1. We pledge to deliver care at a time and place and in a way that works for you.

2. We pledge to give you the right amount of help for the right length of time to keep you safe and supported.

3. We pledge to organise our services around you and your needs.

4. We pledge when you are in in crisis, services will be quickly available, responsive and flexible.

5. We pledge people working with you will be well trained and supported so they feel confident to better help you when you are struggling.

The Voice of CYP
6. We pledge you and those who care for you will be fully involved in your care, every step of the way.

7. We pledge different services and different agencies will work together.

8. We pledge that movement between services will be clear and planned.

9. We pledge to be transparent and clear with you about your care.
Principles of REACH-IN

- Recovery focused & Responsive
- Evidence Based & Effective
- Accessible & Available
- Comprehensive
- Holistic
- Integrated
- Needs Led
Enabler of GM delegated Tier 4 General Adolescent and Eating Disorders beds (uniting the fractured commissioning landscape across the GM full pathway).

- Provide active case management pre and post admission
- Provided by Pennine Care NHS Foundation Trust on behalf of GM CYP Tier 4 alliance
- Consists of Service Lead and 5 Mental Health Practitioners
Rapid Response Teams

CRISIS CARE PATHWAY

Children and young people

[Map showing regions with numbers 1 to 4, corresponding to areas labeled Wigan, Bolton, Bury, Salford, Rochdale, Oldham, Tameside, Trafford, Manchester, Stockport]
Rapid Response Teams

- When fully implemented, will ensure CYP seen within 2hrs of presenting in crisis
- Providing an assertive outreach model that aims to prevent further escalation and avoid hospital and/or A&E admission
- Support Core CAMHS, Social Care, emergency services and wider partners (VCSE Sector), providing consultation and advice – remote working - in real-time when dealing with a developing crisis
Rapid Response Teams will wrap around the Safe Zone acting as the point of access – referral gateway - whilst enabling self referral by 2020.

- No capital investment but through using existing youth orientated centres
- Safe Zones will offer a space to talk and provide assistance with coping after the initial crisis or trigger/relapse.
72 hour Crisis Beds

- 2 beds allocated for supporting CYP for up to 72hrs enabling crisis care formulation and risk management plan to be developed
- Discharge options after 72 hours:
  - Return to home with multiagency wrap around crisis care and home treatment
  - Mental Health Assessment and onward access to inpatient setting (Tier 4)
Associated Elements

- Workforce
- Control Room Triage Service
- ARK – Single Trusted Assessment
Assessment Centre: January 2019
Crisis Beds: April 2019
RRTs:
  - Monday-Friday 9-5 January 2019
  - 7 Days 9-5 April 2019
  - 7 Days 8am-8pm July 2019
  - 24/7/365 October 2019
Safe Zone
  - Phase 1: April 2019
www.penninecare.nhs.uk/gmccp

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