Salford I-THRIVE Mapping and Recommendations

11th October 2017

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What is i-THRIVE?
Thinking about the i-THRIVE model:

Q: Had you heard of the i-THRIVE model before today?
   • Yes
   • No
What is i-THRIVE?

“...a radical shift in the way that services are conceptualised and potentially delivered”.

Diagram:

- Getting advice
- Getting help
- More help
- Getting support

Thriving
What is i-THRIVE?

The groups are *not* distinct in terms of young people’s type of need (the groupings *do not* relate to diagnostic conditions).

The groups *are* distinct in terms of the skill mix required, the resources required and the kind of intervention offered to young people.
The i-THRIVE groups

**Getting advice:** one to three contacts and ending by mutual agreement. This level of support is sufficient to normalise behaviour and provide reassurance

**Getting help:** CYP who benefit from goal-focused, evidence-based interventions with clear aims

**Getting more help:** CYP who would benefit from extensive long-term treatment which may include in-patient care or extensive out-patient care

**Getting risk support:** CYP unable to benefit from evidence-based treatment but remain a significant concern or risk, including those who routinely go into crisis or don’t make use of help

And **Thriving:** all those CYP who do not need individualised mental health advice or support. This population is supported by prevention and promotion initiatives
What it looks like

- Signposting, self-management, one-off contact
- Getting advice
- Getting help
- Getting more help
- Getting extensive treatment
- Risk management and crisis support
- Goal-focused, evidence-based intervention
Thinking about the i-THRIVE approach:

Q: What needs to be done to communicate the new i-THRIVE approach to the wider workforce who come into contact with children and young people?
Demand mapping
Demand mapping

Based on a children and young people’s population for Salford of 58,965 (0 - 19).

Applying the THRIVE algorithm:

- 80% - 90% of young people are THRIVING

Of the remaining 10% - 20%

- Getting advice - 30% of young people
- Getting help - 60% of young people
- Getting more help - 5% of young people
- Getting risk support - 5% of young people
## Demand mapping

<table>
<thead>
<tr>
<th></th>
<th>Predicted %</th>
<th>Number</th>
<th>Predicted %</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>90% of young people thriving</td>
<td>80% of young people thriving</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thriving</td>
<td>90</td>
<td>53,069</td>
<td>80</td>
<td>47,172</td>
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<td>Getting Advice</td>
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<td>1,769</td>
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<td>3,538</td>
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<tr>
<td>Getting Help</td>
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<td>295</td>
<td>1</td>
<td>590</td>
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<tr>
<td>Getting Risk Support</td>
<td>0.5</td>
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<tr>
<td>Total</td>
<td>100</td>
<td>58,965</td>
<td>100</td>
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</tr>
</tbody>
</table>

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Demand - at 80% THRIVING

- Getting advice: 3,538
- Getting help: 7,076
- Getting risk support: 590
- Getting more help: 590

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Demand - at 90% THRIVING

1,632

Getting advice

3,267

Getting help

272

Risk Support

272

Getting More Help

Thriving
Priorities
Priorities

A number of key priority areas were identified:

1. *Family and parent support services as part of the work with children and young people*

2. *Being able to address multiple issues simultaneously via multiple agencies/organisation*

3. *Earlier intervention for children and young people and their families - particularly where issues are manifesting as behavioural problems*

4. *Managing and recognising the links between neuro-developmental conditions and mental health and recognising possible co-morbidities*

5. *Providing wrap-around support to children and young people with a key trusted relationship at the core of provision*

6. *Providing services locally in the community*
Recommendations
Recommendations

A number of recommendations were made based on the demand mapping and identified priorities:

1. Co-production
2. Communication and consultation
3. Commissioning
4. Performance management
5. Workforce development
6. Programme structure
7. Equalities Impact Assessment
Recommendations

Thinking about the recommendation on co-production:

Q: How should this be done in practice?
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