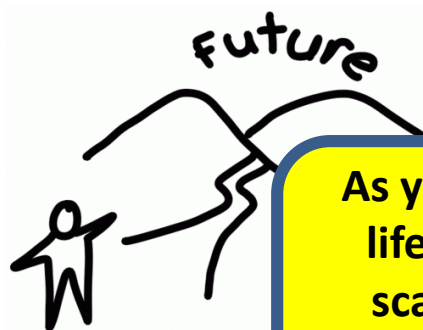
Department for Constitutional Affairs (was Lord Chancellor's Department)



MakingDecisions

Helping people who need support to make decisions for themselves





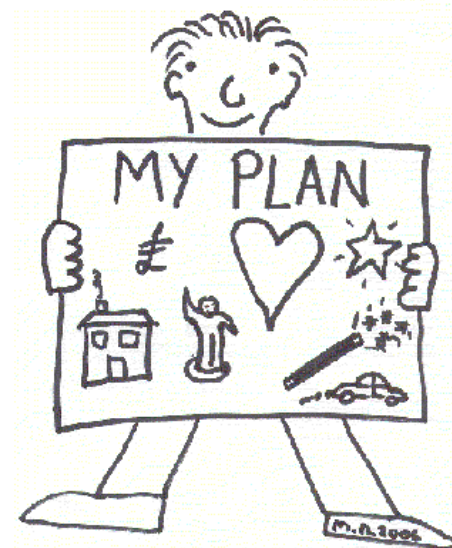
My Life, My Plan

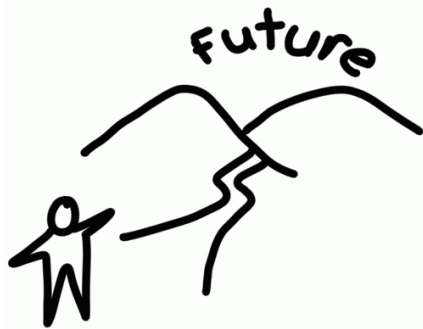


As you grow up, there will be lots of changes in your life, some you will be pleased about, some will be scary, My Life My plan, aims to make sure people know what you want in the future, and how we can help you get there

What You Need to Know

- There are people who can help you and your Family Plan for the future, this can be:
 - Education
 - Adult Social Care
 - Transition Support Team
- there are special plans called Person Centred Plans which can help you think about what is important now and in the future

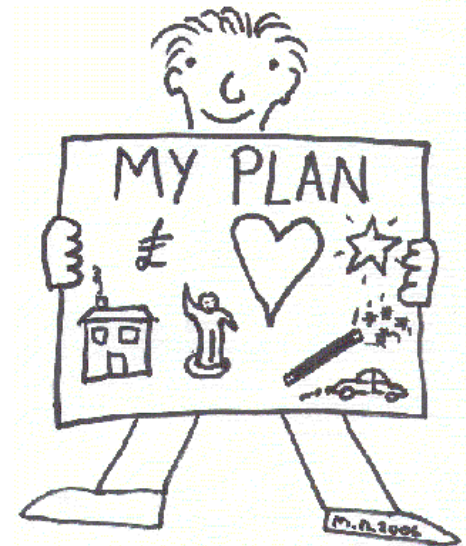




My Life, My Plan

What We Need to Think About

- **Your Goals / Aspirations** (eg, work, leave home, go on a holiday)
- **What you want to achieve?** (eg education)
- **What Important to you now and in the future?** (friends/ family, hobbies/ activities)
- **What's you want to keep the same/ what you want to change, new things you would like to try**
- **Who can help you plan for and get ready for the future?**
 - Social Worker
 - Transition Support Team
 - Person centred planner
 - Education / Connexions



Community



Being an active member of the community, having meaningful activities, developing and maintaining relationships, giving back to the community

What You Need to Know

- There are lots of activities available in the community
- The health improvement team, can support you to find out more information
- Information can be found at
- As an adult Social Services do not provide Transition its important to start to think about how you will get around (travel training, ring and ride etc)
- you need to think about how to stay safe in the community (mobile phone etc)





Salford City Council



Community



What We Need to Think About

- What do you already do in the community
- What would you like to try
- Getting Around
- Who are your friends, who do you like to be around
- What would make a good week



Salford Clinical Commissioning Group

Salford City Council

Salford Royal **NHS**
NHS Foundation Trust

University Teaching Trust

safe • clean • personal



Greater Manchester West **NHS**
Mental Health NHS Foundation Trust

Money



Money is important, as it is how we pay for things, as you get older you need to think about how you will get money, this could be through benefits, or getting paid employment



What You Need to Know

- From 16, some young people are entitled to benefits in their own right
- The Welfare rights team or Citizens Advice Bureau can help you by doing a benefits check, and supporting you to know what benefits you can claim
- you may want an appointee to help you manage your money





Money

What We Need to Think About



- Making sure the young person has a bank account in their own right, before they are 18
- Having a benefits check to make sure the person is getting the right money
- Finding out about supported employment options
- Developing a budget plan for young person
- Think about having an appointee



© Alamy



Home



Home is where a person lives, as you grow up we need to think about if you will stay living where you are now, or if you would like to move on. We need to think about what makes a good home to you and how you can develop your skills around the house

What You Need to Know

- In adult services we have lots of supported living options for people who want to move out of their current home
- We can use aides and adaptations to make people more independent in their own homes





Home

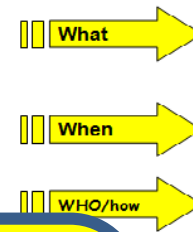
What We Need to Think About

- Where does the person want to live post 18
 - If they want to move, what needs to happen
- what can they do around the house now
- what would they like to do around the house
- is the house suitable for their needs, if not what needs to happen next





Support



Everybody needs helps and support, this can be natural like friends, family , and the local community, or it can be paid support. We can also use assistive technology to support people and make them less reliant on physical support

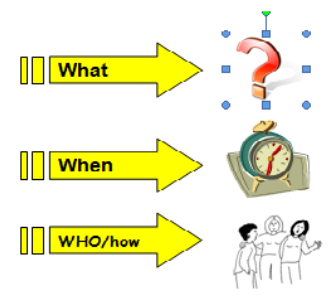
What You Need to Know

- if you feel you need extra support as an adult, or to keep the paid support you have now, you will need to have an Independence led assessment
- This assessment looks at your whole life, what you are good at and what you struggle with and whether you need extra help
- help can be support from community, assistive technology and paid support
- There may be a charge for paid support





Support



Things to Think about

- What helps and support do you get now
- would you like an Independence Led Assessment, to assess your needs and look at what support might be available to you post 18?





Health

Whether you have specialist health needs or its your general health, health is very important. Once you reach 18 the people who help you with your health may change, its important as you get older that you understand your health conditions, and do as much as you can to manage your condition yourself

What You Need to Know

- if you have health needs, you may need to transfer to adult services
- A health action plan can help you plan for this





Health

Things to Think about

- Do you have any Pre- existing health condition
- do you have input from Allied Health Professionals (ie, physio – threapy, Speech and language therapy, occupational therapy)
- do you need a health action plan?

